

THE



LARIAT

Volume 43, Number 4

“Five Star ★ ★ ★ ★ ★ Chapter”

April 2023



President's Message

April is a busy time for MOAA and the Alamo Chapter. It's legislative agenda time. Y'all have been receiving eblasts and mailed literature regarding the various national issues on the agenda that impact the military community, including retirees and veterans. Jim Cunningham and one of our new members, Jessica Dunn, spent a day in Austin speaking to state representatives about legislation they are considering.

To keep y'all in tune with the state initiatives, I've asked Jim to highlight these in this month's president's message. Please take note and contact your reps to support these efforts. **YOU, YOUR FAMILY AND PEERS WILL BENEFIT.**

Legislative Report

The Texas Council of Chapters (TCC) of the Military Officers Association of America spent the day at the Texas Capital on Thursday the 16th of March advocating for three priorities and legislation supporting them with all of the state representatives and senators. Visitation was divided by Chapter catchment areas with the Alamo Chapter being, by far, the largest. The effort was led by Colonel Ginger Simonson who is the legislative lead for the TCC.

The Chapters had agreed earlier to devote our efforts to three priorities with three to four key bills shown for each. The three priorities were:

1. Improve transition support from uni-

form to civilian life in order to increase skilled labor in the Workforce, strengthen the economy, and grow the Texas veteran population by making Texas the most Veteran friendly state in the nation.

2. Improve mental health services & reduce Suicides among service members, vetsrans and their families (SMVF) by expanding timely access and availability of services and by expanding the workforce of trained and certified/licensed professional counselors, clinical social workers, general social workers, psychiatrists, and peer specialists who are culturally proficient to work with this population.

3. Improve the quality of life and economic conditions of vulnerable veterans and surviving spouses who reside in Texas.

In addition, for each of the priorities, additional bills of importance were listed separately with their attendant priority.

While this was all going on, the House Veterans Affairs Committee was meeting and considering some of the bills that we were advocating for. The Senate Veterans Affairs committee had not met as yet. Overall, we—and the priorities we discussed—were well received.

I would recommend to our members that they become familiar with **capitol.texas.gov**. This is the official Texas legislature website where you can

see when committee hearings are to be held, what bills they will be considering and bill status. You can make comments about House bills online but not Senate bills. In addition, committee hearings are open to the public, so you can visit the Capitol, register in support of or against bills for both the House and Senate. You can also simply contact your local representative's or senator's office to voice your support or opposition.

I will post on the chapter website the priorities and the bills that we saw as being the most important. I want to thank Jessica Dunn for the wonderful support that she gave to this effort.

Jim Cunningham

As a final note from me, I ask that everyone go to www.moaa.org/quorum and register. This is the new MOAA initiative to make our voices stronger on Capitol Hill on issues and legislation that impacts us. United, we can create the voice that will be heard in Washington DC.

Kitty
Kathryn “Kitty” Meyers, LtCol USAF
(Ret), SPHR, SHRM-SCP



Notices



Thank You

to each listed below who have donated a little (or a lot!) to the Educational Foundation, and/or Chapter Operations.
 We really appreciate it—and every dollar helps!

LtCol Juliet Chelkowski, USMC (Ret)
 MajGen David Garza, USMC (Ret)
 Linda Gayer
 MAJ Frank Gudat, USA (Ret)
 Maj Linda Johnson USAF (Ret)
 COL Joy Ream, USA (Ret)
 Col Jim Roberts, USAF (Ret)
 Lt Col Stephen Rohrbough, USAF (Ret)
 LTC Stephanie Trochak, USA (Ret)
 Mary Walker
 Brig Gen Guy Walsh, USAF (Ret)
 LTC Machielle Wood Denmon, USA (Ret)

Legislative Advocacy Quorum

As a MOAA member, please sign up for the Advocacy Quorum Program at moaa.quorum.us.

By doing this, your advocacy will be properly recognized as representing the Alamo Chapter, assist national MOAA in tracking who is advocating, and contribute to the Chapter's annual Levels of Excellence awards.

Bills related to the military benefits that were introduced in the 117th Congress will now have to be reintroduced with the 118th, and the new quorum program will make it very easy for you to advocate at the federal level.

Note: Your participation is important to us as a chapter as we are graded by MOAA national on how many members are signed up as part of the Levels of Excellence annual award. Please help us retain our Five Star accreditation!



TAPS

We have received information that the following members have passed away. We wish to convey our sincere condolences to their family and loved ones:

Col Daniel "Stump" Sowada, USAF (Ret) 1/27/23
 Maj Ira Whitlock, USMC (Fmr) 1/13/23
 COL Charles Lalli, USA (Ret) 10/21/22
 COL Fred Lyssy USA (Ret) 10/10/22

Inside This Edition:

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Mission & Vision

Vision: To be the primary advocate for the military community

Mission:

- ° Provide information, support and social engagement to members;
- ° Offer programs and services for the common good of the military community;
- ° Support MOAA at the national, state and local levels with a powerful voice.



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Upcoming Events

APRIL

6 Staff Meeting 10am
 9 Easter Sunday
 13 Chapter Luncheon with Dr Jill Palmer Chief Behavioral Health, Endeavors Veteran Wellness Center
 18 Tax Day!
 20-30 Fiesta San Antonio

MAY

3 MOAA Vacations Travel Show at Blue Skies West 10am, Army Residence Community 3pm
 4 MOAA Vacations Travel Show Blue Skies East 10am
 11 Staff Meeting 10am
 12 Military Spouse Appreciation Day



**Join us for an exciting, informative & FREE Travel Presentation . . .
hosted by the Alamo Chapter and MOAA Vacations!**



Presenters include [MOAA Vacations](#), [Royal Caribbean Cruises](#) and [Uniworld Boutique River Cruises](#). Learn about current specials, free amenities, and show specials for attendees. Plus, exclusive group departures allow you to enjoy the camaraderie of your fellow MOAA members on your next vacation. You will have marvelous opportunities to chat with these folks and plan your vacations during these hour-long sessions.

You have **3 options & locations** for attending (all presentations will be the same):

1. May 3, 2023, 10:00am: [Blue Skies Texas – West](#), Road Runner Room, 5100 John D Ryan Blvd, San Antonio 78227

or

2. May 3, 2023, 3:00pm: [Army Residence Community](#), Lakeside Water's Edge, Heroes Room (2nd Floor), 7400 Crestway Rd, San Antonio, TX 78239

or

3. May 4, 2023, 10:00am: [Blue Skies Texas – East](#), Skylounge, 4917 Ravenswood Dr, San Antonio 78227

REGISTRATION REQUIRED. PLEASE RSVP to:

For Blue Skies West on May 3, 2023, 10:00am: Notify Kitty Meyers, kamconsulthr@gmail.com, 210-355-6244. Also, please state whether or not you are a Blue Skies West resident.

For Army Residence Community on May 3, 2023, 3:00pm: Notify David Patrick, dwpatrik01@gmail.com, 210-259-9867. Also, please state whether or not you are a Army Residence Community resident.

For Blue Skies East on May 4, 2023, 10:00am: Notify Kitty Meyers, kamconsulthr@gmail.com, 210-355-6244. Also, please state whether or not you are a Blue Skies East resident.

**We look forward to seeing you on May 3rd or 4th.
You don't have to be a MOAA or Alamo Chapter member to attend.
Forward this notice to family & friends!**

Membership Memos

THANK YOU Renewing Members:	WELCOME New Members:	Upgrade Your MOAA Membership
<p>Col Jennifer Alexander, USAF (Ret)</p> <p>CAPT Ron Carr, USN (Ret)</p> <p>Col Ada Conlan, USAF (Ret)</p> <p>COL Richard Marple, USA (Ret)</p> <p>COL Joy Ream, USA (Ret)</p> <p>Col Jim Roberts, USAF (Ret)</p> <p>Col John Root, USAF (Ret)</p> <p>Col Tim Strawther, USAF (Ret)</p> <p>Col Ralph Taylor, USAF</p> <p>CDR Guy Banta, USN (Ret)</p> <p>LTC Kevin Brown, USA (Ret)</p> <p>Lt Col Warren Camarano, USAF (Ret)</p> <p>LtCol Juliet Chelkowski, USMC (Ret)</p> <p>LTC Terry Duran, USA (Ret)</p> <p>LTC James Klar, USA (Ret)</p> <p>Lt Col Leonard Lawrence, USAF (Ret)</p> <p>Lt Col Stephen Rohrbough, USAF (Ret)</p> <p>Lt Col James R. Smith, USAF (Ret)</p> <p>Lt Col James Stewart, USAF (Ret)</p> <p>Lt Col Ferrell Talbot, USAF (Ret)</p> <p>LTC Stephanie Trochak, USA (Ret)</p> <p>LTC Edie Weidemann, USA (Ret)</p> <p>Maj Fernando Carreon, USAF (Ret)</p> <p>LCDR Kevin Crockett, USN (Ret)</p> <p>MAJ Frank Gudat, USA (Ret)</p> <p>Maj Linda Johnson USAF (Ret)</p> <p>Mary Gossage</p> <p>Ritchie Seymour</p> <p>Barbara Steele</p> <p>Mary Walker</p>	<p>Brig Gen Guy Walsh, USAF (Ret)</p> <p>COL Knowles Atchison, USA (Ret)</p> <p>Col Jeffry Dull, USAF (Ret)</p> <p>Col David Stinson, USAF (Ret)</p> <p>CDR Charles Barrett, USCG (Ret)</p> <p>LTC Brent Donmoyer, USA</p> <p>Lt Col John Robbins, USAF (Ret)</p> <p>Lt Col Norman Taflinger USAF (Ret)</p> <p>MAJ Barry Breaux, USA (Ret)</p> <p>Maj Scott Galliardt, USAF (Ret)</p> <p>CPT Amy Holpuch, USA</p> <p>2LT Donovan Edwards, ARNG</p> <p>2LT Jorge Landa, USA</p> <p>2LT Monica Leal, USA</p> <p>2LT Michelle Lopez, USA</p> <p>WO1 Caleb Phillips, USA</p> <p>Deanne Knox</p> <p>Hatsie Meloy</p> <p>Lucille Paone</p> <p>Friends of the Chapter</p> <p>TSgt Adrian Bruno, AFR</p> <hr/> <p>Membership Stats</p> <p>Active Duty 77</p> <p>Former Military 31</p> <p>Friends of the Chapter 6</p> <p>Retired 604</p> <p><u>Surviving Spouse 134</u></p> <p>Total 852</p>	<p>Enhance your Basic MOAA national membership benefits by upgrading to Premium or Life member. Your Premium or Life membership also supports your local chapter's objectives by providing a stipend.</p> <p>A Premium MOAA National Membership provides the following additional benefits:</p> <ul style="list-style-type: none"> · Résumé Critiques · LinkedIn Profile Reviews · Interview Prep · Financial Education · Military Benefits Education · Advocacy & Legislative Insights · Member Books & Guides · Scholarships, Interest-Free Loans & Grants · Discounts on Products & Travel · Subscription to <i>Military Officer Magazine</i> <p>A Life MOAA National Membership gives you a lifetime investment for yourself and your loved ones. Plus, you'll have access to exclusive privileges and benefits:</p> <ol style="list-style-type: none"> 1) Lifelong Recognition. As a LIFE Member, you'll enjoy recognition as an ardent supporter of MOAA's legislative priorities. 2) Protection for Your Spouse. LIFE Member privileges automatically transfer to your spouse after your death at no extra cost. Guaranteed! It's an easy way to ensure your spouse has help sorting through your military benefits. 3) Financial Security. With one financial transaction, you can pay for a lifetime of valuable benefits and avoid future annual dues increases. MOAA will give you full credit for the unused portion of any current annual dues.



Soldiers' Angels

Providing Monthly Food Assistance For San Antonio Veterans

Veterans in need of food support can register to get approximately 75 lbs. of groceries at no cost. Volunteers are always needed to package and hand out the food. Veterans must register ahead of time to receive support.

To register for the upcoming San Antonio Veteran Food Assistance event, go to www.soldiersangels.org/San-Antonio

This event occurs on the third Thursday of every month:

March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19, November 16, December 21.

Location: Cowboys Dancehall, 3030 NE Interstate 410 Loop, San Antonio, TX 78218

To register for future events or inquire about volunteering or sponsoring, please email: Jana Evans at jevans@soldiersangels.org

This food pantry event is a drive-through and will follow all local and CDC guidelines to provide the safest possible environment for veterans and volunteers. Veterans do not need to get out of the car. Masks are required at all times by everyone on site.

Warm Feet For Warriors



The Soldiers' Angels goal for this year's sock collection is 75,000. And the Alamo Chapter is doing its part!

The Blue Skies of Texas satellite of the Alamo chapter is placing collecting boxes at both east and west campuses and residents may drop their donated socks there. You can also stop by the chapter office on Ft Sam (appointment required) or directly at the Soldiers' Angels facility at 2895 NE Loop 410 #107, San Antonio (in the strip center adjoining Academy Sports & Outdoors on 410 & Perrin Beitel). Lastly, you can order socks from their wish list on Amazon and have them shipped direct, or set up a collection box at your own workplace!

Do let us know how many pairs you collected and dropped off or had shipped!



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Scholarship Winners 2023

This year, the Scholarship Committee, chaired by Peter Hunt, consisted of Vaughn Caudill, Colleen Daniels, Bob Pollock, Felix Santiago, and Edie Weidemann. They reviewed all applications and selected the winners of the Torrey, the JROTC and the Chapter scholarships. The ROTC winners were chosen by their unit instructors.

Thanks to a very generous donation from MajGen David C. Garza, USMC (Ret), together with proceeds from the Chapter's Golf Tournament and donations from Corporate Partners and Chapter members, there were a total of 30 scholarships awarded at \$1,000 each.

The checks were handed to the students at the March Scholarship Awards luncheon held on 23 March by General and Mrs. Carrie Garza, together with the featured speaker, Brigadier General Guy M. Walsh, USAF (Ret).



L-R: Kitty Meyers, Chapter President; Brig Gen Guy Walsh, Speaker; Carrie Garza, MajGen Dave Garza.

Col Clarence Torrey Community Service Scholarship



Juliet Sencion

Attends John Paul Stevens High School and is enrolled at UT Austin majoring in Environmental Engineering. Following this she will attend law school in order to become involved in environmental policy and legislation.

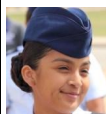
Maj Jim & Cheryl Cunningham Chapter Scholarship



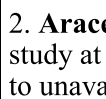
Jackson Hawkins

Attends Churchill High School and plans to study biomedical science. Jackson's grandfather, COL John Pavlovsky, USA (Ret) is a current chapter member.

JROTC Scholarships



1. **Jasmin Arana** - Attends John Jay High School and plans to study Criminal Justice at UTSA.



2. **Araceli Coker** - Attends Tivy High School and plans to study at an aeronautical university and become a pilot. Photo unavailable.



3. **Mia Cuellar** - recipient of the Col Edmond & Sue McCarthy JROTC Scholarship. Attends Cole High School and plans to obtain a doctorate in optometry.



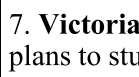
4. **Joseph Gibson** - Attends Cole High School plans to major in computer science and become a radiologist.



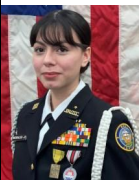
5. **Mia Guillen** - Attends Porter High School and plans to become an FBI agent and help combat sex trafficking.



6. **Krista Gutierrez** - Attends Pleasanton High School and intends to pursue a degree in education and become a math teacher.



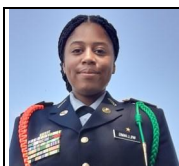
7. **Victoria Martinez** - Attends Tivy High School and plans to study cybersecurity. Photo not available.



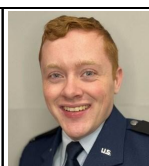
8. **Marcy Morales** - recipient of the BG Robert Herring JROTC Scholarship. Attends Uvalde High School and plans to study business at Texas State.



9. **Cassius Taylor** - Attends John Jay High School. Attaining Corps Commander and plans to become an Air Force pilot, already having his solo flight sponsored.



10. **Danessia Williams** - recipient of the Susie Tolman JROTC Scholarship. Attends Sam Houston High School.



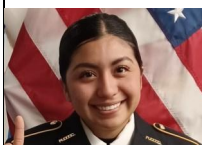
6. **Gavin Fahsholtz** - Texas State (Air Force)



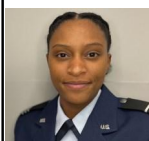
13. **Frankie Rodriguez** - UTSA (Air Force).

College ROTC Scholarships

(Awardees were chosen by their Unit Instructors)



1. **Alyssa Mancias** - UT Austin (Army)



7. **Arianna Terry** - Texas State (Air Force).



15. **Addie Piatz** - St Mary's (Army)



2. **Anna Braun** - UT Austin (Navy)



8. **Rachel Villegas** - UTSA (Army)



3. **Regan Chicoria** - UT Austin (Air Force)



9. **Willie Black** - UTSA (Army)

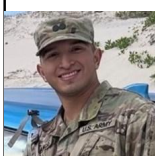
16. **TBD** - TAMU Kingsville (Army)



4. **Taylor Rendazzo** - Texas State (Army)



10. **Isaiah Lucio** - UTSA (Army)



17. **Manny Blancas** - TAMU Corpus Christi (Army)



5. **Scott Rahn** - Texas State (Army)



11. **Jackie Harris** - UTSA (Air Force) recipient of the Lt Col Edward L. & Ruby Marvin ROTC Scholarship.



18. **Luis Ortiz** - UT RGV (Army)



12. **Sophie Irizarry** - UTSA (Air Force)

19. **Sara Pena** - UT RGV (Army) Photo unavailable.

Alamo Chapter scholarships are funded by the annual Golf Tournament and by donations from chapter members.

Want to donate? Send a check made payable to Alamo Chapter Educational Foundation or donate online at

<https://www.alamomoaa.org/donate.cfm>



Transition Tips

How Scary Is Networking

One of the most unsettling, some say scary or terrifying, aspects of transitioning is the act of networking. When you are in the military, you are networking. Surprised? You attend a conference or a social or a meeting where you don't know anyone. You then start chatting with folks. That's networking.

The big difference between this and other scenarios is that you are usually in a uniform that helps define initial connections with others. These would include the branch of service, rank, name, and whatever badges, etc. that you are wearing. These all help identify you. There is now a connection to start a conversation.

Now, let's talk about networking in civies. There may be some visual connections like golf clothes if you are a golfer. Most of the time, however, there is not. The connections become more intangible. It could be the location such as your place of worship. That does make things easier.

Normally, however, it's up to you to find a connection through conversation. To some, it comes naturally to start a chatting with someone you don't know. For others, it is much more difficult.. It's time to step out of your comfort zone and talk to those you meet.

(Continued on Page 11)

Membership Application/Renewal

Join/Renew - \$25 Annual Fee

Name _____

Branch of Service _____ Rank _____

☐ Active ☐ Retired ☐ Former ☐ Reserve
☐ National Guard ☐ Spouse of Eligible Officer
☐ Friend of the Chapter

Email Address _____

(Please provide a personal email **without a ".mil" domain**, if available.)

Address _____

City _____

State ____ Zip _____

Phone Number _____

Date of Birth _____

Spouse Name _____

Spouse/Alternate Email Address _____

Method of Payment

☐ Check (make payable to MOAA Alamo Chapter)

☐ Credit Card Charge my card \$ _____

Card number _____

Expiration date _____ CVV _____

Zip code where CC Statement is mailed: _____

Signature _____

☐ ***YES—I would like to help the Alamo Chapter as a volunteer - email me details***

Mail to: MOAA Alamo Chapter TX16
P.O. Box 340497 Ft. Sam Houston, TX 78234

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Speaker Bio - Dr Jill Palmer



Dr. Jill E. Palmer
Chief of Behavioral Health
Endeavors Veterans Wellness Center

Dr. Jill E. Palmer, a Navy Veteran, Licensed Clinical Social Worker, and 2019 graduate of the Doctor of Social Work program at the University of Tennessee, serves as Endeavors' first Chief of Behavioral Health.

With her research focus on Veterans, suicide prevention, and quality of life, Dr. Palmer has spearheaded the implementation of the Endeavors Veteran Wellness Center. A state of the art facility in San Antonio, Texas, the Veteran Wellness Center utilizes Dr. Palmer's

expertise by focusing on the integration of mental health, physical health, and recovery services built upon a foundation of wellness principles.

Dr. Palmer has over a decade of leadership experience through both the Navy and the private sector. Passionate about leading healthy, productive, and innovative teams, she has led teams of social workers, psychiatrists, and other medical and mental health personnel, provided program oversight for multiple programs, developed policies and procedures to implement evidence-based practices, and has managed program budgets.

Dr. Palmer's background in mental health delivery, along with her experience with diverse teams and virtual work environments, allowed for a 100% transition to remote work and telehealth services to over 400 active clients at the Cohen Clinics in March, 2020. She also provided the research

and the structure to the implementation of the Virtual Employee Wellness program at Endeavors, an initiative that provided daily wellness activities to over 350 employees for 13 months during the height of the COVID-19 pandemic.

With over 18 years of experience as a licensed clinical social worker, Dr. Palmer is experienced in treating trauma, depression, and anxiety in children, families, Veterans, and active-duty populations.

Come hear Dr Palmer's personal journey and learn about the work and impact of the Veteran Wellness Center at our Chapter social event on April 13th at the Ft Sam Golf Club.

RSVP and pay on-line at www.alamomooa.org or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or call (210) 228-9955 to make/pay your reservation over the phone.

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The ARC is a nonprofit life plan continuing care retirement community (CCRC) in beautiful San Antonio, Texas. We welcome all officers, retired or honorably discharged from all branches of service, warrant officers, as well as senior level GS 14 and above federal employees who are at least 62 years old, including spouses and surviving spouses.



Army Residence Community

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Assistance League of San Antonio <i>Community Programs</i> www.assistanceleague.org/san-antonio/	Beldon Roofing Company <i>Trusted Since 1946</i> https://www.beldon.com/ 833-5-BELDON	Blue Skies of Texas <i>Retirement Community</i> <i>In the tradition of Air Force Village</i> https://www.blueskiesoftexas.org/ 866-553-5389
Cardiology First Clinic <i>Heartfelt Cardiology Care</i> www.CardiologyFirstClinic.com 210-767-2549	CTWP Digital Solutions <i>Printers, Copiers, Fax Machines & Office Equipment</i> https://www.ctwp.com/ 210-590-2897	Dignity Memorial <i>Advanced Planning</i> <i>Maritza Cano</i> www.DignityMemorial 210-833-6223
The Green Technology Group <i>IT Solutions Company</i> <i>Leave "IT" to us!</i> http://www.tgtgllc.com 202-285-4748	Kelly Guerrero, Realtor <i>Coldwell Banker D'Ann Harper</i> <i>Guiding You Home</i> https://www.coldwellbanker.com 210-260-4889	Leborne Health & Life Insurance <i>Jovi Leborne</i> www.lebornehealthandlife.com 619-778-5073
Leonard Contracting Inc <i>New & remodeling construction</i> info@leonardcontracting.com www.leonardcontracting.com 210-493-8303	Liquidation SA! <i>Pallets of goods at low prices</i> javier.g.bocanegra@gmail.com www.liquidationsa.com 210-360-0429	MOAA Career Transition <i>Texas Coordinator</i> <i>David Patrick, Col, USAF (Ret)</i> dwpatt01@gmail.com 210-259-9867
Our Lady of the Lake University <i>Nonprofit Management Graduate Online Degree</i> https://tinyurl.com/45je334w Chuck Rodriguez (MG Ret USA) Ph D 210- 504-7502	Rover.com <i>Pet Services</i> <i>Dee Aslett</i> Rover.com/sit/DEEA17982 210-834-5750	Sagora Senior Living <i>"Resident First" Philosophy</i> <i>Landon Ridge & The Adante</i> www.sagora.com 817-446-4792
Security Service Federal Credit Union <i>Full-service Financial Cooperative</i> https://www.ssfcu.org/ 888-415-7878	Texas Terrain Masters <i>Landscaping & Construction Services</i> https://texasterrainmasters.com 737-717-7915	USAA <i>Financial Services Company</i> https://www.usaa.com/ 800-531-8722
Weisinger Law Firm PLLC <i>Estate Planning</i> https://weisingerlawfirm.com Charlie Weisinger 210-239-9150	<p style="text-align: center;"><i>Your ad could be here!</i></p> <p style="text-align: center;"><i>We offer Corporate Partnerships (3 levels); Newsletter Advertising as well as annual Golf Tournament Sponsorships. Contact Col Lisa Skopal, USAF (Ret)</i></p> <p style="text-align: center;"><i>210-394-3885 Lskopal@ymail.com</i></p> <p style="text-align: center;"><i>If you use any of the folks listed here do tell them the Alamo Chapter of MOAA</i></p>	



HAPPY BIRTHDAY to those members born in the month of April.

If you have a birthday this month and your name is not here, then we do not have your birth month in our records. If you'd like to be included please call or email us the information.

Graham Aitken, Col USAF (Ret)
Robert Akam, COL USA (Ret)
Richard Ames, Lt Col, USAF (Ret)
David Anderson, Col USAF (Ret)
Robert Ashley, LTC USA (Ret)
George Baehr, Maj USAF (Ret)
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The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all. MOAA-AC Operations is a non-profit organization 501c 4. The Alamo Chapter Educational Foundation is a 501c 3.

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Transition Tips

(Continued from Page 8)

Even a conversation about traffic or weather or something as mundane as these may be enough to break the ice. If you are at an event, commenting about the venue or topic is a good start. Use your imagination to start the ice breaker. Then you are off. You are now making a connection with your conversant. The conversation will then continue from there.

It's now up to you as to the next steps. You may want to exchange contact information. You may want to set a next meeting. The choices are yours. However you choose, the connections, even those that seem without possibilities, may be gems. Your cordiality in these situations may pay off in the future. As the saying goes, don't burn any bridges.

Networking is an essential ingredient in the job-hunting process. Embrace it. The rewards in new friends and contacts are immeasurable. Best wishes.

Kitty

Kathryn "Kitty" Meyers Lt Col USAF (Ret)
SPHR, SHRM-SCP
Chapter Transition Liaison Officer

Check out previously published Transition Tips at www.alamomoaa.org under the Transition Services tab.



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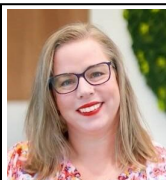
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THE LARIAT

National Award Winning Newsletter

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Thursday, April 13

Chapter Luncheon

Dr Jill Palmer

Endeavors Veteran Wellness Center

Ft Sam Golf Club

1050 Harry Wurzbach, San Antonio TX 78209

Meet & Greet begins 11am - Lunch served 11:30am

Menu

Soup, French Dip sandwiches with Smoked Provolone & Garlic aioli,
Spring Mix Salad Bar, with Chocolate Eclairs for Dessert. Coffee, Water
& Iced Tea.

Wine station (pay as you pour)

Cost per person: Pay In Advance \$24; Pay At the Door \$28
Enclosed: \$ _____

RSVP by 4pm Wednesday 5 April

Reservations not cancelled by then will be forfeited/billed

Non member Officers & guests are welcome with paid reservations

Name _____

Guest(s): _____

Call (210) 228-9955 to make/pay your reservation or send check made
payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234
Or contact us by email moaa-ac@sbcglobal.net to hold a reservation or
reserve and pay on-line at **www.alamomoaa.org**



Thursday, May 18

Chapter Luncheon

Anne Krause

President & Executive

Director HemisFair Conservancy

Army Residence Community

Lakeside Water's Edge - Heroes Room (2nd Floor)

7400 Crestway, San Antonio TX 78239

Meet & Greet begins 11am - Lunch served 11:30am

Menu

Delicious "Bruce Lee Bowl" - Chinese salad with wontons, Chicken Lo
Mein, Stir Fry vegetables, Egg roll with sweet chili sauce. Dessert is
Lemon Cream Pie. Coffee, Water & Iced Tea.

Cost per person: Pay In Advance \$18; Pay At the Door \$22
Enclosed: \$ _____

(ARC Residents will be charged to their meal plan and must RSVP)

RSVP by 4pm Wednesday 10 May

Reservations not cancelled by then will be forfeited/billed

Non member Officers & guests are welcome with paid reservations

Name _____

Guest(s): _____

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