

MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



THE



LARIAT

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“Five Star ★★★★★ Chapter”

June 2020



President's Message

Hello. I have heard many words describe our current situation – bizarre, surreal, extraordinary, ... I could go on and on. One thing for sure is that what we knew about the future has changed forever. Many of the virtual ways of connecting that we now use will be come part of our new norm. Many of us are of the age and/or have health conditions that will dictate where and when we interact in the “outside” community. I know they will impact my decisions.

We are using this period of “staying home” in many ways. As I write this note, I’m consoling the cat as she deals with the banging as a new roof is installed. I’ve lost track on the number of books read. My garden looks fantastic, even if I say so myself. Yes, the rain does help, and I don’t have control over that. I’ll still take credit. I have sewed countless masks for friends. The list goes on.

We, at Alamo MOAA, have cancelled our Spring events unfortunately. The venues have yet to reopen to support the activities. Our May staff meeting did occur as a virtual meeting. We are working to adjust. Each of the staff members continues to work on their initiatives as best as they can to promote MOAA.

Pete Hunt wrapped up the scholarship program ensuring that the awards and checks were mailed to the JROTC and ROTC detachment commanders for distribution. I had the opportunity to attend the UT Austin AFROTC awards ceremony virtually.

David Patrick attended the virtual planning meeting for this Fall’s Red, White and You Hiring Fair. We are already underway in the planning for the Veteran’s Resource Center that we organize for the Fair. I’m also attending the weekly JBSA Alliance, coordinating and collaborating with the tran-

sition community. I had the opportunity participate in two virtual events with the US Chamber’s Hiring Our Heroes Military Spouse Network AMPLIFY and present on resume writing. I’m scheduled to repeat in June.

I hope that each of you have also weathered this self-quarantine period. The City and County are beginning to open. This is a very studied process to ensure the progress of controlling the pandemic does not disappear as we get out into the community. Each of us will choose to connect as is appropriate to our individual circumstances and preferences. Please continue to follow the guidelines of the civic officials. It’s a community effort. Best wishes for continued safety.

Kitty

Kathryn “Kitty” Meyers
LtCol USAF (Ret)
SPHR, SHRM-SCP

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Unfortunately, the Cruising Into The Summer Celebration Dinner Dance scheduled for Thursday June 25, 2020 at the Petroleum Club has been cancelled because of the COVID-19 social distancing requirements.

MOAA Alamo Chapter? Who Are We?

MOAA is a non profit veterans' association dedicated to maintaining a strong national defense and ensuring our nation keeps its commitments to currently serving, retired, and former members of the uniformed services and their families and survivors.

The Alamo Chapter is one of the more than 400 local organizations affiliated with national MOAA.

We support the national organization through membership recruitment, veterans transition initiatives and legislative support.

We are active in our community doing transition activities for JBSA and the military/veteran community; state legislative support via Texas Coalition of Veterans Organizations (TCVO) and the Texas Council of Chapters (TCC).

We meet socially typically each month on the fourth Thursday, and hold monthly business meeting on the first Thursday at 10am at the chapter office on Ft Sam to move and shape the chapter.

Come join us!

(Currently our programs have been put on hold and business meetings are conducted via Zoom—contact us for details). Leave a message at 210-228-9955 or email us at moaa-ac@sbcglobal.net.

The Retired Military Spouses Club is taking the summer off!

The next scheduled luncheon and speaker will be in September.



Thank You!

to each of our members listed below who have donated a little (or a lot!) to the Educational Foundation, and/or Chapter Operations

We really appreciate it—and every dollar helps!

CAPT Ron Carr USN (Ret)

Betty Cruzen

LTC Machielle DenmonWood USA (Ret)

LTC Jerry Gonzales USA (Ret)

Maj Chris Johnson USAF (Ret)

Col Upendrakumar Kharod USAF (Ret)

LtCol Scott McCabe USAF (Ret)

Col Fred Ryder USAF (Ret)

Col Elizabeth Schuchs-Gopaul USAF (Ret)

MAJ Scott Tighe USAR

1Lt Rebekah Emery Williams USA Frmr



TAPS

We have received information that the following members have passed away.

We wish to convey our sincere condolences and best wishes to their family and loved ones:

Col Rex Tallent USAF (Ret)
11/27/2019

2020 Census Data

As of May 26th Texas ranks 40th in the nation with 54.9% of households responding. Bexar County ranks 20th with 58.8%.

Do your part—send in your census!

Fill out your 2020 Census online today.



Respond online at

2020CENSUS.GOV

Shape
your future
START HERE >

United States
**Census
2020**

Health, Benefits & Welfare

Military Spouse Website:

The Defense Department's new Mil-Spouse Money Mission website for military spouses

(www.milspousemoneymission.org) answers a lot of financial questions unique to the military life, as well as providing basic information geared to help families get out of debt, and to help them get their finances in order — and keep them that way.

It includes timely information on how to protect your finances during this COVID19 pandemic, and resources for those in the military community in financial need, whether it's because of the pandemic, or other needs. Created by the DoD Office of Financial Readiness, the website offers sections of 11 information on topics starting with Money Ready 101 through Money Ready 401, with explanations, videos, articles and blogs, financial calculators and quizzes.

Whether you're a newbie at balancing a checkbook or a dedicated saver, you should find something in this resource that could help strengthen your finances. Take a quick look around the site to get an idea of what's there, and you can come back when you need some reliable information about a certain topic — for example what to consider when you're thinking about making a big purchase. You can take it a step at a time, at your own pace, with opportunities to delve deeper into subjects. There's information on how to calculate your debt-to-income ratio, and steps to consider when you're deciding whether to borrow money, including calculating how much the loan will cost you over the life of the loan.

Military OneSource has long offered resources on a variety of financial topics pertinent to military life, but this expands on the resources and provides one more separate resource for military spouses. MilSpouse Money Mission

also offers a social media community of support and motivation, on Facebook, Instagram, Twitter, YouTube and Pinterest.

DoD officials have recognized that spouses are often the chief financial officer of the family, taking the reins of finances in the family to provide continuity because service members are gone so much of the time. And if spouses aren't involved in the family finances, they should be — and not just when the service member is deployed.

Source: Military Times

COVID-19 Coach App:

The COVID Coach app was created for everyone, including veterans and service members, to support self-care and overall mental health during the COVID-19 pandemic. Features include education about coping during the pandemic, tools for self-care and to improve emotional well-being, trackers to check your mood and measure your growth toward personal goals, and graphs to visualize progress over time. COVID Coach can be used as a stand-alone tool or as a supplement to professional mental health care. You can mark your favorite coping tools and track your mental health over time. Set reminders to visit the app each day and work toward your goals. The app can also help you create your own personal support network. NOTE: COVID Coach is not intended to replace needed professional care related to COVID-19 or mental health conditions, such as PTSD.

To download go to https://www.ptsd.va.gov/appvid/mobile/COVID_coach_app.asp.

Source: VFW Action Corps Weekly

MOAA Alamo Chapter

Vision:

To be the primary advocate for the military community

Mission:

Provide information, support and social engagement to members;

Offer programs and services for the common good of the military community;

Support MOAA at the national, state and local levels with a powerful voice.

Visit www.alamomoaa.org for more info

NEVER STOP SERVING!



WE NEED YOU TO VOLUNTEER

for positions on your
Chapter Leadership Team

(Member spouses also welcome!)

Current Needs:

- 1) Secretary (No minute-taking required)
- 2) Surviving Spouse Coordinator
- 3) Membership Cmte Members
- 4) Advertising Cmte Members
- 5) Community Outreach Members
- 6) Historian
- 7) Editor

Membership Memos

THANK YOU Renewing Members:

COL John Alvarez USA (Ret)
 COL Scott Bleichwehl USA (Ret)
 CAPT Ron Carr USN (Ret)
 CAPT Jim Letexier USN (Ret)
 Col Sherrell Russell USAF (Ret)
 Col Fred Ryder USAF (Ret)
 Col Elizabeth Schuchs-Gopaul USAF (Ret)
 Col Kim Toney USAF (Ret)
 COL Lisa Toven USA
 CAPT Jerry Wiens USN (Ret)
 LTC Sean Blaydon USA (Frmr)
 LTC Michael Eason USA (Ret)
 LTC Jerry Gonzales USA (Ret)
 LtCol Elizabeth Johnston USAF (Ret)
 LTC Paul Masters USA
 LtCol Scott McCabe USAF (Ret)
 CDR Robert Pereboom USN (Ret)
 LTC Kerry Reyna USA (Ret)
 LtCol John Ward USAF (Ret)
 Maj Chris Johnson USAF (Ret)
 1Lt Rebekah Emery Williams USA Frmr
 Betty Cruzen
 Mary Gossage
 Venice Grantham

30-second “Elevator Pitch” To Promote Membership

Membership in an association such as ours is achieved by the majority when a friend/acquaintance is also a member.

We need your help to encourage your friends, neighbors, business associates etc to come join us! Participating in the social events is not mandataory (albeit fun!) but we do need their support and voice when it comes to advocacy at the city, county and state level.

Here’s an approach you could take when introducing MOAA Alamo Chapter to someone:

Open the conversation with something like:

I am with The Military Officers Association of America (MOAA) and the Alamo Chapter. Are you a member? If no :

- We are a volunteer nonprofit organization for commissioned officers (and surviving spouses) that has approximately 1100 members and is over 50 year old – located at Ft. Sam.
 - We advocate and lobby for the entire military community – all ranks -- to influence legislators in Washington and in Austin to sustain yours & my earned entitlements, i.e. pay raises, medical benefits, commissary privileges, education benefits, etc.
 - We make ourselves heard through the strength of our membership numbers. This is why it is important for all eligible officers to belong.
- In addition, we run the chapter operations and promote camaraderie through our monthly social events.
- Here is an application providing membership in both MOAA and the Alamo Chapter. (See Page 12)

- You owe it to yourself (and family) to support the organization that supports you and I ask that you please join. Thanks.

If you get push back consider saying:

- It is a no hassle membership – no sales calls, no sales emails and no pressure to be actively involved.
- We are just looking to you to help strengthen our numbers.
- You will receive legislative updates, the national MOAA *Military Officers* magazine, and our chapter newsletter *The Lariat* by email to keep you informed.
- Again, you owe it to yourself (and family) to be part of an organization that protects your rights, entitlements and benefits.

Have them sign up online at alamomoaa.org, or email us at moaa-ac@sbeglobal.net or call the office at 210.228.9955.

Current Membership Stats

Active Duty 237
 Surviving Spouse 163
 Former Military 24
Retired 659
Total 1083

Remote Work Opportunities for Vets & Spouses

Remote work from home opportunities are exceptionally useful during tough economic times. It offers the type of flexibility that is required of military spouses since there's no way of ever knowing where the next duty station will be. Remote work also offers veterans the chance to explore new career choices while staying rooted in their forever home. Now more than ever, the internet can help connect spouses and veterans with exciting careers that used to be unavailable. More companies than ever before are exploring remote work choices – making now the ideal time to pursue a telework career.

For some military spouses and veterans, sourcing the opportunities can be difficult. Before you start your search, it might be helpful to narrow down the type of work you want to do. It's true that a job is a job, especially in uncertain times, but finding something that's suited to your tastes, interests, and experience can often mean the difference between just getting a paycheck and finding a role that excites you. If you're not sure what kind of work you want to do, or if you're like most military spouses and veterans you likely have a diverse resume full of experience that stretches across several industries. If that sounds like you, consider starting your employment search with an employment placement agency or military-friendly employer.

Remote Work in National Corporations:

It used to be that self-identifying as a military spouse was an instant mark against a potential job applicant. Companies are now recognizing the myriad of strengths and unique skill sets that military spouses bring to organizations – namely the ability to

course-correct mid-stream and to successfully manage several projects at once. Large corporations like Amazon and American Express all have veteran and spousal preference programs in place to help offset the challenges that come with the military lifestyle. Because their businesses are not located in physical buildings many of these opportunities are remote. Many companies are actively looking for military spouse and veteran employees to fill in-person and remote roles: **AT&T:** In 2018, almost ten percent of AT&T's hires were veterans and military spouses. The company also actively contributes to NPower, a program that connects veterans with training opportunities and job placement. Learn more at AT&T.

Enterprise Rent-a-Car: Enterprise has a long history of supporting the military. Its founder, Jack Taylor, was a WWII Navy veteran. That's why you'll always find an Enterprise at every duty installation! Remote work opportunities include arranging car pick up and drop off along with other duties. Find out more here.

Hilton Hotels: In 2019, Hilton hired 30,000 veterans and military spouses to serve in remote roles. The hotel chain has one of the largest commitments to our military community. Their ongoing mission is to continue to staff their hotels with military-affiliated workers.

Instant Teams: Instant Teams (IT) builds and manages remote teams for companies across the country and around the world. Founded by military spouses, IT is the premier first stop on your employment search for several reasons. Because it's so military friendly, the staff at IT will work with you to find something that fits your current availability, expertise, and time zone. This is especially useful for anyone searching for virtual

remote positions OCONUS. It recognizes that you, as a military spouse or veteran, are highly educated and have skills that stretch far beyond what's shown on your professional resume.

Xerox: The company has a well-established Heroes At Home program that connects qualified military spouses and veterans with remote work.

Remote Work in Niche Markets:

Big corporations are great, but what if you don't want to be just another employee? Fortunately, the internet has provided several different career outlets that allow you to work with people directly.

Teaching English Online: One of the more popular work from home opportunities is teaching English to international students. VIPKID is one of the fastest-growing English-as-a-second-language schools, and many military-affiliated teachers are currently employed with them. You can earn up to \$22 an hour teaching online with VIPKID. There are some requirements, including: o Bachelor's degree from a US or Canadian University o Experience with children such as: teaching, mentoring, coaching, tutoring, babysitting, etc. o High-speed internet, computer & webcam/microphone You can learn more at the VIPKid website.

Proofreading and Editing Services: Do you have a passion for the written word? Do spelling and grammar errors make you cringe? Then you may have what it takes to earn money by offering proofreading and editing services. There is an ever-growing demand for these services, and not only do they allow you to work from home, but they often pay well. The issue can be establishing a name for yourself and finding clients. You can do the latter on freelance services

(Continued on Page 15)

Humor Me!

Marriage 10 Commandments

1. Marriages are made in heaven. But then again, so is thunder and lightning.
2. If you want your wife to listen and pay strict attention to every word you say, talk in your sleep.
3. Marriage is grand -- and divorce is at least a 100 grand!
4. Married life is very frustrating. In the first year of marriage, the man speaks and the woman listens -- in the second year, the woman speaks and the man listens-- and in the third year, they both speak and the neighbors listen.
5. When a man opens the door of his car for his wife, you can be sure of one thing: Either the car is new or the wife is.
6. Marriage is when a man and woman become as one; the trouble starts when they try to decide which one.
7. Before marriage, a man will lie awake all night thinking about something you said. After marriage, he will fall asleep before you finish.
8. Every man wants a wife who is beautiful, understanding, economical, and a good cook. But the law allows only one wife.
9. Marriage and love are purely a matter of chemistry. That is why one treats the other like toxic waste.
10. A man is incomplete until he is married. After that, he is finished.

Words

1. The meaning of opaque is unclear.
2. I wasn't going to get a brain transplant but then I changed my mind.
3. Have you ever tried to eat a clock? It's very time consuming.

4. A man tried to assault me with milk, cream and butter. How dairy!
5. I'm reading a book about anti-gravity. I can't put it down.
6. If there was someone selling marijuana in our neighborhood, weed know about it.
7. It's a lengthy article about ancient Japanese sword fighters but I can Sumurais it for you.
8. It's not that the man couldn't juggle, he just didn't have the balls to do it.
9. So what if I don't know the meaning of the word 'apocalypse'? It's not the end of the world.
10. Police were called to the daycare center. A 3-year old was resisting a rest.
11. The other day I held the door open for a clown. I thought it was a nice jester.
12. Need an ark to save two of every animal? I Noah guy.
13. Alternative facts are aversion of the truth.
14. I used to have a fear of hurdles, but I got over it.
15. Atheism is a non-prophet organization.
16. Did you know they won't be making yardsticks any longer?
17. I used to be allergic to soap but I'm clean now.
18. The patron saint of poverty is St. Nickeless.
19. What did the man say when the bridge fell on him? The suspension is killing me.
20. Do you have weight loss mantras? Fat chants!
21. My tailor is happy to make a new pair of pants for me. Or sew it seams.
22. What is a thesaurus's favorite dessert? Synonym buns.
23. A relief map shows where the

restrooms are.

24. There was a big paddle sale at the boat store. It was quite an oar deal.

25. How do they figure out the price of hammers? Per pound.

Retirement Destination Guide

Retire to Phoenix, Arizona where...

1. You are willing to park 3 blocks away because you found shade.
2. You've experienced condensation on your bottom from the hot water in the toilet bowl.
3. You can drive for 4 hours in one direction and never leave town.
4. You have over 100 recipes for Mexican food.
5. You know that "dry heat" is comparable to what hits you in the face when you open your oven door.
6. The 4 seasons are: tolerable, hot, really hot, and ARE YOU KIDDING ME??!!

OR You can retire to California where...

1. You make over \$250,000 and you still can't afford to buy a house.
2. The fastest part of your commute is going down your driveway.
3. You know how to eat an artichoke.
4. You drive your rented Mercedes to your neighborhood block party.
5. When someone asks you how far something is, you tell them how long it will take to get there rather than how many miles away it is.
6. The 4 seasons are: Fire, Flood, Mud, and Drought.

OR You can retire to New York City where...

1. You say "the city" and expect everyone to know you mean Manhattan.

(Continued on Page 14)



Medical Minute

Sprain - Heat or Cold?

Both heat and cold therapy can be equally effective depending on normal activity levels without pain and upon the kind of injury.

A trial in 2003 demonstrated that applying ice within 36 hours of an ankle injury allowed people to return to normal activity sooner than did applying heat. Another found that applying ice on the third to fifth day reduced swelling. Heat with contrasting baths of hot and cold water, did very little.

Because ice reduces blood flow to the injured area, lessening swelling and pain, most practitioners recommend it for mild injuries. The R.I.C.E. protocol should be followed immediately after injury.

REST: Take a break after the injury. Try to keep weight off the until pain subsides.

ICE: Use ice about 20 minutes a day until you notice improvement. Don't use direct ice over the area.

COMPRESSION: Wear an elastic compression bandage snugly, but not too tight – over the ice and around the injured area.

ELEVATION: Keep the injured muscle or joint elevated higher than your heart, which helps increase blood flow until the swelling subsides.

Once swelling subsides, you can switch to heat. This can promote healing.

If this does not work. See your doctor. You could have a more serious injury.

Source: Univ Cal Berkeley, Health After 50. May 2020

Irene Collier (Ret)



Solitaires



Healing Hands

The Coronavirus Covid19 pandemic has dramatically reminded us of the importance of hand washing to stop the spread of germs.

Hand washing is one of the most effective ways to protect yourself and others from infectious diseases like COVID19. Sanitizing helps by killing and removing germs from surfaces such as doorknobs and handrails.

Unfortunately, frequent handwashing and use of sanitizer can dry out your skin and lead to redness itching flaking, cracking, and bleeding. Once your skin becomes irritated, further handwashing can irritate these symptoms.

Your skin is your body's largest organ, it performs many useful functions, including regulating body temperature, preventing dehydration, and serving as a barrier to harmful pathogens. Cuts and bruises reduce the skin's effectiveness as a barrier or harmful bacteria. Aging skin is even more susceptible to damage than younger skin. It loses fat and moisture causing the healing process to be slower than younger skin.

Here are some suggestions on how to protect yourself:

- Wash your hands with care using a mild soap while avoiding antibacterial soaps. Rub your hands together at least 20 seconds (remember singing

Happy Birthday?). Get between the fingers and around the nails. Use lukewarm water. Rinse well with running water. Pat dry rather than rub dry.

- Apply moisturizer frequently. Use a pea size amount while your hands are still damp. Moisture helps keep bacteria from entering the skin.
- Use gloves when performing chores. If you use waterproof gloves, consider wearing a thin pair of cotton gloves beneath heavier work gloves.
- Pay attention to products that can worsen symptoms. Cleaning products and juice from citrus fruit can harm damaged skin.
- Avoid scratching itchy skin. This increases redness and cracking.
- If skin conditions worsen and/or start to bleed, see your doctor.

The hands are probably the most used area of our body. While we are trying to heal them, we continue to aggravate the situation. They then heal slowly.

Products such as petroleum jelly are great moisturizers. Wearing white cotton gloves after the application of the jelly or other moisturizer at night before bedtime adds to that protection.

Source: University of California Berkeley Health After 50, June 2020

Irene Collier (Ret)

Now and Always We'll be There.



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The Military Officers Association of America

Alamo Chapter (MOAA-AC)

is conducting its

13th Annual Golf Tournament on October 16, 2020

at the River Crossing Golf Club in Spring Branch.



The tournament raises funds for . . .

The Warrior & Family Support Center on JBSA Ft Sam Houston which provides a neutral, home-like place for families and patients to gather after long and often painful days of treatment.

The Chapter's JROTC and ROTC Scholarships (Alamo Chapter Educational Foundation) which help towards the cost of college for promising local high school students as well as those ROTC students already in college. Scholarships are awarded to the children and grandchildren of all military (all ranks). Since its inception this tournament has raised over \$135,000 for its beneficiaries . . . and we'd love your help to raise even more!

If you have been a donor in the past, we are very grateful for such support and we need your help again this year. If you have not provided support in the past, please consider doing so.

Here are the ways you can help:

- ♦ Be a **sponsor** -- select one of the many options listed on the reverse.
- ♦ Be a **golfer** -- submit an entry form for yourself or a team using the registration form on the reverse.
- ♦ Be a **contributor** -- donate an entry fee of \$150 and give a Warrior an opportunity to play free of charge, or donate any dollar amount to help us defray expenses and allow us to give more to the cause.
- ♦ Be a **supporter** -- provide goodie bag items or coupons (preferably a minimum of 150, or a gift certificate(s) to be used as a tournament prize.
- ♦ Be a **volunteer** -- help during the planning phase as a committee member and/or during the tournament with registration, as a course assistant, contest judge, awards assistant, etc.

Your support of this fundraising event will be greatly appreciated. Please feel free to distribute this information to your family, friends, co-workers and fellow golfers who may desire to support this worthy cause. If you wish to contact us about a sponsorship, donations, prizes, or being a volunteer, please call Frank Rohrbough at (703) 868-8006 or contact our MOAA Office at (210) 228-9955 or by email at moaa-ac@sbcglobal.net.

Sign up or donate using the form on the next page or alternatively, go on line to our website and pay using your own credit card or PayPal account. Go to www.alamomoaa.org. Tax ID: 82-1635522 .

Thank you.

Frank Rohrbough

Frank Rohrbough

Co-Chair, Golf Committee

13th Annual MOAA-AC Golf Tournament

Military Officers Association of America - Alamo Chapter

Benefiting

JBSA Ft Sam Houston Warrior and Family Support Center & Alamo Chapter Educational Foundation

Friday, October 16, 2020

River Crossing Golf Club, 500 River Way, Spring Branch, Tx

\$150 per player (limit 120 players)

(\$10 early bird discount (\$140) if registered & paid by August 16th)

Womens & Mens Divisions!

Includes green fees, cart, goodie bag, lunch & dinner

REGISTRATION & LUNCH begin 11:00am - Shotgun Start 1pm



SPONSORSHIP OPPORTUNITIES

Title Sponsor \$10,000 (Blue Skies of Texas)

Tournament named in your honor, Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 8 players.

Platinum Sponsor \$5,000

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 8 players.

Gold Sponsor \$2,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 4 players.

Silver Sponsor \$1,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 2 players.

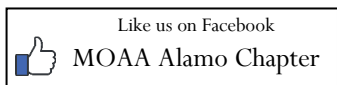
Hole In One Sponsor \$1,000

Hospitality Cart Sponsor

\$750

Hole Sponsor \$325

Warrior Player Sponsor \$150



CONTACT INFORMATION

Tournament Co Chairs: Frank & Stephen Rohrbough

Frank: 703-868-8006 Stephen: 210-262-7026

MOAA Office: 210-228-9955 Email: moaa-ac@sbcglobal.net

(Use for 4 person teams or individual players)

Player 1 Name: _____

Shirt Size: _____

Email: _____

Player 2 Name: _____

Shirt Size: _____

Email: _____

Player 3 Name: _____

Shirt Size: _____

Email: _____

Player 4 Name: _____

Shirt Size: _____

Email: _____

Participation implies agreement to use photos in any PR materials

Super Ticket \$50 per person: Includes 2 Mulligans, 2 Beverages, Raffle Drawings, Scratch Off Game, Closest to Pin Contest, Putting Contest, Hole in One Contest, Drawing for Shoot out for \$100,000 - 50/50 split.

Company Name: _____

Credit Card #: _____

Exp Date: _____ **Billing Zip Code:** _____

CVV: _____ **Tel:** _____

Golf Fee Amt: \$_____ **Donation Amt:** \$_____ **SuperTicket Amt:** \$_____

Sponsorship Amt: \$_____ **Total Amount:** \$_____

MOAA-AC is a private organization. It is not part of the Department of Defense or any of its components and it has no governmental status.

Make checks payable to: MOAA-AC and mail to: P.O. Box 340497, Ft. Sam Houston, TX 78234. If you prefer, you may also register and/or donate by credit card on our website: www.alamomoaa.org. Call Trish at 210-228-9955 for questions on tournament registration, or to pay/donate by phone with your credit card (Tues-Thurs 1-4pm).

OUR CORPORATE PARTNERS

Please support those that support us!

When you use their services let them know you heard about their company/organization from the MOAA Alamo Chapter

Abby Consulting <i>Website Design</i> http://www.abbyconsulting.com/ 210-490-6513	Army Residence Community <i>Retirement Living</i> https://armyresidence.com/ 210-646-5300
Beldon Roofing Company <i>Trusted Since 1946</i> https://www.beldon.com/ 833-5-BELDON	Blue Skies of Texas <i>Retirement Community In the tradition of Air Force Village</i> https://www.blueskiesoftexas.org/
Caring Transitions <i>Senior Relocation, Downsizing & Estate Sales</i> http://www.caringtransitionssan.com/ 210-714-0855	CTWP Digital Solutions <i>Printers, Copiers, Fax Machines & Office Equipment.</i> https://www.ctwp.com/ 210-590-2897
Generations Team <i>Senior Moving & Transition Services</i> https://generationsteam.com/ 210-378-1106	M. D. Ellis Refrigeration LLC <i>Heating & Air Conditioning</i> https://www.facebook.com/M-D-Ellis-Refrigeration-LLC-589273391215105/ 210-265-1978
Medical Services International <i>Providing Healthcare Consulting Services</i> 210-497-0263	Paul B. Owens <i>Attorney-At-Law</i> https://www.paulowenslaw.com/ 210-695-5110
Randolph-Brooks Federal Credit Union <i>Full-service Financial Cooperative</i> https://www.rbfcu.org/ 800-580-3300	Security Service Federal Credit Union <i>Full-service Financial Cooperative</i> https://www.ssfcu.org/ 888-415-7878
Transition Management Solutions, LLC <i>Non-profit Consulting</i> http://www.tms-texas.com/ 210-259-9867	USAA <i>Financial Services Company</i> https://www.usaa.com/ 800-531-8722

Corporate Partners:

Sponsors and Advertisers in The Lariat

Sponsors and advertisers are vital for the success of any nonprofit and our Chapter is no exception.

Their support provides us with the resources to fulfill our mission. We are working hard to build long-term relationships with several sponsors and businesses throughout the San Antonio area for both the Chapter operations and our Educational Foundation. The Foundation provides the support for the JROTC and ROTC scholarships distributed to deserving cadets annually.

We need your help to “pay it forward”. Please consider using these companies whenever possible. Let them know you saw their name in MOAA Alamo Chapter’s monthly newsletter, *The Lariat*, and make sure you thank them for their support. This lets them know their sponsorship is paying off advertising with MOAA Alamo Chapter. This will help ensure a long-term partnership with them and the Chapter.

Additionally, if you know of any business interested in sponsoring or advertising in the monthly *Lariat*, please let me know. We have different levels of sponsorship and different advertising options that can be tailored to each business.

A marketing package has been developed that describes the various plans. I would be happy to meet and help them develop options that will benefit their needs.

Lisa Skopal

Lisa Skopal
Advertising Coordinator

lskopal@ymail.com

Transitioning Tips

Defining Your Mission

No matter how many years you've been in the military, you have known your mission. You have followed a code that defines your essence. These were built upon the military culture that was with you 24 hours, 365 days each year of service. Congratulations on your successes. You have earned many things including our gratitude for your service.

Now you are approaching a crossroads. Some are further out while others are at the brink. Hopefully, you haven't stepped out into that brink without preparing for the new world that some of you haven't seen or experienced since high school or college. The military services, government agencies and all of the non-profit as well as for profits have collaborated to provide you with an overwhelming abundance of resources to help you prepare for the next chapter in your professional careers and personal lives.

The most significant question is how ready you are for this lifechanging transition. This question has as many facets as a cut diamond. I stepped into the civilian world after my time in the Air Force when the economy was tanked. However, I leveraged my experiences as a services officer, what y'all call today force support, into a job in food services. My career then developed from there. I had the opportunity and the skills to fit into a career that would always be in demand. Everyone needs to eat, right? How times have changed!

We are in an economic crisis that is unprecedented. Industries that have always been able to weather the dynamics of economic ups and downs are in turmoil. Prognosticators are sending mixed messages about the economic turnaround. You will hear a lot about what will happen and find that the realities are still unknown. Only time will tell.

One thing for sure is that there will be record unemployment. If you are

leaving military service in the next months as the businesses begin to reopen, you could be competing with many for possibly few jobs. The workplaces are also changing. Many businesses and employees have found that they can telecommute rather than work in the office. Workplaces are also redesigning the workplaces to accommodate the social distancing. Meetings are virtual rather than in person. Travel will be impacted. These are just a few things that are transforming as the economy re-energizes.

One of the initial questions on your "readiness" checklist should be your financial situation. You should plan on reserves to cover a longer than anticipated gap between DOS and the new job. Make sure that you have prepared your "toolbox" with the planning, skills, and education that you will need to market yourself in this competitive new world. Use the many resources to assist you in your transition.

(Continued on Page 13)

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☐ YES! Renew my Alamo Chapter Membership

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☐ Reserve ☐ National Guard

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WANTED!

Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas

dwpatrick01@gmail.com

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a **San Antonio Networker**, or if you are a **MOAA-AC member Job Seeker**, please contact

Kitty Meyers LtCol USAF (Ret)

Chapter Transition Liaison Officer at

kamconsulthr@gmail.com

Transitioning Tips

(Continued from Page 11)

If you can't answer the question on readiness, then think about postponing your separation or retirement. There is an interesting article in the May 20, 2020 edition of the San Antonio Express-News entitled "GIs now opting to stay in the military". This is a topic that has been discussed at the **JBSA Alliance** meetings as well as in **Centurion Military Alliance** transition sessions.

Our goal is to make y'all succeed in your transition. Part of the discussion that we have with you is your readiness. The decisions are up to you. Use the many resources available to you to make the right decision for you. Best wishes.

Kitty

Kathryn "Kitty" Meyers
LtCol USAF (Ret)

SPHR, SHRM-SCP

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Humor Me

(Continued from Page 6)

2. You can get into a four-hour argument about how to get from Columbus Circle to Battery Park, but can't find Wisconsin on a map.
3. You think Central Park is "nature."
4. You believe that being able to swear at people in their own language makes you multi-lingual.
5. You've worn out a car horn.
6. You think eye contact is an act of aggression.

OR You can retire to Minnesota where...

1. You only have four spices: salt, pepper, ketchup, and Tabasco.
2. Halloween costumes fit over parkas.
3. You have more than one recipe for casserole.
4. Sexy lingerie is anything flannel with less than eight buttons.
5. The four seasons are: winter, still winter, almost winter, and construction.

OR You can retire to the Deep South where....

1. You can rent a movie and buy bait in the same store.
2. "Y'all" is singular and "all y'all" is plural.
3. "He needed killin'" is a valid defense.
4. Everyone has 2 first names: Billy Bob, Jimmy Bob, Mary Ellen, Betty Jean, Mary Beth, etc. etc.
5. Everything is either "in yonder," "over yonder" or "out yonder." It's important to know the difference, too.

OR You can retire to Colorado where....

1. You carry your \$3,000 mountain bike atop your \$500 car.
2. You tell your husband to pick up

Granola on his way home and so he stops at the day care center.

3. A pass does not involve a football or dating.
4. The top of your head is bald, but you still have a pony tail.

OR You can retire to the Midwest where...

1. You've never met any celebrities, but the mayor knows your name.
2. Your idea of a traffic jam is ten cars waiting to pass a tractor.
3. You have had to switch from "heat" to "A/C" on the same day.
4. You end sentences with a preposition: "Where's my coat at?"
5. When asked how your trip was to any exotic place, you say, "It was different!"

OR FINALLY you can retire to Florida where...

1. You eat dinner at 3:15 in the afternoon.
2. All purchases include a coupon of some kind -- even houses and cars.
3. Everyone can recommend an excellent dermatologist.
4. Road construction never ends anywhere in the state.
5. Cars in front of you often appear to be driven by headless people

Husbands & Wives 1

Avocados

"Could you please go shopping for me and buy one carton of milk and if they have avocados, get 6.

A short time later the husband comes back with 6 cartons of milk. The wife asks him, "Why did you buy 6 cartons of milk?"

He replied, "They had avocados."

If you're a woman, I'm sure you're going back to read it again! Men will get it the first time.

Husbands & Wives 2

Earth Corners

Today's Short Reading from the Bible...

From Genesis: "And God promised men that good and obedient wives would be found in all corners of the earth."

Then he made the earth round...and He laughed and laughed and laughed!

Tips & Tricks

Housework: Don't wear headphones while vacuuming. I've just finished the whole house without realizing the vacuum was not plugged in.

Front Door Sign: Please Note this house charges \$50 per minute to listen to sales pitches, religious messages, & fund raising stories. This charge is payable in advance. By knocking on this door or ringing the doorbell, you signal your agreement with the terms outlined above.



Notable Celebrations in June

June 6 D-Day

June 12 Women Veterans Day

June 14 Army Birthday

June 14 Flag Day

June 19 Emancipation Day

June 20 Summer Solstice

June 20 American Eagle Day

June 21 Father's Day

Remote Work

(Continued from Page 5)

such as Fiverr or Upwork. But if you are looking for a guiding hand, then it may be worth investing in a course to teach you the ropes. The Proofread Anywhere course can help you learn how to become an excellent proofreader and help you find your first clients. There is a webinar to help you decide if this is a good opportunity for you. There is also an upfront cost for the course, but it can be worth it if you have the interest and don't know where to start. If you are already experienced, then check out Fiverr or Upwork. Learn More at Proofread Anywhere.

Online Teaching & Tutoring:

Online tutoring/teaching is a growing industry as more and more schools explore new ways of reaching their students. This educational boom means there are always companies hiring teachers – if you have the experience and credentials they're looking for. The requirements vary depending on where you teach or tutor. Many of these organizations require a teaching certification or higher-level degree to teach elementary through college-level courses. However, many tutoring roles may have different requirements such as practical on the job experience. Check out Tutor.com, Kaplan University, or DOE-DEA job listings.

Travel Agent: If you're the type who loves to explore new cities, a dream job might be becoming a travel agent. American Express has several remote work opportunities for Travel and Lifestyle Service representatives. Joining the AmEx Talent Community gives you early access to any new job postings.

Transcription Services: Transcription services offer flexible working hours and the convenience of working from home. These roles often involve transcribing recorded mes-

sages from a variety of professions into written format. Check out Act 1 Group, Kaiser Permanente, or Robert Half for more details and to explore current openings. If that doesn't sound exciting enough, there are always employment vacancies for closed caption transcription services from companies like VITAC.

Customer Service and Virtual Assistant Positions: Virtual Customer Service Representative (CSR) roles give you the chance to work directly with the public, and unlike jobs that require higher education and lots of experience, being a CSR is generally pretty straightforward. Several well-known companies offer remote CRS jobs, including T-Mobile, Capital One, and Aetna. CSR roles are often a great way to get your foot in the door and might lead to a long-term career. Virtual Assistant roles often require that you be flexible, able to problem solve, and have strong organizational abilities – all skills that military spouses and veterans possess. Currently, Disney has current openings for Virtual Assistant (VA) jobs. As a VA, you'll be responsible for answering calls and providing guest services and resourcing guests with information.

Remote work positions are ideal for many of us in the military community. These Work From Home positions offer the flexibility we need, while appreciating that military spouses and veterans bring unique skills, experiences, and a commitment to excellence that isn't always seen with the civilian workforce. Make sure you thoroughly explore and vet companies that interest you to ensure it's the right fit and aligns with your current and future career goals.

Source: *The Military Wallet*



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