

MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



THE



LARIAT

Volume 38, Number 10

"Five Star

Chapter"

October 2018



President's Message

It Takes a Village ...

My first boss in the Air Force was a marvelous Chief of Services at Pease AFB, NH. He introduced me to the concept that the base was part of the Portsmouth NH community and the value of developing and maintaining a good working relationship with that community. That lesson has stayed with me throughout my working career and now beyond.

One of the goals of the Chapter is to increase opportunities for chapter members throughout the San Antonio community. Our first venture has been

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with the San Antonio Food Bank. Groups of our members have volunteered twice this year to pack food bags, arrange coolers and other tasks at the marvelous Food Bank.

In the effort of continuing this relationship, Eric Cooper, President and CEO of the Food Bank, will be our guest speaker at the October lunch at Blue Skies. You can register for the lunch at www.alamomoaa.org. or send in the rsvp slip on the back page of this newsletter.

We have also connected with the Family Services Association. This 100 year old organization provides all sorts of services to the San Antonio community. Mary Garr, President and CEO, is one of our members. We have reached out to her about partnering with Family Services on projects.

The biggest challenge that we face is coordinating the activities. This requires an organizer. Pete Schaub, our chapter volunteer coordinator, has successfully organized the Food Bank activities and developed the working contact with Family Services. We are looking for a couple of members to help him in these initiatives. We are also hoping to build a committee to build upon the list of volunteers.

To those who might be interested, please contact me by email at:

kamconsulthr@gmail.com

or Pete at:

George_p_schaub@yahoo.com.

Service is in the DNA of military members and their families. What better way to give than to volunteer to help in the community.



Kathryn "Kitty" Meyers LtCol USAF (Ret) SPHR, SHRM-SCP

A GREAT time was had by all at the Chapter Fundraising Golf Tournament on Sept 28.

Thank you to our title sponsor

Blue Skies of Texas

at Air Force Village!

See pics on pages 8 and 9.



2018



News & Notices



Treats For Troops

Grateful thanks to those who provided treats (pizzas, cookies etc) for the wounded warriors at JBSA Ft Sam Houston's Warrior and Family Support Center.

If you were able to give this month on behalf of the Alamo Chapter please call Susie at (210) 654-0351, so we may add your name to our list. Thank you.

Maryada Artiglia
Irene Collier
Susan Filipini
John Gibbs
Sue McCarthy
Mac and Lori McDonald
Lolly Orlowski
Brenda Tobey

The Retired Military Spouses Club

(Formerly the Retired Officers' Wives and Widows Club)

Luncheon

Monday, October 22nd Ft. Sam Houston Golf Club



Mr. George Wunderlich Director Army Medical Museum Invites you to a lively discussion on

Sex During The Civil War

RSVP to: 210-822-6559 Or Lbraswell2@satx.rr.com by Oct 17, 2018

\$

Thank You!

to each of our members listed below who have donated a little (or a lot!) to either the Scholarship Fund, Chapter Operations, or both!

Ilene Devlin LCDR Armon & Venice Grantham USN (Ret)

CDR Linda Hearin USN (Ret)
Col Robert Hill USMC (Ret)
COL Gary Hyde USA (Ret)
Col Glenn Larsen USAF (Ret)
LTC Michael Sullivan USA (Ret)

WANTED!

Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas

dwpatrick01@gmail.com

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses . .

or if you are a MOAA member who is interested in helping a career transitioning officer or spouse as a **San Antonio Networker**,

or if you are a MOAA-AC member Job Seeker, please contact

Kitty Meyers LtCol USAF (Ret)
Chapter Transition Liaison Officer at kamconsulthr@gmail.com

TAPS

We have received information that the following members have passed away. We wish to convey our sincere condolences and best wishes to their family and loved ones:

COL Cesar A. Lopez USA (Ret) 08/21/18

BG Robert L. Herring USA (Ret) 08/25/18

Patricia Reinsch (exact date unknown)



Like us on FACEBOOK

MOAA Alamo Chapter

MEMBER NOTICE

ANNUAL BUSINESS MEETING

of the

MOAA Alamo Chapter will be held during the luncheon on

Wednesday

November 28, 2018

Ft Sam Golf Club

With speaker
Jenna Saucedo-Herrera
President and CEO
San Antonio Economic
Development Foundation

A Golfer's Prayer

O God, who made the earth round and hurled it into space with infinite power and accuracy.

Bless us who are gathered here today, whose aim it is to imitate your divine action on the golf course.

Grant us a portion of your power, smoothness and accuracy.

Give us poise and patience in our golfing efforts,

Implant in our hearts a love for this great game - but a greater love for our fellow players on and off the golf course.

O Lord, bestow on us a saving sense of humor and balance so that we may always golf in the spirit of charity, humility and reverence for your name.

Finally, O Lord, bless all who have assisted with this event, and make us always mindful that all good things - even a good score - come from you.

Amen.

Daughters of Charity Services of San Antonio

What Has Your Chapter Done For You Lately?

During August we:

- Continued to take the lead on managing the Veterans Resources Area for the November annual "Red, White & You" Hiring Fair at Freeman Coliseum
- Participated in a conference call with National MOAA regarding their Transition/Networking Coordinator Program
- Performed the leg work in getting Alamo Chapter shirts for members to wear at volunteer events
- Continued the planning for the 11th

- Annual Golf tournament at River Crossing on Sept 28 that benefits the Warrior & Family Support Center and our Scholarship Fund.
- Participated in JBSA transition meetings.
- Volunteered over 417 hours (with 33 members) throughout the San Antonio area. These hours contribute to JBSA Ft Sam's Volunteer Service record.
- Continued assisting in the planning of the Military Spouse Employment Symposium. That occurred on October 1st.



Happy 243rd Birthday to the United States Navy

Oct 13, 1775

Not For Self But For Country

One Word Essay:



Honor



DO YOU WANT TO RECEIVE

THE LARIAT
FASTER AND IN FULL
COLOR ON-LINE?

Just send an email to moaaac@sbcglobal.net with the subject line "OLLO".

We'll gladly remove you from this printed version mailing list and notify you each month by email when the new issue is available for viewing.

Saves the chapter paper and postage and you get to see it sooner!



Membership Memos

THANK YOURenewing Members:

Col Alex Archibald Jr, USAF (Ret) CAPT Cora Bayle Cox USN (Ret) Col Jim Browning USAF (Ret) Col Arch Bruns USAF (Ret) Col Rich Demouy USAF (Ret) Col Robert Hill USMC (Ret) COL Gary Hyde USA (Ret) Col Glenn Larsen USAF (Ret) CAPT Harold Lutz USN (Ret) COL Jim Martin USA (Ret) LtCol Alan Chalfont USAF (Ret) CDR Linda Hearin USN (Ret) LtCol Patrick O'Hara USAF (Ret) LTC Michael Sullivan USA (Ret) CDR Maxine Wilcox USCG (Ret) MAJ Michael Burkett USA (Ret) MAJ Jose Chapa USA (Ret) LCDR Ahia Shabaaz USPHS (Ret) Capt Joseph Thomas USAF (Ret) 1LT Paul McCarthy USA (Ret) Pat Shecter

Current Stats

Active Duty 214
Surviving Spouse 176
Former Military 23
Retired 710
Total 1125

WELCOME New Members:

MG William Overacker USAF (Ret) MajGen Duane Young USAF (Ret) BrigGen Daniel Taylor USAF (Ret) COL Mark Aitken USA Col John Brooks USAF CAPT Douglas Frazee USN (Ret) Col Timothy Heintzelman USAFF (Ret) COL John Highfill USA Col Michael Madrid USAF Col Tara Muehe USAF COL Jim Phelps USA (Ret) COL Steve Sanchez USA (Ret) COL James Sheehan USA (Ret) Col Robert Snodgrass USAF Col Todd Vician USAF LtCol Betty Foley USAF (Ret) LTC Alfred Howell USA (Ret) LtCol James Kniker USAF (Ret) LTC David Marquez USA(Ret) LtCol Don Miller USAF (Ret)

Help us shape and drive our chapter!



Alamo Chapter

Join us at our monthly business meetings, 1st Thursday of the month from 10am to noon at the chapter office. Call 228-9955 for more info.

LTC Andrew McGraw USA
LtCol John Revak USAF (Ret)
LTC Wayne Rickard USA (Ret)
LtCol Thomas Young USAF (Ret)
Maj Thomas Dera USAG (Ret)
MAJ Acie Hayry USA
MAJ Debra Love USA
Cpt Lisa Angotti USAF
CPT Christopher Irwin USA
CPT Bersy Roberson USA
CPT Charlton Smith USA
Capt Alex White USAF (Frmr)
CPT Hiram Virchis USA
Mrs. Ritchie Seymour

NEVER STOP SERVING!



WE NEED YOU

TO VOLUNTEER

for positions on your Chapter Leadership Team (Member spouses welcomed!)

Current Needs:

- 1) Secretary (no taking of minutes required!)
- 2) Blue Skies East Liaison
- 3) Solitaires Coordinator
- 4) Membership Cmte Members
- 5) Logistics Officer
- 6) Chapter Transition Liaison
- 7) Advertising Team Members
- 8) Community Outreach Members

Corporate Partners

Transitioning Tips

Abby Consulting

Air Force Federal

Credit Union

Army Residence Community

Beldon Roofing

Blue Skies of Texas

Medical Services International

Randolph-Brooks Federal Credit Union

Security Service Federal Credit Union

Silverbridge Realty

USAA

Links to these companies' websites can be found on our webpage at www.alamomoaa.org.

Please remember their support and bear these companies in mind when choosing a service provider.

Are You Job Fair Ready?

Tis the season for job fairs. However, there is a method to the madness of how to prepare for and then what to do when you get to the job fair. Job fairs can be intimidating. They are crowded and noisy. You're not sure where to start.

There are multiple reasons for attending. A job fair is a great place to network to the attending employers and with fellow job fair attendees. This is an opportunity to practice your 30-second introduction – remember the importance of first impressions. There are usually workshops on such topics as resumes, mock interviews and social media use. The employers may conduct on-site interviews. Some job fairs also provide a professional photographer for that LinkedIn profile.

So, what do you need to do to prepare for a job fair? First thing to do is to find out which employers will be attending. You can usually find out that list from the job fair's website. Review the list and research the employers that interest you. Check the website or google to company. Look up the company on sites like glassdoor.com. You can now narrow down the list and organize your activities at the job fair. The goal is to maximize your time.

A crucial step is to update your resume. Contact Goodwill Veterans Resource Center or the TVC representative at your nearest Workforce Center. There are folks there to help. You can also contact me for help. You don't need a resume printed on fancy paper. Keep it focused and organized on the type of job that you want. And – max of two pages.

One thing to note about presenting resumes at job fairs. A number of employers no longer accept resumes due to the regulations now in place regarding resumes and applications. The recruiter will tell you to apply online. This allows them to track applicants and meet federal tracking requirements. The thing that I recommend is to check out Vistaprint or other source for a simple business card. You can then present the card and get one of their cards. You then have the opportunity to follow up after you have applied on-line.

Based upon your research, build some questions to ask the recruiter. Focus your questions on the skills that they are looking for, what the company culture was like, and what kind of person are they seeking. Don't get into questions regarding salary or benefits. Also – and a big also- don't ask questions that can be found on the website.

A final preparation is what to wear. The best advice is to wear business attire. That means a suit for men and a suit or dress with jacket for women. Shined dark leather shoes are the best. Women: Fancy heels are great on the dance floor. Your feet will say thank you at the end of the day if you save those for later and wear a moderate heel. Concrete floors for any length of time will test all. Be prepared for plenty of walking and standing.

Remember that you need to be conservative for most employers. Be professional. Be organized. Keep papers, resumes, etc. in a portfolio or briefcase. And on one final note. Don't smell of cigarette smoke or heavy perfume.

Now's your opportunity to shine. There is a huge hiring fair on November 8, 2018 at the Freeman Expo Hall. Check out the flyer in this Lariat. Best of luck.



Kathryn "Kitty" Meyers LtCol USAF (Ret) SPHR, SHRM-SCP Chapter Transition Liaison Officer 8TH OF NOVEMBER 2018

RED, WHITE AND HIRING FAIR

& VETERANS INFORMATION VILLAGE

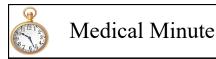
10AM - 2PM HALL C OF THE EXPO HALL NEAR THE FREEMAN COLISEUM

OVER 100 EMPLOYERS & 50 ORGANIZATIONS SERVING VETERANS

TRANSITIONING SERVICE MEMBERS, VETERANS & SPOUSES WELCOME

OPEN TO THE PUBLIC AT NOON







Solitaires



An Aspirin A day?

It is widely believed that a low dose aspirin a day will prevent strokes, especially if one already has cardiac or cancer problems.

Recent research shows that this therapy is not appropriate for all women. Taking a daily dose of this over the counter pain reliever and blood thinner may relieve pain for some people but it may also cause gastro intestinal problems for others. It could cause upper GI bleeding. Aspirin may not be right for some women under the age 50 or over age 70, particularly if you are at risk for developing certain diseases such as high blood pressure, ulcers or colorectal disease, or anything that might put you at risk for bleeding.

It is currently not recommended to use low dose aspirin for breast cancer. Research in this area is promising but not conclusive. If you want more information about this and side effects you can get it at the iPhone app store, the Google play store or on-line at Brigham a d Women's website, www.aspiringuide.com.

A local example of the dangers is when a chapter member developed severe gastrointestinal bleeding. At the hospital they found her hemoglobin had dropped to 6.8. An endoscopic exam revealed nothing and it took two pints of blood to get her to near normal. Basically she was healthy and the aspirin she was taking was just precautionary.

Source: Harvard Women's Health Watch.

Col Grene Collier (Ret)

William Tell

William Tell was a Swiss marksman. Austria governed many of the city states of what is now Switzerland.

The governor heard that William Tell had refused to bow before a symbol of Austrian authority that had been placed on a post in the town square.

Knowing that William Tell was an excellent marksman, the governor devised an appropriate punishment. Tell must shoot an apple from the head of his youngest son. If he succeeded and hit the apple he goes free. If he fails and hits his son, he will be arrested.

Tell selects two arrows. Loads one in his crossbow and shoots the apple from his son's head. He goes free.

The governor then asks Tell why he selected two arrows when he only had one shot? Tell replied that if he missed he would have fired the second arrow at the governor. That resulted in Tell's arrest.

The story goes that there was a violent storm as they went toward the prison allowing Tell to escape. He made his way to the governor's castle and kills him with that notorious second arrow. Skirmishes and battles continued in the area from the 1300's until 1818 when the Swiss got their freedom.

Literature represents the Swiss as docile peace-loving people. Not true. They were ready to fight for their freedom and they did. The city states banded together to help one another.

Over time William Tell became a symbol of universal freedom and human rights.

We are all familiar with the story of the William Tell. It has been immortalized in plays, music, poems and legend. Was William Tell a myth or a legend? Did it really happen? No one knows as there are no existing documents of the event.

Source: Isabel Hernandez: William Tell: Symbol of Swiss Independence .

Col Irene Collier (Ret)

SAVE THE DATE

Thursday Oct 25 Luncheon

Blues Skies of Texas 11:30am
(at Air Force Village)
Speaker: Eric Cooper of
San Antonio Food Bank
Plus
Presentation of Golf Proceeds to
WFSC
(See RSVP slip on back page)

Wednesday Nov 28 Annual Business Meeting & Luncheon

Ft Sam Golf Club 11:30am
Speaker: Jenna Saucedo-Herrera
President & CEO of San Antonio
Economic Development
Foundation
(See RSVP slip on back page)

Thursday Dec 20 Christmas Luncheon

Ft Sam Golf Club 11:30am
Speaker: Annette Rodriguez,
President & CEO of
The Children's Shelter
Plus
Alamo Heights Young Adults
Choir

2018 Golf Tournament

A BIG **thank you** for all those who participated in and/or supporting this year's Military Officers Association of America - Alamo Chapter's Golf Tournament benefitting the JBSA Fort Sam Houston Warrior & Family Support Center AND the Chapter's JROTC and ROTC Scholarship Fund. We're still tallying the numbers as donations are still coming in and will report that next month!

Marty Waddy of Raven Studios did another excellent job at capturing some great shots, some of which are included here. To see them all visit the Raven Studio's website at https://photos.rvnstudios.com/f156316952. You can download as many as you like at no cost to you - disregard the payment button - Marty is providing them free of charge! (But, of course, if you or your family and friends have a need for a photographer in the future please do consider his services!)

We'll soon start planning next year's tournament and hope you'll be there for us again! If you'd like to join our Planning Committee please email us at moaa-ac@sbcglobal.net.















Special Thanks to our Tournament Supporters

Individual:

LtCol John Bandy Col Randy Bruett **CAPT** Gene Carnicom

Ada Conlan

LtCol Jim & Dottie Conner

MAJ Bob Corbo Col Patrick Curoe Col Brian Davis Laura Davis Juanita Felder Col Andrew Gale Linda Gayer

LCDR Armon & Venice

Grantham

LTC Vernon Gray Tom & Marlee Green Col Dean Hartman LCDR Clare Helminiak Joanne Kirschbaum MG Mike Lyle Sam & Karen McDaniel

Col Mac & Lori McDonald

Col David Patrick

COL Barbara Ramsey **COL Nelson Ringmacher**

LTC Chuck Rose Vaughn Ruple, Jr Ted & Joyce Severns

Don Smith

LtCol Randy Smith

Mark Solo Sally Soultaire

Ronald & Jimmye Tindol

CDR Brenda Tobey

Susie Tolman

Col Roger & Terri Virost LtCol David & Diana Walker

LCDR Jim & Tish Walker

COL Maurice Williams

PJ Wright

Corporate:

American Legion Post 35 Beldon Roofing Blue Skies of Texas Broadway Bank Budweiser

Bulverde PT & Wellness Canyon Springs Golf Club

Caring Transitions Chili's Restaurant

Chester's Hamburger Co

Delta Dental

Dixie Flag & Banner Company

Foresight Golf Fratello's Deli

Garcia's Mexican Restaurant

GJP Bar Ranch Golf Galaxy Hampton Inn HEB - Schertz Holiday Inn Airport Inno Tech Solutions, Inc

Lowe's - Schertz Northcliffe Golf Club Olympia Hills Golf Club John & Michele Mierzejewski Outback Steakhouse Petroleum Club

Planet Fitness Bulverde

Popcorn Friday Quarry Golf Club

Randolph-Brooks Federal Credit

Union

Randolph Oaks Golf Club

Raven Studios Rudy's BBQ Salsalito Cantina

Security Service Federal Credit

Union

Silverhorn Golf Club Sonterra Golf Club Texas Roadhouse TPC San Santonio

Transition Management Solu-

tions

Vaaler Creek Golf Club Vulcan Materials Company

Golf Committee & Volunteers

Liza Arizpe; Sylvia Beatty; Jim Cunningham; Kathie Estrada; John French; Lori Hodge; Ron Inselmann; Susan James; Anne Keeler; Ida Leithead; Mac McDonald; Sue McNeil; Trish Meserve; Kitty Meyers; Shelley Moseley; David Patrick; Sue Montoya; Michelle Richards; Steve Richards; Frank Rohrbough; Stephen Rohrbough; Felix Santiago; Ted Severns; Linda Stack; Pat Unruh; Rodney Unruh; David Walker.

Extra Special Thanks to:

River Crossing LGA

Warrior Players:

Steve Carlson Anthony Cunningham Cameron Crosby Nathan Dureggar Rob Figueroa Alvin Johnson James Joseph Andy Kim **Brian Perry** Mike Okikawa Richard Ruiz Will Smith Joseph Walden Corey Wineglass Shawn Woodworth Jason Wright















JOINT BASE SAN ANTONIO

MILITARY RETIREE APPRECIATION DAY

2018

October 20 • 8 AM - 12 PM Brooke Army Medical Center

BAMC HEALTH FAIR

Flu Shots & Vaccinations • Pharmacy Drug Take-Back
Walk-in Mammograms • Nutrition Services
Prescription Glasses (if prescription is less than 1 year old)
TRICARE Information • Appointment Services • Clinic Services
Army Wellness Center • Women's Wellness Exams • and More

PARTICIPATING SERVICES

Soldier for Life-Transition Assistance Program • Volunteer Opportunities
Walk-in ID Card Services • Casualty & Mortuary • Exchange Services
Retiree Activities Office • Retired Enlisted Association
Veteran Benefit Administration • Texas Veterans Commission
Bexar County Veteran Services • San Antonio Veteran Center
South Texas Veteran Affairs • And More

Open to all Military Retirees, those transitioning into retirement, their spouses, and active duty. For more information, call (210) 221-9004.

MOAA Alamo Chapter? Who Are We?

The Military Officers Association of America (MOAA) is a non profit veterans' association dedicated to maintaining a strong national defense and ensuring our nation keeps its commitments to currently serving, retired, and former members of the uniformed services and their families and survivors.

The Alamo Chapter is one of the more than 400 local organizations affiliated with national MOAA. We support the national organization through membership recruitment, veterans transition initiatives and legislative support.

We are active in our community doing transition activities for JBSA and the military/veteran community; initiatives and leadership of the Military & Veteran Community Collaborative (MVCC); state legislative support via TCVO and the Texas Council of Chapters (TCC).



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Membership eligibility required. Certain restrictions may apply. The cash back program subject to change without notice. Rates and terms subject to change without notice. Loans subject to credit approval. Mortgage loans available only on property in Teass. RBFCU MMLS 588215. FINA/VIA cansor fifered through RB Mortgage LLC (MMS-R662516). RB Mortgage LLC is principally owned by RBFCU Services LLC. RBFCU Services is affiliated with Randolph-Brooks Federal Credit Union.

Are You

- 1) Considering joining a MOAA chapter?
- 2) Debating whether to renew your chapter membership?
- 3) Talking to a potential new member?

Here are some of the key benefits to belonging to one of MOAA's more than 400 chapters:

- Connections: When you attend chapter meetings, become active on a committee, or take a prominent leadership role, you will forge lasting ties with other MOAA members who have common professional interests and similar association concerns.
- Community involvement: Chapter membership provides opportunities to contribute to your community in a variety of ways, from providing scholarships to local students to supporting causes that support wounded warriors, active duty servicemembers and their families, and veterans in-need.
- Legislative advocacy: MOAA chapter members play a critical role in advancing legislation at both the state and national level. This grassroots advocacy is key to MOAA achieving its legislative goals.



MOAA NATIONAL ENROLLMENT

[] YES! Sign me up as a <u>FREE BASIC MOAA</u> Member	[] YES! Sign me up as a new Alamo Chapter Member		
Name	Member of National? [] Yes [] No [] YES! Renew my Alamo Chapter Membership		
Branch of ServiceRank	Name		
	Branch of Service	Rank	
[] Retired [] Active [] Former [] Reserve [] National Guard [] Spouse of Eligible Officer [] Graduation Year (Cadet/Midshipmen)	[] Retired [] Active [] Reserve [] National Guard [] Spouse of Eligible Officer	[] Former	
Email Address**	Address		
	City State :	Zip	
City State Zip Phone Number To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available. We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit www.moaa.org/email for details. Date of Birth Spouse Name Your spouse has access to all of your MOAA member benefits. **Email address required for BASIC Membership	Email Address (Email address required for Electron To ensure deliverability of Chapter commun provide a personal email without a ".mil" of Phone Number Date of Birth Spouse Name [] I would you like to help the Chapter [] One Yr Printed newsletter [] Three yrs Printed newsletter [] One Yr Electronic newsletter [] Three yrs Electronic newsletter [] Auxiliary 1 yr \$15 [] 3 yr \$4 [] Printed [] Electronic	as a Volunteer \$25 \$70 \$15 \$40	
Method of Payment [] Check (please make payable to MOAA Alamo Chapter) [] Visa Charge my card \$ Card number Expiration Date: Billing Zip Code: CVV:			

MOAA LOCAL ALAMO CHAPTER

ENROLLMENT

Send to: MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or scan/email to

moaa-ac@sbcglobal.net; or signup **online** at <u>www.alamomoaa.org</u>.

30-second "Elevator Pitch" To Promote Membership

Membership in an association such as ours is achieved by the majority when a friend/acquaintance is also a member.

We need your help to encourage your friends, neighbors, business associates etc to come join us! Participating in the social events is not mandataory (albeit fun!) but we do need their support and voice when it comes to advocacy at the city, county and state level.

Here's an approach you could take when introducing MOAA Alamo Chapter to someone:

Open the conversation with something like:

I am with The Military Officers Association of America (MOAA) and the Alamo Chapter. Are you a member? If no:

• We are a volunteer nonprofit organi-

zation for commissioned officers (and surviving spouses) that has approximately 1100 members and is over 50 year old – located at Ft. Sam.

- We advocate and lobby for the entire military community all ranks -- to influence legislators in Washington and in Austin to sustain yours & my earned entitlements, i.e. pay raises, medical benefits, commissary privileges, education benefits, etc.
- We make ourselves heard through the strength of our membership numbers.
 This is why it is important for all eligible officers to belong.
 - In addition, we run the chapter operations and promote camaraderie through our monthly social events.
- Here is an application providing FREE membership in both MOAA and the Alamo Chapter. (See Page 12)
- You owe it to yourself (and family) to

support the organization that supports you and I ask that you please join. Thanks.

If you get push back consider saying:

- It is a no hassle membership no sales calls, no sales emails and no pressure to be actively involved.
- We are just looking to you to help strengthen our numbers.
- You will receive legislative updates, the national MOAA Military Officers magazine, and our chapter newsletter The Lariat by email to keep you informed.
- Again, you owe it to yourself (and family) to be part of an organization that protects your rights, entitlements and benefits.

Have them sign up online at alamomoaa.org, or email us at moaa-ac@sbcglobal.net or call the office at 210.228.9955.





Events Calendar 2018

Health, Benefits & Welfare

OCTOBER

- 1 Military Spouse Symposium The Pearl
- 2 Solitaire's Luncheon 11am
- 4 Staff Meeting 10am Chapter Office
- 12 Columbus Day
- 13 US Navy Birthday
- 20 Retiree Appreciation Day 8am-Noon BAMC
- 25 Chapter Luncheon 11am Blue Skies of Texas
- 28 Solitaire's Sunday Brunch 11am Randolph Parr Club
- 30 Oct Nov 2 MOAA Annual Meeting Phoenix AZ

NOVEMBER

- 1 Staff Meeting Chapter Office 10am
- 1 Hiring Heroes Job Fair
- 4 Daylight Savings Time Ends
- 6 Solitaire's Luncheon 11am Ft Sam Golf Club
- 8 Red, White & You Job Fair
- 9-10 Texas Council of Chapters Meeting Waco
- 10 Marine Corps Birthday
- 12 Veterans Day
- 22 Thanksgiving
- 25 Solitaire's Sunday Brunch 11 am Randolph Parr Club
- 28 Annual Business Meeting Luncheon 11:30am Ft Sam Golf Club
- 30 Nov Dec 1 Texas Council of Chapters Meeting Waco

DECEMBER

- 6 Annual Chapter Planning Meeting 9:30am-Noon Chapter Office
- 7 Pearl Harbor Day
- 13 National Guard Birthday
- 20 Christmas Luncheon/Social 11:30am Ft Sam Golf Club
- 25 Christmas Day

Military ID Card Renewal:

Some military family members and retirees can renew their military ID cards online, thereby keeping ID card office visits under 10 minutes, thanks to a pilot program running on a handful of Air Force bases worldwide.

The program, started early this year, lets users do the bulk of the ID card renewal process, including submitting paperwork, via a secure online portal. Once finished, users can walk into the office and pick up their new card within a few days.

The service is currently available at 10 base locations. Those bases are Patrick Air Force Base and MacDill Air Force Base, Florida; Offutt Air Force Base, Nebraska; Travis Air Force Base, California; Fairchild Air Force Base, Washington; Texas Joint Base San Antonio locations Fort Sam Houston, Lackland and Randolph; Ramstein Air Base, Germany; and Kadena Air Base, Japan.

An additional three locations will start the online service soon. Those are Hanscom Air Force Base, Massachusetts; Hill Air Force Base, Utah; and Schriever Air Force Base, Colorado.

The program does not support Common Access Card renewals or ID card applications for new military depend-

Although the program is administered by the Air Force, military dependents and retirees affiliated with any branch can use at the participating bases.

Military Amputees:

Thanks to advances in modern medicine and the availability of sturdier prosthetics, soldiers who are able to redeploy after amputation have a number of possible options for continued military service.

Thomas Duval Army Staff Sgt. Brian Beem lost his leg in 2006 to an improvised explosive device in Iraq. "I thought my career was over," he said. Beem credits his experiences at Walter Reed National Military Medical Center in Bethesda, Maryland, with helping him assess and eventually find options for returning to duty. "It took me about a year to get up to speed with [physical training], and I was feeling pretty confident," he said. Within a short time, Beem was ready to deploy to Afghanistan with his unit. Although he was no longer on patrol as he was in previous deployments, he still played a vital role in battle staff operations. "It was really gratifying to be able to deploy," he said. "It's possible, but it's not easy. The process is there for those who have the perseverance."

Some of those processes include passing the Physical Evaluation Board, which determines if a soldier with a prosthesis is still fit to serve. The Continuation on Active Duty/Continuation on Active Reserve program also pro

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Health Benefits & Welfare

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vides options for some wounded, ill and injured soldiers who can prove they are still physically able to serve.

"I was able to continue on and reach retirement," Beem said. Deployments "are really what the Army is all about," he said. "Even the training you do at home. It all culminates with deploying. And for combat arms folks, if you don't have deployments, you can't be competitive [for promotion]."

Beem acknowledges that every case is different. For some, he said, the will to serve alone is not enough to overcome the severity of their injury. But for those who are able, Beem said, it is very rewarding to continue to serve with their comrades. "I didn't join the Army to sit around and have a comfortable lifestyle. I joined the Army because I knew it would be hard work, and it is," Beem said. "But when you're done, you can look back and say, 'Wow, look at everything I did.""

Source: https://dod.defense.gov/News

Navy PCS Moves:

A sailor's family members can move ahead or stay behind up to six months during a change of duty station in certain circumstances rather than moving all at once, the Navy announced Thursday.

The new policy, which goes into effect immediately, seeks to give sailors and their families more flexibility and minimize disruption of essential tasks during permanent-change-of-station moves, the Navy said.

Previous policies required sailors and family members to move all together with almost no exceptions. Sailors' spouses can now move separately to wrap up a job or education, see their children through the school year, tend to special-needs children or care for an immediate family member suffering from a chronic or long-term illness.

The change expands on a policy the Navy adopted in May that allows a child to finish the school year after a parent changes duty stations. The previous rule required a child to transfer at the end of a school term during a PCS,

even if it fell midway through the school year. For moves within the States, dependents can leave up to six months before or after a sailor in the situations listed under the new rules.

Family members moving from the States to overseas can delay travel up to six months in these circumstances but cannot move before the sailor.

Dependents going from overseas to the States can move six months in advance but can stay behind only to see a child through a school year.

A family will still receive just one housing allowance, whether a spouse moves before or after the sailor. Requests for advanced or delayed travel must be submitted to Navy Personnel Command

Source: Stars & Stripes

Alamo Chapter

Vision:

To be the primary advocate for the military community.

Mission:

- To be a major source of information, support and social engagement for the membership;
- To provide programs and services for the common good of our military community;
- To be a powerful voice supporting MOAA at the local, state and national levels.

Visit www.alamomoaa.org for more info.



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The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all.

MOAA-AC is a non-profit organization 501c 4 within the state of Texas organized to represent the membership and to support the activities of the Texas Council of Chapters and MOAA National.

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Thursday October 25, 2018

Chapter Luncheon

Blue Skies West at Air Force Village

5100 John D. Ryan Blvd, San Antonio, TX 78245

Speaker: Eric Cooper President & CEO San Antonio Food Bank

Registration & Meet n Greet from 11-11:30am Lunch served approx 11:40am Road Runner Room

Menu

A) Herb Crusted Pork B) Chicken Breast w/Lemon Wine Sauce Wild Rice, Sautéed Spinach, House Garden Salad, Dinner Rolls, French Style Cheesecake Coffee, tea or water, honor wine bar

Cost per person paid in advance \$22, At the Door \$24
Enclosed: \$ RSVP by Noon Monday 22 Oct

Reservations not cancelled by noon Tuesday 23rd will be billed Non member Officers & guests are welcome with paid reservations

Name	 	
Guest(s):_		

Call (210) 228-9955 to make your reservation or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or contact us by email moaa-ac@sbcglobal.net to hold a reservation or reserve and pay on-line at www.alamomoaa.org. Tours available of Blue Skies West beginning at 1pm.



Wednesday November 28, 2018

Chapter Luncheon & Annual Business Meeting

Ft Sam Golf Club

1050 Harry Wurzbach, San Antonio TX 78209 Meet & Greet begins 11am - Lunch served approx 11:45am

Speaker: Jenna Saucedo-Herrera President & CEO San Antonio Economic Foundation

Registration & Meet n Greet from 11-11:30am Lunch served approx 11:45am

Menu

A) BBQ Brisket B) Baked Fish Twice Baked Potatoes, Long Green Beans & Carrots, Fresh Mixed Greens Salad, Dinner Rolls, Chocolate Eclair Coffee, tea or water, honor wine bar

Cost per person paid in advance \$22, At the Door \$24 Enclosed: \$

RSVP by Noon Friday 23 Nov Reservations not cancelled by this date will be billed or forfeited Non member Officers & guests are welcome with paid reservations

Name	 	
Guest(s):		

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