



# MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



# THE



# LARIAT

Volume 39, Number 4

“Five Star ★ ★ ★ ★ ★ Chapter”

April 2019



## President's Message

### Alamo Chapter Educational Foundation

One of our achievements for 2018 was the creation of the Chapter's 501 (c)3 Foundation. The Foundation is the funding source for the scholarships and other associated activities. It is covered by the IRS's tax code and will allow donors and other supporters to donate to the Foundation using the charitable tax rules.

A significant part of this initiative is to create a board of directors to provide the fiduciary and governing oversight. We are pleased to announce that Robert “Bob” Certain has accepted the position as Board Chair. Bob has been a leader and mentor for our Chapter and MOAA. Many of us had the opportunity to hear Bob as our featured speaker at the January 2019 lunch. His bio is spectacular.

- ROTC grad from Emory University. Commissioned in 1969.
- Combat aviator flying 100 missions over Southeast Asia.
- POW in Vietnam
- Master of Divinity from School of Theology at Sewanee TN. Ordained Episcopal priest in 1976.
- Doctor of Ministry from Sewanee in 1990.
- USAF Chaplain until retiring in 1999 at rank of Colonel.
- Since 2007 served as independent advisor to the Department of Defense and Department of Veterans Affairs.
- Current member of the MOAA Board of Directors, MOAA National Chaplain, chair of the Council and

### Chapters Committee.

The Chapter continues to do a marvelous job with the funds for the Foundation. This was evident at the March lunch meeting where we recognized this year's scholarship winners. With Bob's leadership we will be able to continue to impact the lives of the ROTC and JROTC programs in our Alamo Chapter catchment.

Bob needs help. We are looking for interested folks to become Foundation Board members. The role includes providing guidance and advise to the staff on the management and execution of Foundation resources. If this fits in with your plans and abilities, please contact me at [kamconsulthr@gmail.com](mailto:kamconsulthr@gmail.com) or 210-355-6244.

*Kitty*

Kathryn “Kitty” Meyers  
LtCol USAF (Ret)  
SPHR, SHRM-SCP

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## Save The Date

**Thursday May 30**  
Chapter Luncheon  
Army Residence Community  
Spkr LtGen Russ Handy

**Friday Jun 21**  
**Kick Off The Summer**  
**Celebration Dinner Dance**  
Holiday Inn Airport 6:30pm

**Friday Aug 30**  
**12th Annual**  
**Charity Golf Tournament**  
River Crossing Golf Club 1pm  
To support JBSA Warrior &  
Family Support Center and  
Chapter Scholarships

**Thursday Sept 19**  
Happy Hour  
4-6pm

**Thursday Oct 24**  
Chapter Luncheon  
Blue Skies of Texas West

**Thursday Nov 21**  
Chapter Luncheon  
Ft Sam Golf Course

**Thursday Dec 12**  
Christmas Luncheon  
Ft Sam Golf Course

# News & Notices



## Treats For Troops

Grateful thanks to those who provided treats (pizzas, cookies, fruit etc.) for the wounded warriors at JB SA Ft Sam Houston's Warrior and Family Support Center.

If you were able to give this month on behalf of the Alamo Chapter please call Susie at (210) 654-0351, so we may add your name to our list. Thank you.

Irene Collier

Susan Filipini

John Gibbs

Sue McCarthy

Mac and Lori McDonald

Lolly Orlowski

Brenda Tobey

Susie Tolman



## Thank You!

to each of our members listed below who have donated a little (or a lot!) to either the Scholarship Fund, Chapter Operations, or both!

LtCol Harry Carpenter USMC (Ret)

LtCol Robert Jones USAF (Ret)

Aina Blake

Jacqueline Purvis

## TAPS

We have received information that the following members have passed away. We wish to convey our sincere condolences and best wishes to their family and loved ones:

LTC Glenn Wise USAF (Ret)

3/4/2019

## The Retired Military Spouses Club Luncheon

Monday, April 22nd  
Ft. Sam Houston Golf Club

### Robert Rivard of the Rivard Report

will be the speaker  
RSVP to: 210-822-6559  
Or  
Lbraswell2@satx.rr.com  
by Apr 17, 2019

## What Has Your Chapter Done For You Lately?

During the month of February:

- Ad Hoc Scholarship Committee met to review scholarship applications and select winners.
- Chapter Leadership personnel met with staff leader from the SA Economic Development Foundation to discuss programs for veterans and transitioning service members.
- Sent out weekly Texas Employment Opportunities blasts to individuals/network across TX.
- 31 Chapter members volunteered over 275 hours for the good of the community.
- Golf Planning Committee met to continue planning the 12th Annual Tournament to be held on Aug 30, 2019 at River Crossing Golf Club in Spring Branch to benefit the Warrior & Family Support Center on JB SA Ft Sam Houston and the chapter Scholarship fund.
- Solicited information and updated Awards Presentation Schedule for San Antonio and South Texas area JROTC and ROTC units for members to present the MOAA award and certificate.

## NEVER STOP SERVING!



## WE NEED YOU TO VOLUNTEER

for positions on your Chapter Leadership Team (Member spouses welcomed!)

### Current Needs:

- 1) Secretary (NO taking of minutes)
- 2) Solitaires Coordinator
- 3) Membership Cmte Members
- 4) Advertising Team Members
- 5) Community Outreach Members
- 6) Golf Planning Cmte Members
- 7) Historian
- 8) Legislative Team Member from District 20

## WANTED!

### Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas  
[dwpatrick01@gmail.com](mailto:dwpatrick01@gmail.com)

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a **San Antonio Networker**, or if you are a **MOAA-AC member Job Seeker**, please contact

**Kitty Meyers LtCol USAF (Ret)**  
Chapter Transition Liaison Officer at  
[kamconsulthr@gmail.com](mailto:kamconsulthr@gmail.com)



# Texas Legislative Report

The Texas Legislature is now in session and we are beginning to have new committee chairs and members getting themselves oriented to the tasks at hand.

The Governor and Lt. Governor are intent on giving property tax relief to disabled veterans while at the same time they are going to be in dire need of new revenue to take care of funding for public education. In addition, they both want to address Hurricane Harvey relief that will also need a great deal of money. There is also some talk of getting into the “Rainy Day” funds to take care of some of this.

The Texas Coalition of Veterans Organizations, of which I am the Chairman and TCC is a member, held its bi-annual meeting on January 26, 2019. The major issue that TCVO will be trying to push will be the changes necessary to current law for disabled veterans with under 100% disability.

At present, this is a fixed amount that is entirely dependent on the level of disability of the veteran. What TCVO wants to do is change this to a percentage which would adjust the amount of exemption based on the value of the

veteran’s home. This would involve one last constitutional change and should solve the problem of the changing values of homes now and in the future. TCVO’s top priority is property tax reduction for Veterans disabled less than 100%. The financial issues identified above will significantly affect this TCVO priority.

Sam Wilder (AUSA, and MOAA TX Council of Chapters) is pressing for an alternate bill to be passed, which would be only a partial solution for disabled veterans with 80-99% disability. TCC voted some time ago to accept a position paper supporting this legislation.

While TCVO and I will lend support to any bill coming before the legislature benefiting veterans, my personal opinion, having dealt with the legislature for many years, is that we should not be looking for an incremental solution, but should be putting our efforts into a full solution for ALL disabled veterans. My fear is that going for a partial solution will generate “veteran’s” fatigue that will make it much harder for us to get a comprehensive bill passed in the end.

Sam discussed House Bill HB 716 which will provide 80% to 99% Disabled Veterans with property tax exemption based on their % of VA disability rating. Considerable discussion followed with alternate options brought to the floor. Wilder is asking VSOs to provide letters of support for HB 716. TCVO will work with legislators to develop the optimal solution that will benefit all veterans disabled less than 100%.

The TCVO defense of the Hazlewood Act (up to 150 hours of free college credit hours for veterans whose home of record at the time that they entered the service as Texas. The hours are currently transferable to spouses and dependents of these qualified Texas Veterans). The Institutes of Higher Education (IHE) were directed during the 85<sup>th</sup> Texas Legislature to produce a study on the financial impact of Hazlewood on their budgets. The requested study and analysis has not been generated by IHE. If and when there is a challenge to Hazlewood benefits, TCVO is prepared to work with IHE to protect Hazlewood benefits. Rep Chris Turner chairs the Higher Education Committee, knows TCVO, and has worked with TCVO in the past on a number of issues.

*Jim Cunningham*

Jim Cunningham

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# Membership Memos

## THANK YOU Renewing Members:

COL Marylin Davis USA (Ret)  
 Col John Dunks USAF (Ret)  
 Col Ron Hannan USAF (Ret)  
 COL Fred Lyssy USA (Ret)  
 COL Barbara Price USA (Ret)  
 CPT LeRoy Torres USA (Ret)  
 Constance Oliver  
 Jacqueline Purvis  
 Mabel Truman

## WELCOME New Members:

Col David Abrahams USAF  
 COL Julia Arthur USA (Ret)  
 COL Jaime Bazil USA  
 Col Ted Glasco USAF  
 Col Christine Lamont USAF  
 COL Lisa Toven USA  
 COL Robert Wagner USA  
 COL Risa Ware UISA  
 LtCol Gregory Barnett USAF  
 LTC Michael Eason USA  
 LTC Kijja Korowicki USA  
 LtCol Kenneth Perry Jr USAF  
 MAJ Matthew Carruthers USA  
 MAJ Dan Corcoran USA (Fmr)  
 MAJ Moshe Greenburg NG  
 MAJ Walter Hawkins USA  
 MAJ Sharron Stewart USA (Ret)  
 Capt Julie Anderson USAF  
 CPT Charles Eiser USA  
 CPT Jessica Eiser USA  
 Capt Bill White USMC (Fmr)

## Are You

- ◇ **Considering joining a MOAA chapter?**
- ◇ **Debating whether to renew your chapter membership?**
- ◇ **Talking to a potential new member?**

Here are some of the key benefits to belonging to one of MOAA's more than 400 chapters:

- **Connections:** When you attend chapter meetings, become active on a committee, or take a prominent leadership role, you will forge lasting ties with other MOAA members who have common professional interests and similar association concerns.
- **Community involvement:** Chapter membership provides opportunities to contribute to your community in a variety of ways, from providing scholarships to local students to supporting causes that support wounded warriors, active duty servicemembers and their families, and veterans in-need.
- **Legislative advocacy:** MOAA chapter members play a critical role in advancing legislation at both the state and national level. This grassroots advocacy is key to MOAA achieving its legislative goals.

## MOAA Alamo Chapter? - Who Are We?

The Military Officers Association of America (MOAA) is a non profit veterans' association dedicated to maintaining a strong national defense and ensuring our nation keeps its commitments to currently serving, retired, and former members of the uniformed services and their families and survivors.

The Alamo Chapter is one of the more than 400 local organizations affiliated with national MOAA. We support the national organization through membership recruitment, veterans transition initiatives and legislative support.

We are active in our community doing transition activities for JBSA and the military/veteran community; initiatives and leadership of the Military & Veteran Community Collaborative (MVCC); state legislative support via TCVO and the Texas Council of Chapters (TCC).

## Current Membership Stats

Active Duty 206  
 Surviving Spouse 168  
 Former Military 22  
Retired 689  
**Total 1085**



Corporate Partners	Transitioning Tips	
<p><b>Abby Consulting</b></p> <p><b>Army Residence Community</b></p> <p><b>Beldon Roofing</b></p> <p><b>Blue Skies of Texas</b></p> <p><b>Generations Team</b></p> <p><b>Medical Services International</b></p> <p><b>Randolph-Brooks Federal Credit Union</b></p> <p><b>Security Service Federal Credit Union</b></p> <p><b>Silverbridge Realty</b></p> <p><b>USAA</b></p> <p><i>Links to these companies' websites can be found on our webpage at <a href="http://www.alamomoaa.org">www.alamomoaa.org</a>.</i></p> <p><i>Please remember their support and bear these companies in mind when choosing a service provider.</i></p>	<p><i>We welcome Sean Passmore, USAA Military Hiring Team Member, who has joined our Alamo MOAA Transition Team. Here are his Networking tips. Look for future articles from him.</i></p> <p style="text-align: right;"><i>Kitty Meyers</i></p> <p style="text-align: center;"><b>NEXT-LEVEL NETWORKING</b></p> <p><i>You have certainly heard about the importance of networking: "networking is King," "networking beats resume 100 times out of 100," "networking eats resumes for breakfast," "it's all about networking, networking, networking," and any number of other clichés describing the importance of building professional relationships as part of a job search strategy.</i></p> <p><i>The importance of networking goes beyond building relationships, however; it is the knowledge gained through those relationships, weaved skillfully into resumes and interview performance, that can be the difference between receiving an offer of employment and being a great candidate who finished in second place. Showcasing yourself as a proactive, informed candidate requires what I call next-level networking.</i></p> <p>Many job seekers realize that applying for countless jobs with the same resume and hoping for a call back is not a successful job search strategy; they know that some level of networking is required. However, their approach to networking is to take a baseline resume, send it to all their friends and former coworkers. This cannot be the extent of your networking strategy.</p> <p>Some job seekers recognize LinkedIn as a tool to assist them in their job search. They also understand networking requires them to get out of the house and engage with people, face-to-face.</p> <p>Some job seekers take advantage of job fairs and networking events where they practice talking about themselves and the value they bring to employers. These events are opportunities to learn</p>	<p>about employers, their hiring processes, their employee benefits, and their job opportunities. Job seekers might feel that by participating in these events they are networking effectively. This is the bare minimum of how you <i>should</i> be networking as an active job seeker, but it is not enough.</p> <p>There is a group of job seekers who recognize the value of one-on-one conversations with employers they want to join, conversations away from the noisy, chaotic atmosphere of a job fair or networking event. These are conversations that transform them from a name at the top of a resume to a real person, with real aspirations, with sincere curiosity about an organization, and with tangible qualities to offer. You are probably part of this group, proactive in reaching out to the people you recognize as representatives of their organizations; they are the influencers and the super-connectors, with recognized brands in their communities and in social media.</p> <p>These are great people to connect with and it is important to have them in your network. This might result in increased interviews and, perhaps, even job offers - but you can do more - you can take your networking strategy to the <i>next level</i>.</p> <p>As valuable as the above-mentioned network connections are, they are likely not the <i>most</i> valuable people for you to connect with. If you want to be a project manager at Company Y, you need to network with project managers at Company Y. If you want to be a contracting officer at Company Z, you need to network with contracting officers at Company Z. It sounds too simple but surprisingly few job seekers execute this networking strategy.</p> <p>The people doing the jobs you want to do, in the companies you want to work for can tell you what you need to know- things like:</p> <ul style="list-style-type: none"> <li>• The day-to-day of their job</li> <li>• The most important degrees and/or certifications to have</li> <li>• What they do and don't like about</li> </ul> <p>(Continued on Page 6)</p>

## Transition Tips

(Continued from Page 5)

their job and their company

- The culture of their organization
- Their personal employee experiences

The reason most job seekers are not *next-level* networking is because *next-level* connections aren't always easy to find. They are not typically at job fairs and networking events, and they are not posting content about their companies on social media every day - they are busy working. Proactively leverage LinkedIn as a research tool, Veterati as a digital mentoring platform, and your existing network to help identify *next-level* connections.

When reaching out to *next-level* connections, do it from a place of genuine curiosity. Express your interest in learning more about their jobs and their organizations; ask if they can share *15 minutes* of their time for a phone call, for an informational interview.

Have questions prepared before your call and don't exceed the amount of time asked for. This is a research activity; don't ask for help getting a job or for anything that might increase their workload, like reviewing your resume.

At the end of your time you could ask for a follow up meeting if you think that would be helpful and not an inconvenience to your new connection. The last question you should *always* ask is, "is there somebody else you can

introduce me to in your organization to help me learn more about... *fill in the blank....?*"

Informational interviews will yield useful information and language to include in your resume and to weave into your interview performance. Ideally, when you apply for a job with an organization, you will be positioned to reach out to your *next-level* connections to say, "I appreciate the time you have shared with me during our several conversations. I have learned much about your organization and would love an opportunity to join the team. I wanted to let you know that I applied for... *fill in the blank...*; based on what you have shared with me I think I would be a great addition to your company because... *fill in the blank...*," or something to that effect. If you have made a positive impression, this empowers your *next-level* connections with the opportunity to advocate for you within that organization.

Do not get discouraged if *next-level* connections are not as responsive as you would like; they have job requirements that likely don't include reacting to job seeker inquiries. You may have to reach out to a dozen *next-level* connections to get 3 or 4 responses. Keep at it, and always remain proactive, professional, patient and persistent.

*Sean Passmore*

Sean Passmore, MAJ, USA (Ret)  
USAA Military Hiring Advisor  
Chapter Transition Liaison Officer

## Speaker Bio



Dr. Byron C. Hepburn, Maj Gen, USAF Ret, is Associate Vice President and the inaugural Director of the Military Health Institute at the University of Texas

Health Science Center at San Antonio. In this role, he strengthens the University's DoD and VA collaborations with the goal of improving the health and well-being of military personnel, veterans and their families through innovative medical research, health education and clinical care. He holds the titles of Professor of Family and Community Medicine, Assistant Dean for Military Health in the School of Medicine and the USAA Patty and Joe Robles, Jr. Distinguished Chair for Military Health.

Dr. Hepburn has a distinguished 38 year military career. He was the inaugural Director of the San Antonio Military Health System (SAMHS). In addition, he was Commander of the 59<sup>th</sup> Medical Wing, Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland, the Air Force's largest medical wing composed of 6,000 military, civilian, contract employees, residents and students. Previously, he served as Deputy Surgeon General of the Air Force, where he directed all operations of the Air Force Medical Service, a \$5.1 billion, 43,000-person integrated health care delivery system serving 2.4 million beneficiaries at 75 military treatment facilities worldwide.

Dr. Hepburn is a distinguished graduate of the U.S Air Force Academy and earned a Master of Arts degree in European Studies for his work at the University of Geneva, Switzerland. He also graduated from the Uniformed Services University of Health Sciences School of Medicine and completed a residency in family practice. He was one of only 15 Air Force pilot-physicians and was a command pilot with more than 3,000 flight hours on the T-37, T-38, C-9A and C-17A aircraft. Dr. Hepburn is an honored recipient of the Mackay Trophy for his participation in the USS Cole medical evacuation mission, and was deployed to Afghanistan in 2001 in support of Operation Enduring Freedom.

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Total Enclosed: \$ \_\_\_\_\_



## Medical Minute

### Curbing Your Appetite

Did you gain a few unwanted pounds over the holidays? Here are a few ways to curb your appetite and lose weight.

- Differentiate between true hunger and a craving. True hunger appears a few hours after you have eaten. Craving is more of an urge or longing to consume something as a result of boredom or stress.
- Eat healthy. A nutritious meal with a balance between protein, fats, and plant food can keep you full until the next meal.
- Avoid distractions. Don't eat while watching television or working on the computer. You will nibble and eat more than you intended. Don't bring out snacks while watching sports on the television.
- Pay attention to your food. For a meal serve a modest plate of food and really taste each ingredient. Don't take a second bite until you have thoroughly masticated and swallowed what you are chewing. Taste each item you are eating.
- Keep healthy snacks at home—no junk food. Have fruit, carrot sticks, nuts, low fat or fat free dairy products. On occasion you may add small bricks of dark chocolate.
- Satisfy cravings wisely. If you are out to dinner and really crave a dessert, order one but split it with someone else. Or maybe a half serving of ice cream or sherbet.

*Col Irene Collier (Ret.)*



## Solitaires



### Easter

Easter is a religious holiday in every country except western Australia and Tasmania. It is the three-day period between when Jesus was crucified and resurrected from the tomb on Easter Sunday.

The date of Easter is determined by the location of the moon. It always falls between 22 March and 25 April according to the Gregorian calendar. In many religions, it is preceded by Lent, 40 days of fasting and repentance. Nowhere in the Bible does it mention festivities for Easter. Easter is followed by 50 days ending at Pentecost one day before the Jewish festival.

Festivities have developed over the years from pagan traditions welcoming spring. Painting eggs and exchanging gifts of eggs is an old pagan custom. No one knows for sure how this became a part of the Easter celebration. An egg-laying hare (rabbit) was the companion of the Germanic goddess Eostre (or Ostara). She was celebrated as the goddess of the east where the sun rose. A festival named for Eostre was celebrated during the spring equinox. The German celebrations evolved into the Christian "Paschal Month", a celebration of the resurrection of Jesus.

Other cultures worshipped "sun" goddesses. The Sumerian Sun Goddess Inanna or Ishtar was hung naked on a stake and subsequently ascended from the underworld. She was also the goddess of rain and thunderstorms. There are many other myths about resurrected pagan gods such as the Egyptian god Horus, the Roman god Mithras and the Greek god Dionysius. In Poland Eostre was the symbol of Folklife Traditions.

Other early traditions and rites are now part of Christian Easter celebrations. On

Sunday morning many pagan churches had sunrise services to welcome in the goddess. In England Stonehenge was built to welcome in the sun goddess and spring. In Western Australia and Tasmania, rabbits are considered pests, so they have a kangaroo deliver the eggs on Easter morning.

Early Germany traditions included an Easter Tree. Gathered twigs and branches were decorated, eggs were hand blown, then painted and exchanged as gifts. The early Pennsylvania Dutch colonists brought this tradition to the US. The art of the painted eggs seems to have started in Italy and migrated north to Germany.

In Germany, Easter began on Good Friday. The family gathered for a meal of fish. On Sunday there was a big open market in the town square. The eggs had been a forbidden item. Easter Sunday became a time for them to eat their fill.

Children in Holland left a basket on Easter morning for the Easter Rabbit filled with carrots and food in case he was tired and hungry. He left gifts for the children in the basket on the doorstep. Today kids get gifts of chocolate bunnies, eggs and marshmallow peeps.

American customs have become part of our tradition. The White House egg-rolling contest has been held on the Monday after Easter since 1878. In another celebration, there is a contest for the largest egg. The current winner is a 25 feet long egg, weighing 800 pounds. It was suspended on a steel frame.

The New York City 5<sup>th</sup> Avenue's Easter Parade featured ladies of wealth strolling the avenue dressed in their finest with special attention to their hats. Think Fred Astaire and Judy Garland singing "Easter Parade".

*Col Irene Collier (Ret.)*

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# JROTC Award Presenters Wanted!

As part of our community service outreach, the Military Officers Association of America - Alamo Chapter (MOAA-AC), presents certificates and medals to ROTC students at over 130 high schools and colleges in our "catchment area" of San Antonio and south Texas.

The ceremonies are normally conducted in April and May of each year and generally take place in the school auditorium or cafeteria.

The ceremony format is at the discretion of the ROTC unit, but normally involves the presentation of numerous awards from veteran service organizations (MOAA, VFW, American Legion, MOWW, Purple Heart, Marine Corps League, etc); audiences include the cadets, parents, families and school leadership.

To ensure we recognize winners at every unit, we mail the certificates and awards to the ROTC units in the Feb-

ruary timeframe. However, the impact of the award is more effective if presented by a MOAA member in person at the unit award ceremony. Therefore, we solicit volunteers who are MOAA Alamo Chapter members to present the award on behalf of the chapter.

If you are interested in volunteering for any of these short but important events (about 1.5 - 2 hours), please contact me for an updated list of ceremony information. Hopefully you can find a ceremony at a school near you or one with a cadet who is the son or daughter of a family member or friend!

Follow the guidance below and we will get you on your way!

1. Contact me to determine if opportunity to present is available at desired school, because the list gets updated several times per week.

2. Contact ROTC unit to confirm your RSVP as MOAA rep, ceremony date/time/location & other details.

4. Attire: coat/tie (with MOAA name-tag if available) or military Class A dress uniform.

5. No need to bring any items with you; unit should have the MOAA certificate and medal.

6. Arrive at least 15 minutes prior to start time, to meet the POC and get briefed on ceremony.

7. Normally you have no speaking role.

8. Expect unit to seat you onstage or in front row of auditorium along with numerous other presenters from veteran service orgs (VFW, Purple Heart, American Legion, MOWW, etc)

9. Follow the unit instructions; normally go to center stage when called, present the certificate, smile for the

(Continued on Page 15)



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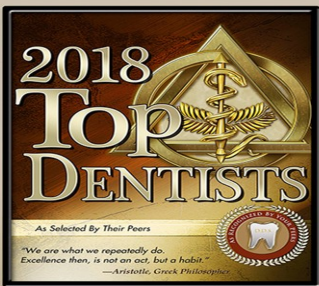
**Brian L. Eck D.D.S.**  
**Joseph K. Sage D.D.S.**

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San Antonio, TX 78230  
[legacydentalsa.com](http://legacydentalsa.com)

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**2018 TOP DENTISTS**  
IN  
**SAN ANTONIO**  
*As Listed in San Antonio Magazine*

Thousands of dental practitioners were asked to vote for dentists to which they would refer patients in need of dental care. The survey asked to take into account education, experience and patient results. Based upon those survey results, here are 2018's Top Dentists. These dentists do not and cannot pay to be included on this list.



**2018 Top Dentists**  
As Selected By Their Peers  
"We are what we repeatedly do. Excellence then, is not an act, but a habit."  
—Aristotle, Greek Philosopher

**GENERAL DENTISTRY**  
*Brian L. Eck, D.D.S.*  
Legacy Dental SA

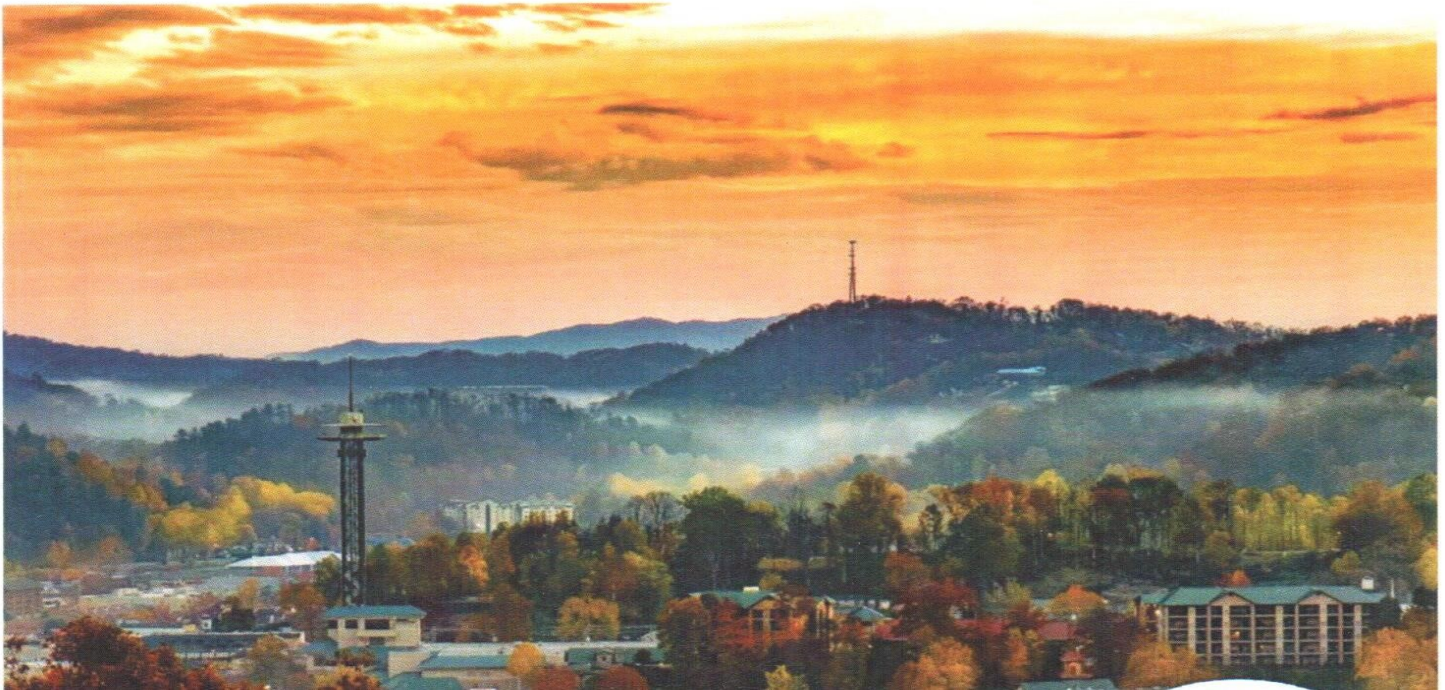


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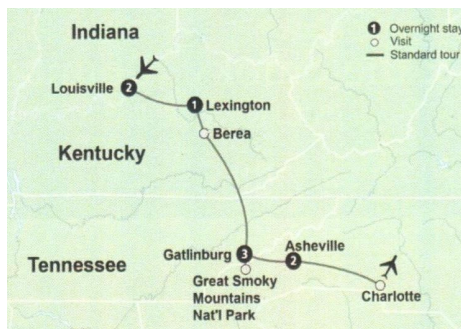
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*\* All Rates are Per Person and are subject to change, based on air inclusive package from SAT*

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## Legislative Affairs

### Chapter Advocacy

The successful outcome of the MOAA Alamo Chapter's efforts to influence the actions taken by our members of the US Congress with regards to active military, retirees, veterans and surviving spouse issues requires the support of all of the members of the MOAA family.

As members we need to step up and make our voices heard. The following are a few things we as individuals and members of veterans groups can do to make a difference:

1. Stay current on key and significance veterans issues being worked in the congress
2. Subscribe to and read the Military Officers Magazine every month.
3. Go online to the MOAA website ([www.moaa.org](http://www.moaa.org)) and request to be added to the list of members receiving Chapter and legislative updates.
4. When letters to Congress are attached to copies of the magazine, read, sign and mail those back to the recommended congressional addressees
5. If you are a member of other active military/veterans support groups, employ the influence of those groups to support the MOAA efforts. It is the power of numbers!!
6. Call or email our senators and representative to voice your concern on key issues. Emails can be sent directly from each representative's website.

Listed next are the names, local telephone numbers, and website addresses of our two US Senators and the 6 members of the House of Representatives from the Alamo Chapter catchment area:

Senator John Cornyn 210-224-7485  
[www.cornyn.senate.gov](http://www.cornyn.senate.gov)

Senator Ted Cruz 210-340-2885  
[www.cruz.senate.gov](http://www.cruz.senate.gov)

Vicente Gonzalez (D 15<sup>th</sup>) 956-682-5545  
[www.gonzalez.house.gov](http://www.gonzalez.house.gov)

Joaquin Castro (D 20<sup>th</sup>) 210-348-8216  
[www.castro.house.gov](http://www.castro.house.gov)

Chip Roy (R 21<sup>st</sup>) 210-821-5024  
[www.roy.house.gov](http://www.roy.house.gov)

Will Hurd (R 23<sup>rd</sup>) 210-921-3130  
[www.hurd.house.gov](http://www.hurd.house.gov)

Henry Cuellar (D 28<sup>th</sup>) 210-271-2851  
[www.cuellar.house.gov](http://www.cuellar.house.gov)

Lloyd Doggett (D 35<sup>th</sup>) 210-704-1080  
[www.doggett.house.gov](http://www.doggett.house.gov)

*For more information on MOAA legislative efforts please visit the Take Action section of the MOAA website at [www.moaa.org/takeaction/](http://www.moaa.org/takeaction/)*

*(If a chapter code is requested use TX16)*

\*\*\*\*

### Alamo Advocacy Team

Your Alamo MOAA Legislative team members led by VP Legislative Affairs LTC Robert Blake USA (Ret) are:

**MAJ Troy Arambula USAR**  
for District 15 - Vicente Gonzalez (D)  
210-998-9430  
[troyarambula@msn.com](mailto:troyarambula@msn.com)

**Maj William Friedrich, Jr USAF (Ret)**  
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[friedrichwc@gmail.com](mailto:friedrichwc@gmail.com)

**Col Dennis Shumaker, USAF (Ret)**  
for District 21 - Lamar Smith (R)  
830-935-3251  
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**Lt Col Jim Connor, USAF (Ret)**  
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[jmctx@outlook.com](mailto:jmctx@outlook.com)

**LtCol Winston Shaffer, USAF (Ret)**  
for District 28 - Henry Cuellar (D)  
210-632-0895  
[shaffwin@gmail.com](mailto:shaffwin@gmail.com)

**Lt Col Edward Marvin, USAF (Ret)**  
for District 35 - Lloyd Doggett (D)  
210-771-1177  
[elmarv@swbell.net](mailto:elmarv@swbell.net)

## Health, Benefits & Welfare

### Vet Missing Alert System

Two senators have introduced legislation that would create a Green Alert public notification system to find veterans when they go missing similar to the Amber Alert system for missing children or the Silver Alert system to locate senior citizens. Many veterans go missing because of stress and trauma associated with their military service.

Last year, Wisconsin became the first state to implement a public notification system for missing veterans. The Milwaukee Journal Sentinel reported the system was created after Air Force veteran Corey Adams, a Milwaukee resident diagnosed with post-traumatic stress disorder, went missing and was found dead 18 days later. His family struggled to get police to search for him.

Retired Army Brig. Gen. Donald Bolduc, the former commander of Special Operations Command-Africa, has led efforts to take the Green Alert system nationwide. "For a variety of reasons, far too many veterans go missing for long stretches of time before someone finds them," Bolduc said. He believes the system would help "better locate veterans and give them the appropriate care they need when they disappear."

The Green Alert Act would create a commission comprising representatives from the departments of Justice, Transportation, Veterans Affairs and Health and Human Services, as well as state and local officials. The commission would be tasked with developing best practices and technical assistance to help states develop the system.

*Source: Stars & Stripes Nikki Wentling March 2019*

\*\*\*\*

(Continued on Page 13)

# 2018 Chapter Volunteer of The Year

**Frank Rohrbough & Stephen Rohrbough**



## Nominee Introduction

Frank & Stephen Rohrbough are not only identical twin brothers but are partners literally "joined at the hip" as successful Co-Chairs of the Chapter's Charity Golf Tournament. We can't submit one without the other.

## What makes this nominee worthy of your nomination?

Plain and simple . . . it was their servant leadership, resourcefulness, dedication and teamwork that stands out. For example, they lead a team of 27 volunteers in conducting the most successful

-- from a financial, operational and golfer enjoyment perspective -- charity event in the tournament's 11 year history. It took resourcefulness and determination to garner the support of 42 corporate sponsors and 40 chapter member donors to raise the most money ever. Both brothers are very busy individuals in many other community volunteer endeavors -- yet they were ever present and extremely dedicated to making the multitude of planning meetings held while being committed to doing what they said they'd do as Co-Chairs, i.e., conduct the best tournament ever. It was evident that the team they built and lead made the tournament a major success that served the interests of the JBSA Ft. Sam Houston Warrior and Family Support Center and the Chapter's ROTC Scholarship Program. Together they were a tight knit leadership team whose teamwork together made all the difference -- that is why they are worthy of nomination.

## Describe your volunteer's scope of

## responsibility including time and initiative.

The scope of responsibility was very broad -- everything from being the top leaders of the event to rolling up their sleeves and being hands-on conducting and operating the tournament. For example, the tournament required stand-up leadership in dealing with and securing funding from the title sponsors. They lead this effort in getting commitments totaling \$10,000. On the day of the tournament, a number of detailed tasks were required, i.e., stuffing player goody bags, greeting and registering players, collecting money, helping the caterer, etc., etc. They were present every step of the way helping with these efforts. It takes very special servant leadership to lead an event with a lot of moving parts -- our nominees went above and beyond to make sure everything went smoothly. Perhaps the ultimate compliment came from the

(Continued on Page 15)

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☐ YES! Sign me up as a FREE BASIC MOAA Member

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse of Eligible Officer

☐ Graduation Year (Cadet/Midshipmen) \_\_\_\_\_

Email Address\*\* \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

*To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available.*

*We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit [www.moaa.org/email](http://www.moaa.org/email) for details.*

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

*Your spouse has access to all of your MOAA member benefits.*

\*\*Email address required for BASIC Membership



☐ YES! Sign me up as a new Alamo Chapter Member

☐ YES! Renew my Alamo Chapter Membership

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse/Surviving Spouse of Eligible Officer

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

*(Email address required for Electronic Membership)*

***To ensure deliverability of Chapter communications, please provide a personal email without a ".mil" domain, if available.***

Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

Spouse Email Address \_\_\_\_\_

☐ I would you like to help the Chapter as a Volunteer

- ☐ **One-Year Hard Copy Membership \$30**  
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**Send to:** MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or email to [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net); or signup **online** at [www.alamomoaa.org](http://www.alamomoaa.org).

## Health Benefits & Welfare

(Continued from Page 10)

### TRICARE - Qualifying Life Events

Qualifying Life Events -- Did you know that outside of TRICARE Open Season, you can only enroll in or make changes to your TRICARE Prime or TRICARE Select plan following a Qualifying Life Event, or QLE? A QLE is a certain change in your life, such as marriage, birth of a child, change of address, or retirement from active duty. Different TRICARE health plan options may be available to you and your family members after a QLE. Following a QLE, you and your family members have three options depending on your situation:

- If you wish to continue your current coverage following a QLE and remain eligible for your current health plan, you don't need to take action. Your coverage will continue uninterrupted.
- If you want to make a change to your health plan enrollment, you have 90

days following the QLE to make any eligible changes.

- If you're eligible for TRICARE but not enrolled in a TRICARE plan, you have 90 days following the QLE to enroll in a health plan. If you or your family members aren't enrolled in a health plan and don't enroll in one within 90 days of a QLE, you'll only be eligible for care at a military hospital or clinic if space is available.

With any QLE, the first step is to update your information in the Defense Enrollment Eligibility Reporting System, or DEERS. Once your change shows in DEERS, you can enroll or change your TRICARE coverage. For more information about QLEs and QLE examples, go to the Qualifying Life Events page on the TRICARE website at [www.TRICARE.mil/lifeevents](http://www.TRICARE.mil/lifeevents).

\*\*\*\*

### VA Medical Marijuana Update

Sen. Brian Schatz (D-HI) and Rep. Barbara Lee (D-CA) reintroduced legislation to let Veterans Affairs doctors pre-

scribe medical marijuana in the 33 states where it's legal. The bill also would direct VA to research how medical marijuana might help manage chronic pain and reduce opioid misuse. "There is now abundant evidence that, where medical marijuana is available, opioid abuse goes down," Schatz previously told POLITICO's Sarah Oweremohle. "When I asked the VA administrator about that question, I was expecting resistance but I got the opposite — he agreed and believed that it was worth further study."

The bill has a chance to pass Congress: The Veterans Medical Marijuana Safe Harbor Act, (116) / H.R. 1151 (116), is also backed by numerous veterans organizations and pain groups. "It will be difficult for even the most ardent cannabis opponents to deny veterans access to cannabis, especially considering worries about opioid addiction," Cowen analyst Vivien Azer wrote in a note to investors late last year.

Source: POLITICO Newsletter

\*\*\*\*

## Legends live here.

Happy 104th birthday  
**COL Sterling Johnson,**  
USA (Ret).

Second-oldest living USMA  
graduate (class of '39)  
and resident of the  
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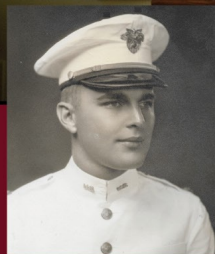


Photo by D. Clarke Evans  
from Before They're Gone: Portraits & Stories of World War II Veterans



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# Events Calendar

## APRIL

- 2 Solitaire's Luncheon**
- 4 Staff Meeting 10am Chapter Office*
- 9 United Way VOYA Award Ceremony Tobin Center*
- 12 Blue Skies Satellite Chapter Meeting**
- 17 Volunteer of the Year Award Ceremony 1pm Ft Sam Houston Readiness Center**
- 21 Easter Sunday**
- 25 Chapter Luncheon 11am Ft Sam Golf Club with speaker LtGen Byron Hepburn Military Health Institute**

## MAY

- 2 Staff Meeting 10am Chapter Office*
- 7 Solitaire's Luncheon 11am**
- 8 Victory Day in Europe**
- 10 Military Spouses Day**
- 12 Mother's Day**
- 17-18 Texas Council of Chapters Quarterly Meeting**
- 18 Armed Forces Day**
- 19 Solitaire's Sunday Brunch 11 am Randolph Parr Club**
- 27 Memorial Day**
- 30 Chapter Luncheon 11am Army Residence Community with speaker LtGen Russ Handy, Aviation Director at San Antonio Airport**

General membership events are **bolded** and Volunteer leadership team events are *italicized*, though Members are always welcome!

## JUNE

- 4 Solitaire's Luncheon 11am**
- 6 Staff Meeting 10am Chapter Office*
- 6 D-Day**
- 11 Board Meeting 11:45am Chapter Office*
- 12 Women Veterans' Day**
- 14 Flag Day & US Army Birthday**
- 16 Father's Day**
- 16 Solitaire's Sunday Brunch 11 am Randolph Parr Club**
- 21 Kick Off The Summer Celebration Dinner Dance 6:30pm Holiday Inn Airport**

## JULY *(No Staff/Board Meeting or Chapter Luncheon)*

- 2 Solitaire's Luncheon 11am**
- 4 Independence Day**
- 12 Blue Skies Satellite Chapter Meeting**
- 21 Solitaire's Sunday Brunch 11 am Randolph Parr Club**
- 27 National Korean War Veterans Armistice Day**

## AUGUST

- 1 Staff Meeting 10am Chapter Office*
- 4 Coastguard Birthday**
- 6 Solitaire's Luncheon 11am**
- 14 Victory in Japan Day**
- 16-17 Texas Council of Chapters Quarterly Meeting**
- 18 Solitaire's Sunday Brunch 11 am Randolph Parr Club**
- 22 Chapter Luncheon 11am RBFCU HQ Live Oak**
- 30 12<sup>th</sup> Annual Golf Tournament 1pm River Crossing Golf Club, Spring Branch, TX benefiting JBSA Ft Sam Houston Warrior & Family Support Center and Alamo Chapter Educational Foundation**

## SEPTEMBER

- 2 Labor Day**
- 3 Solitaire's Luncheon 11am**
- 5 Staff Meeting 10am Chapter Office*
- 5 Board Meeting 11:45am Chapter Office*
- 9 Grandparents Day**
- 11 Patriot Day**
- 15 Solitaire's Sunday Brunch 11 am Randolph Parr Club**
- 18 Air Force Birthday**
- 20 Happy Hour 4-6pm**
- 21 POW/MIA Recognition Day**
- 29 Gold Star Mother's Day**

Ongoing Events: Members provide items for the Treats For Troops program delivering cookies, snacks, phone/gift cards and/or personal care items to the residents of the Warrior & Family Support Center JBSA Ft Sam Houston. Call Susie Tolman for details (210) 654-0351



## Volunteer of the Year

(Continued from Page 11)

players who said "this was your best tournament ever"!

Of course, all this took countless hours of meetings, planning, phone calls, person-to-person solicitations, attention to detail taskings, dealing with vendors, etc. The 200 hours reported are probably a conservative estimate of what they volunteered. However, what is for sure is they inconvenienced themselves and their personal time for months to make sure that this was the "best tournament ever"!

## Volunteer Impact on the organization, its people, and the community

The overall impact is in the numbers:

- ♦ In 2018 the most money was raised of the 11 year history of the tournament -- \$16,300.
- ♦ \$8,150 each going to the Ft. Sam Warrior and Family Support Center (WFSC) and the Chapter's ROTC Scholarship Program -- overall serving the interests of both our nation's wounded Warriors/their families and the needy students/future leaders in the ROTC program.
- ♦ A record number 114 golfers participated -- 12 of whom were wounded warriors from the WFSC and the American G.I Forum as our guests and special honorees.
- ♦ These warriors received special recognition and a standing ovation at the Awards Dinner.
- ♦ All warriors "expressed their gratitude for being invited as our guests and for being so warmly received".

Again, it was only through the leadership & motivation of the co-chairs -- our nominees -- that lead to the tournament's success.

## Why is volunteerism important to the nominee:

Volunteerism and servant leadership have been in Frank's and Stephen's DNA ever since they served in the USAF. This spirit of giving back has continued long into their second careers and retired life. Plan and simple they have told us "we volunteer because it is the right thing to do!"

## ROTC Award Presenters

(Continued from Page 8)

camera and return to your seat.

10. If available, send photo of your presentation to MOAA-AC POC via e-mail after the ceremony

Thanks in advance for your support of MOAA, our chapter, and ROTC cadets across south Texas. We hope you can find an opportunity to volunteer for any of these events!

*Peter Hunt*

Peter Hunt  
Col USAF (Ret)  
Scholarship & Awards Chair

[moaa.ac.awards@gmail.com](mailto:moaa.ac.awards@gmail.com)

210-867-0418

## Alamo Chapter

### Vision:

To be the primary advocate for the military community.

### Mission:

- ♦ To be a major source of information, support and social engagement for the membership;
- ♦ To provide programs and services for the common good of our military community;
- ♦ To be a powerful voice supporting MOAA at the local, state and national levels.

Visit [www.alamomoaa.org](http://www.alamomoaa.org) for more info.



### VOLUNTEER STAFF:

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SOLITAIRES	(Open)
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### Editorial Policy

The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all.

MOAA-AC is a non-profit organization 501c 4 within the state of Texas organized to represent the membership and to support the activities of the Texas Council of Chapters and MOAA National.

MOAA and its affiliated chapters and councils are non partisan.

Advertising contained in the newsletter is not endorsed by MOAA or its affiliate the Alamo Chapter and does not represent any recommendation to the membership. Opinions expressed in articles contained herein are not necessarily those of the membership as a whole or the Chapter. Questions should be directed to the Editor at the Chapter office.

MOAA-AC P.O. Box 340497, San Antonio, TX 78234

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**Thursday April 25, 2019**

## Chapter Luncheon

Ft Sam Golf Club

1050 Harry Wurzbach, San Antonio TX 78209

**Spkr: MajGen Byron Hepburn USAF (Ret)**  
Director of Military Health Institute UTHSCA

Registration & Meet n Greet from 11-11:30am, Lunch served 11:45am

### Fiesta Buffet

Chips & Salsa, Beef & Chicken Fajitas, Cheese Enchiladas,  
Ranchero Beans, Mexican Rice, Flour & Corn Tortillas  
Sherbet  
Coffee, tea or water, honor wine bar

**Cost per person paid in advance \$22, At the Door \$24**  
**Enclosed: \$ \_\_\_\_\_**

RSVP by 4pm Monday 22 Apr  
Reservations not cancelled by this date will be billed or forfeited  
Non member Officers & guests are welcome with paid reservations

**Name** \_\_\_\_\_

**Guest(s):** \_\_\_\_\_

Call (210) 228-9955 to make your reservation or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or contact us by email [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net) to hold a reservation or reserve and pay on-line at [www.alamomoaa.org](http://www.alamomoaa.org).

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**Thursday May 30, 2019**

## Chapter Luncheon

Army Residence Community

7400 Crestway, San Antonio, TX 78239

**Spkr: LtGen Russ Handy (USAF (Ret))**  
**SA Aviation Director**

Registration & Meet n Greet from 11-11:30am - Lunch served 11:45am

### Menu

A) Beef Stroganoff B) Crispy Ranch Chicken  
Buttered Egg Noodles, Capri Vegetable Blend  
Seasonal Fruit Salad, Assorted Rolls  
Bread Pudding w/ Rum Sauce  
Coffee, tea or water, honor wine bar

**Cost per person paid in advance \$22, At the Door \$24**  
**Enclosed: \$ \_\_\_\_\_**

**(ARC Residents \$0 - charge goes against meal plan)**

RSVP by 4pm Monday 27 May  
Reservations not cancelled by this date will be billed or forfeited  
Non member Officers & guests are welcome with paid reservations

**Name** \_\_\_\_\_

**Guest(s):** \_\_\_\_\_

Call (210) 228-9955 to make your reservation or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or contact us by email [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net) to hold a reservation or reserve and pay on-line at [www.alamomoaa.org](http://www.alamomoaa.org).

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