

# MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



# THE



# LARIAT

Volume 41, Number 7

“Five Star ★ ★ ★ ★ ★ Chapter”

July 2021



## President's Message

Summer is here and the pandemic is still a shadow. Things are beginning to open. We're attending the Fourth of July Ceremony at Ft. Sam Houston Cemetery on Sunday, July 4. Chapter member Col Pete Hunt is trudging the Alabama woods at USAF ROTC summer camp. Others are planning vacations and excursions as more folks are traveling.

The Chapter has had an eventful spring. The monthly Zoom events are well attended with kudos going to each of the speakers. The planning for the fall calendar is set with events at the Petroleum Club except for October. Col Dan Merry of MOAA will be the guest speaker at the October meeting at Blue Skies of Texas with a follow-on the next day at the Army Residence Community.

The Chapter's annual golf tournament is on for Friday, November 5 at the Quarry Golf Club. The beneficiaries of the event will be the ROTC and JROTC scholarships and the Warrior and Family Support Center. This year we were able to support 20 one-thousand-dollar scholarships, even without the golf tournament last year.

The Warrior and Family Support Center is facing a myriad of concerns. The facility is now under the management of the USO. A chat with Heather Krause, USO San Antonio executive director, revealed the extent of the damage caused by the pandemic and the February storm. The vacant facility was neglected since it was closed at the beginning of the pandemic. The fire alarm system pipes burst during the storm, flooding the facility, and causing major damage.

Please join us in helping make this event stupendous. If you can sponsor or can connect us with sponsors, let us know. If you're a golfer, sign up to play. The San Antonio Chamber is including this event on the Celebrate America's Military calendar this year. This is their annual ten-day recognition of the relationship between the City of San Antonio community and the military. Yeah, Military City USA!

Wishing y'all a happy summer. See you on Thursday, August 26 at the Petroleum Club.

*Kitty*

Kathryn "Kitty" Meyers  
LtCol USAF (Ret)  
SPHR, SHRM-SCP

## Wishing You All a Happy July Fourth!

### Inside This Edition:

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At Alfred Guerra's home the drywall is complete inside the house and texture added to the walls and ceilings. The siding across the back is almost complete. Waiting on more siding to be delivered.

Contact 210 629 0020 to donate \$\$ or offer services.

### Soldiers' Angels Update



# News & Notices



## Thank You

to each of our members listed below who have donated a little (or a lot!) to the Educational Foundation, and/or Chapter Operations  
 We really appreciate it—and every dollar helps!

COL Randy Bruett USA (Ret)  
 Col (Ch) Robert Certain USAF (Ret)  
 Lt Col Dale Johnson USAF (Ret)  
 Maj Gen Johann Kinsey TXSG  
 Doris Malmberg-Long  
 Lt Col Kitty Meyers USAF (Ret)  
 COL Karen Nauschuetz USA (Ret)  
 CPT Leonel Rodriguez USA (Fmr)  
 Gwendolyn Sampson  
 Lt Col Wade Taylor USAF (Ret)  
 COL John Tully USA (Ret)  
 LTC Edith Weidemann USA (Ret)  
 CAPT Jerry Wiens USN (Ret)  
 LTC Machielle Wood Denmon USA (Ret)

## Estate Planning & Decedent Affairs Checklist

In these uncertain times, one way to achieve some peace of mind is to have your personal affairs in order.

The MOAA Alamo Chapter is here to provide you with resources regarding estate planning and a decedent affairs checklist. These are general guidelines and recommendations. Your estate planning is better enhanced when you work with your attorney or legal support office.

Please either contact the office for a copy or go online to the Alamo chapter website and find a link to it under the Hot News section on the home page.

*Cora Bayle-Cox*

CAPT USN (Ret)

Assistant Personal Affairs Officer

## ORDER FORM - Alamo Chapter Merchandise

### Pebble Beach Performance Golf Shirt \$30

Circle order details below - Subject to availability

Mens Ladies S M L XL 2XL 3XL Royal Blue White Brindle

Free pick up from Chapter Office (appt & mask required) or add \$5.00 for shipping.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_

Provide Credit Card info below or mail in check made payable to MOAA-AC - to P.O. Box 340497, San Antonio, TX 78234, or call the office at (210) 228-9955 (Tues thru Thurs 1-4pm) to place order and pay by credit card over the phone.

Credit Card #: \_\_\_\_\_

Exp Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_ CVV: \_\_\_\_\_ Total \$ \_\_\_\_\_

## Would you like to help shape and move the chapter forward??

If so, please feel free to join us at our next regular monthly chapter business meeting on the first Thursday of each month at 10am.

Due to the pandemic, meetings are held via Zoom but normally they take place at the chapter office on JBSA Ft Sam Houston.

Contact the office by email for the zoom link.



Mens



Ladies



July 2021

Dear MOAA Alamo Chapter Member:

You continue to be a valued asset to our country, to our military community and to the MOAA organization. Thank you for your service and your membership in our award winning Chapter! We hope you find value in our monthly newsletter.

Our Chapter mission is to:

*Be a major source of information, support and social engagement for the membership  
Be a powerful voice supporting MOAA at the local, state and national levels; and  
Provide programs and services for the common good of our military community.*

Like any other volunteer based nonprofit organization it takes resources – people and operating capital -- to accomplish our mission and provide our approximately 1100 members the programs and services they deserve. We operate on a very lean annual operating budget of approximately \$41,000 and have the reputation for being fiscally responsible under tight cost controls. **Income from membership dues covers less than 30% of our operating expenses** so we must rely on non-dues revenue, i.e., advertising, corporate sponsorships and **individual donations** to help us keep our lights on and the doors open each year!

***So . . . I am asking you to please consider making a donation for our Chapter operations.*** Just complete and mail the form below or donate on our website at <http://www.alamomoaa.org/donate.cfm>. MOAA-AC Operations is a registered 501(c) 4 Non Profit Veterans Organization # 90-0591629. Check with your financial advisor regarding this tax free donation.

Again, thank you for your membership and your service to our country. Through your financial generosity, we look forward to being able to provide you “5-star” service and programs in the coming years.

Respectfully,

A handwritten signature in blue ink that reads "Kathryn A. Meyers".

Kathryn A. “Kitty” Meyers, LtCol USAF (Ret)  
President  
KAM/tm

----- " ----- Please Cut & Return ----- " -----  
Donation to Alamo Chapter Operations

Name: \_\_\_\_\_

Tel: \_\_\_\_\_

**To Pay by Credit Card:**

**To Pay By Check:** Make Payable to MOAA-AC

Card Number: \_\_\_\_\_

Amount: \$ \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Billing Zip code: \_\_\_\_\_

Amount: \$ \_\_\_\_\_

CVV Code: \_\_\_\_\_

Signature: \_\_\_\_\_

*Please mail to: MOAA-AC, P.O. Box 340497, Ft. Sam Houston, TX 78234*

# Membership Memos

## THANK YOU Renewing Members

Maj Gen Johann Kinsey TXSG  
 Col Robert Barnhardt USAF (Ret)  
 COL Randy Bruett USA (Ret)  
 Col (Ch) Robert Certain USAF (Ret)  
 Col Vernon Handel USAF (Ret)  
 COL Stanford Hickman USA (Ret)  
 COL Nickey McCasland USA (Ret)  
 CAPT Michael Monreal USN (Ret)  
 COL Thomas Rozanski USA (Ret)  
 COL John Tully USA (Ret)  
 CAPT Jerry Wiens USN (Ret)  
 LTC Sean Blaydon USA (Fmr)  
 Lt Col Jim Conner USAF (Ret)  
 Lt Col Dale Johnson USAF (Ret)  
 Lt Col Robin McKinley USAF (Ret)  
 LTC JeanneMarie McNamara USA (Ret)  
 Lt Col Kitty Meyers USAF (Ret)  
 LTC Kerry Reyna USA (Ret)  
 Lt Col Kristina Spindel USAFR  
 Lt Col Wade Taylor USAF (Ret)  
 LTC Edith Weidemann USA (Ret)  
 Lt Col Ralph Williams USAF (Ret)  
 Maj William Friedrich Jr USAF (Ret)  
 Maj Carroll Yeatts USAF (Ret)  
 Capt Cindy Burghardt USAF (Ret)  
 CPT John Miterko USA (Fmr)  
 CPT Leonel Rodriguez USA (Fmr)  
 1Lt Kenneth Vitucci USMC (Ret)  
 CW3 James Manzo USA (Ret)  
 Delores Atkins  
 Catherine Huston  
 Leticia Little  
 Doris Malmberg-Long

## 30-second “Elevator Pitch” To Promote Membership

Membership in an association such as ours is most enjoyable when a friend/acquaintance is also a member.

We need your help to encourage your friends, neighbors, business associates etc to come join us! Participating in the social events is not mandatory (albeit fun!) but we do need their support and voice when it comes to advocacy at the city, county and state level.

Here's an approach you could take when introducing MOAA Alamo Chapter to someone:

Open the conversation with something like:

I am with The Military Officers Association of America (MOAA) and the Alamo Chapter. Are you a member? If no :

- We are a volunteer nonprofit organization for commissioned officers (and surviving spouses) that has 1400+ members and is over 50 years old – located at Ft. Sam.
  - We advocate and lobby for the entire military community – all ranks -- to influence legislators in Washington and in Austin to sustain yours & my earned entitlements, i.e. pay raises, medical benefits, commissary privileges, education benefits, etc. We are strictly non partisan.
  - We make ourselves heard through the strength of our membership numbers. This is why it is important for all eligible officers to belong.
  - In addition, we run the chapter operations and promote camaraderie through our monthly social events.
  - There is an application providing membership in both MOAA and
- (Continued on Page 15)

## WELCOME New Members

Col Sheron Leonard USAF (Ret)  
 COL Jackson Moss USA (Ret)  
 COL Karen Nauschuetz USA (Ret)  
 LTC Fred Bucher USA (Ret)  
 LTC Jose Luis Chavez USA (Ret)  
 LTC James Cole USA  
 Lt Col Charles Gallagher USAF (Ret)  
 CDR Rodney Gardner USN (Ret)  
 Maj Frederic Firehammer USAF (Ret)  
 LCDR Charles Parr USN (Ret)  
 MAJ Mary Johnson USA  
 CPT Andrew Berman USA  
 Capt DeLuca Thurmond USAF  
 CW4 Darlene Pittman USAR

## MOAA-AC Membership Eligibility

Membership in the Alamo Chapter is open to active duty, former, retired, and National Guard and Reserves commissioned and warrant officers of the eight U.S. uniformed services and their surviving spouses.

## Membership Stats

Active Duty 272  
 Surviving Spouse 162  
 Former Military 68  
Retired 851  
**Total 1353**





# 13<sup>th</sup> Annual MOAA-AC Golf Tournament

Military Officers Association of America - Alamo Chapter

Benefiting



## JBSA Ft Sam Houston Warrior and Family Support Center & Alamo Chapter Educational Foundation

Friday, November 5, 2021

The Quarry Golf Course, 444 E. Basse Rd, San Antonio, Tx

**\$150 per player (limit 120 players)**

(\$10 early bird discount if registered & paid by September 5th)

Womens & Mens Divisions!

*Includes green fees, cart, goodie bag, lunch & Awards dinner*

**REGISTRATION & LUNCH begin 11:00am - Shotgun Start 1pm**



### SPONSORSHIP OPPORTUNITIES

#### Title Sponsor \$10,000

Tournament named in your honor, Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 8 players.

#### Platinum Sponsor \$5,000

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 6 players.

#### Gold Sponsor \$2,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 4 players.

#### Silver Sponsor \$1,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 2 players.

#### Hole In One Sponsor \$1,000

#### Hospitality Cart Sponsor \$750

#### Hole Sponsor \$325

#### Closest To The Pin \$325

#### Longest Drive \$325

#### Warrior Player Sponsor \$150

#### Monetary donation in any amount \$ \_\_\_\_\_

### CONTACT INFORMATION

Tournament Co Chairs: Frank & Stephen Rohrbough

Frank: 703-868-8006 Stephen: 210-262-7026

MOAA Office: 210-228-9955 Email: moaa-ac@sbcglobal.net

(For 4 person teams or individual players)

**Player 1 Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Player 2 Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Player 3 Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Player 4 Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

*Participation implies agreement to use photos in any PR materials*

**Super Ticket \$50 per person:** Includes 2 Mulligans, 2 Beverages, Raffle Drawings, Scratch Off Game, Closest to Pin Contest, Putting Contest, Hole in One Contest, Drawing for Shoot out for \$100,000 - 50/50 split.

#### Company/Sponsor Name:

**Email:** \_\_\_\_\_

**Tel:** \_\_\_\_\_

**Credit Card #:** \_\_\_\_\_

**Exp Date:** \_\_\_\_\_ **Billing Zip Code:** \_\_\_\_\_

**CVV:** \_\_\_\_\_ **Tel:** \_\_\_\_\_

**Golf Fee Amt:** \$ \_\_\_\_\_ **Donation Amt:** \$ \_\_\_\_\_ **SuperTicket Amt:** \$ \_\_\_\_\_

**Sponsorship Amt:** \$ \_\_\_\_\_ **Total Amount:** \_\_\_\_\_

*MOAA-AC is a private organization. It is not part of the Department of Defense or any of its components and it has no governmental status.*

**Make checks payable to: MOAA-AC and mail to: P.O. Box 340497, Ft. Sam Houston, TX 78234. If you prefer, you may also register and/or donate by credit card on our website: [www.alamomoaa.org](http://www.alamomoaa.org). Call Trish at 210-228-9955 for questions on tournament registration, or to pay/donate by phone with your credit card (Mon-Thurs 1-4pm).** (Rev 041521)



Alamo Chapter

# The Military Officers Association of America

Alamo Chapter (MOAA-AC)

is conducting its

**13th Annual Golf Tournament on November 5, 2021**

at the Quarry Golf Course in San Antonio.



The tournament raises funds for . . .

**The Warrior & Family Support Center on JBSA Ft Sam Houston** which provides a neutral, home-like place for families and patients to gather after long and often painful days of treatment.

**The Chapter's JROTC and ROTC Scholarships (Alamo Chapter Educational Foundation)** which help towards the cost of college for promising local high school students as well as those ROTC students already in college. Scholarships are awarded to the children and grandchildren of all military (all ranks). Since its inception this tournament has raised over \$135,000 for its beneficiaries . . . and we'd love your help to raise even more!

If you have been a donor in the past, we are very grateful for such support and we need your help again this year. If you have not provided support in the past, please consider doing so.

Here are the ways you can help:

- ♦ Be a **sponsor** -- select one of the many options listed on the reverse.
- ♦ Be a **golfer** -- submit an entry form for yourself or a team using the registration form on the reverse.
- ♦ Be a **contributor** -- donate an entry fee of \$150 and give a Warrior an opportunity to play free of charge, or donate any dollar amount to help us defray expenses and allow us to give more to the cause.
- ♦ Be a **supporter** -- provide goodie bag items (preferably a minimum of 150, or gift certificate(s) to be used as a tournament prize.
- ♦ Be a **volunteer** -- help during the planning phase as a committee member and/or during the tournament with registration, as a course assistant, contest judge, awards assistant, etc.

Your support of this fundraising event will be greatly appreciated. Please feel free to distribute this flyer to any of your family, friends, co-workers and fellow golfers who may desire to support this worthy cause. If you wish to contact us about a sponsorship, donations, prizes, or being a volunteer, please call Frank Rohrbough at (703) 868-8006 or call our MOAA Office at (210) 228-9955.

Sign up or donate using this form or alternatively, you can sign up and/or donate on line at our website and pay using your credit card. Go to [www.alamomoaa.org](http://www.alamomoaa.org). Tax ID: 82-1635522 .

Thank you.

*Frank Rohrbough*

Frank Rohrbough  
Co-Chair, Golf Committee



## Medical Minute

### Liquid Biopsies

If you have ever had a lump or abraded place that looks suspicious your doctor may have recommended a biopsy. One does not look forward to the diagnosis or what may follow a biopsy. It can cause bleeding or possible infection. But biopsies are a necessary part of a diagnosis.

Fortunately, science has come up with an alternative. They need to find out if cancer is present or if current treatment is effective. Researchers have been exploring cancer related treatment in your blood. This is known as a liquid biopsy.

Cancer cells shed fragments of DNA (ctDNA - known as circulating DNA) into your blood stream. Standard biopsies may not tell the whole story. Other tumors in the body or even areas of the same tumor can vary genetically. Using ctDNA as a diagnostic tool may provide a more comprehensive picture of the cancer and lead to a more effective treatment plan.

Tumors can change over time. It is easier to perform multiple blood draws to detect the amount of ctDNA present and could be used to measure how well a treatment is working.

A liquid biopsy is less invasive, less costly and less risky than conventional tissue biopsies, which are considered minor surgeries.

Currently, though, liquid biopsy is still only used in a few specialty hospitals.

Source: Mayo Clinic Health Letter, May 2021

*Irene Collier (Col, Ret)*



## Solitaires



### Age-Related Macular Degeneration

We have come a long way in our understanding and treatment of age-related macular degeneration (AMD), the leading cause of vision loss in people fifty and older in the United States. Affecting more than 10 million Americans, AMD is considered a hereditary disease but can also strike those with no family history. Being informed about AMD, its risk factors and treatment options are the first steps in combating this disease and preserving your vision.

AMD is a disease that affects the macula – the central part of the retina consisting of a layer of tissue in the back of the eye that changes light into electrical signals. These signals are sent to the brain which converts them into images. (You're using your macula right now as you read this newsletter, in fact!) The result of AMD is central vision loss. Peripheral vision, however, is not affected.

There are two types of AMD. The most common form is called dry macular degeneration or geographic atrophy. Approximately 80-85 percent of people with AMD have dry AMD. In this form of AMD, deposits of fat and protein called drusen slowly accumulate behind the retina causing it to thin and destroy the macula's light-sensitive photoreceptor cells. The progression towards vision loss is slow, and most people do not completely lose central vision.

The second kind of AMD is called wet, exudative, or neovascular AMD. Wet AMD is less common but more serious as it progresses quickly. In wet AMD, new abnormal blood vessels grow under and into the macula. The blood vessels leak fluid causing rapid photoreceptor cell damage and scarring. Wet AMD can rapidly lead to total central vision loss.

While there is no cure for AMD, treatments exist that can slow the progression of symptoms, however, AMD symptoms often return. Treatments

can include nutritional supplements (that include vitamins C and E, lutein, zinc, copper, zeaxanthin, and beta carotene), photodynamic therapy (PDT), and anti-vascular endothelial growth factor (anti-VEGF) to stop blood vessel development. Other treatments being considered are stem cell therapy, gene therapy, statin therapy, and a treatment to stimulate autophagy – a process by which cells clear away damaged material within them.

Ideally, we would take action to prevent the onset of a disease such as AMD, however, the biggest risk factors are out of our control. The risk factors include: family history of AMD, being fifty years old or older, being Caucasian, farsightedness, eating a diet of saturated fats, heart disease, high blood pressure, high cholesterol, being overweight, and smoking. So, while you can't change your genetic code or age, you can avoid or quit smoking, eat a healthy diet, and exercise to reduce some risk factors.

AMD is a perfect example of the importance of annual eye exams. It's rare for either form of AMD to cause symptoms in the early stages. By the time symptoms occur, the disease is usually in its intermediate or advanced stages when central vision can fail completely. For this reason, the best way to catch AMD in its early stage is through an annual eye exam. But do be on the lookout for the later stage symptoms that can include blurred vision, dark spots in the field of vision, and the appearance of waves or curves in straight lines.

So, don't wait another day. Ensure you are getting your vision examined at least once a year, eat healthy, take your vitamins and any prescribed high blood pressure and cholesterol medication, and don't smoke.

Sources: Harvard Heart Letter, May 2021  
Clevelandclinic.org

*Irene Collier (Col, Ret)*

# Veteran Related Bills Passed During the 87th Texas Legislature

## **Effective Immediately**

SB 675 Relating to special open season hunting of certain migratory game birds by veterans and members of the United States armed forces on active duty.

SB 780 Relating to the authority of a local government to enter into an intergovernmental support agreement with a branch of the armed forces of the United States.

SB 937 Relating to an excused absence from a public institution of higher education for a student called to required military service.

SB 1093 Relating to the administration of a veterans treatment court program.

## **Effective 9/1/21**

HB 33 Relating to measures to facilitate the award of postsecondary course credit leading to workforce credentialing based on military experience, education, and training.

HB 139 Relating to state occupational licensing of certain military veterans and military spouses.

HB 626 Relating to the expansion of the Texas Innovative Adult Career Education (ACE) Grant Program to include certain nonprofit organizations providing job training to veterans.

HB 911 Relating to the issuance of specially marked driver's licenses and personal identification certificates to veterans.

HB 912 Relating to the issuance of specialty license plates for recipients of the Borinqueneers Congressional Gold Medal.

HB 1062 Relating to the award of grants by the Texas Workforce Commission to facilitate the participation of certain veterans and military personnel in apprenticeship training programs.

HB 1081 Relating to the issuance of specialty license plates to honor recipients of the Presidential Service Badge.

HB 1147 Relating to military readiness for purposes of the college, career, or military readiness outcomes bonus under the Foundation School Program.

SB 337 Relating to the award of grants by the Texas Workforce Commission to facilitate the participation of certain veterans and military personnel in apprenticeship training programs.

SB 460 Relating to designating the 11th day of each month as Buddy Check Day.

SB 484 Relating to the right of a member of the state military forces to retain private legal counsel and file a civil action.

HB 1728 Relating to partnerships between the Texas Parks and Wildlife Department and nonprofit entities to promote hunting and fishing by certain veterans.

HB 1936 Relating to the issuance of specialty license plates to honor members of the United States Army Special Forces.

SB 791 Relating to the issuance of specialty license plates to United States Navy submariners.

SB 793 Relating to a ribbon for certain service members of the military who served in support of operations to secure this state's international border.

SB 818 Relating to unemployment compensation eligibility and chargebacks regarding certain persons separated from employment due to being called to military service.

SB 2365 Relating to the participation and reimbursement of certain military medical treatment facilities and affiliated health care providers under Medicaid.

(Continued on Page 13)



# MEET OUR CORPORATE PARTNERS

<p><b>Abby Consulting</b>  <i>Website Design</i>  <a href="http://www.abbyconsulting.com/">http://www.abbyconsulting.com/</a>  210-490-6513</p>	<p><b>Analytical Solutions For Data</b>  Marvin Dillard  <a href="mailto:marvin@asfdata.com">marvin@asfdata.com</a>  859-433-1486</p>	<p>Sponsors and advertisers are vital for the success of any nonprofit and our Chapter is no exception. <i>Please support those that support us!</i></p> <p>Their support provides us with the resources to fulfill our mission. We are working hard to build long-term relationships with several sponsors and businesses throughout the San Antonio area for both the Chapter operations and our Educational Foundation. The Foundation provides the support for the JROTC and ROTC scholarships distributed to deserving cadets annually.</p> <p>We need your help to “pay it forward”. Please consider using these companies whenever possible. <b>Let them know you saw their name in MOAA Alamo Chapter’s monthly newsletter, <i>The Lariat</i>,</b> and make sure you thank them for their support. This lets them know their sponsorship is paying off advertising with MOAA Alamo Chapter. This will help ensure a long-term partnership with them and the Chapter.</p> <p>Additionally, if you know of any business interested in sponsoring or advertising in the monthly <i>Lariat</i>, please let me know. We have different levels of sponsorship and different advertising options that can be tailored to each business.</p> <p>A marketing package has been developed that describes the various plans. I would be happy to meet and help them develop options that will benefit their needs.</p> <p style="text-align: right;"><i>Lisa Skopal</i>  Lisa Skopal  Advertising Coordinator</p> <p><i>For more information visit our website <a href="http://www.AlamoMoaa.org">www.AlamoMoaa.org</a> and look for the Media Kit under the About Us tab or email <a href="mailto:lskopal@ymail.com">Lisa Skopal</a></i></p> <p style="text-align: right;"><b><i>lskopal@ymail.com</i></b></p>
<p><b>Army Residence Community</b>  <i>Retirement Living</i>  <a href="https://armyresidence.com/">https://armyresidence.com/</a>  210-646-5300</p>	<p><b>Beldon Roofing Company</b>  <i>Trusted Since 1946</i>  <a href="https://www.beldon.com/">https://www.beldon.com/</a>  833-5-BELDON</p>	
<p><b>Blue Skies of Texas</b>  <i>Retirement Community</i>  <i>In the tradition of Air Force Village</i>  <a href="https://www.blueskiesoftexas.org/">https://www.blueskiesoftexas.org/</a>  866-553-5389</p>	<p><b>CTWP Digital Solutions</b>  <i>Printers, Copiers, Fax Machines &amp; Office Equipment</i>  <a href="https://www.ctwp.com/">https://www.ctwp.com/</a>  210-590-2897</p>	
<p><b>The Green Technology Group</b>  <i>IT Solutions Company</i>  <i>Leave “IT” to us!</i>  <a href="http://www.tgtgllc.com">http://www.tgtgllc.com</a>  202-285-4748</p>	<p><b>The Louver Shop of San Antonio</b>  <i>Shutters, Blinds &amp; Shades</i>  <a href="https://www.louvershop.com">https://www.louvershop.com</a>  830-370-8669</p>	
<p><b>M. D. Ellis Refrigeration LLC</b>  <i>Heating &amp; Air Conditioning</i>  <a href="https://www.facebook.com/M-D-Ellis-Refrigeration-LLC-589273391215105/">https://www.facebook.com/M-D-Ellis-Refrigeration-LLC-589273391215105/</a>  210-265-1978</p>	<p><b>Medical Services International</b>  <i>Providing Healthcare Consulting Services</i>  210-497-0263</p>	
<p><b>Security Service Federal Credit Union</b>  <i>Full-service Financial Cooperative</i>  <a href="https://www.ssfcu.org/">https://www.ssfcu.org/</a>  888-415-7878</p>	<p><b>Transition Management Solutions, LLC</b>  <i>Non-profit Consulting</i>  <i>David Patrick - Partner</i>  <a href="http://www.tms-texas.com/">http://www.tms-texas.com/</a>  210-259-9867</p>	
<p><b>USAA</b>  <i>Financial Services Company</i>  <a href="https://www.usaa.com/">https://www.usaa.com/</a>  800-531-8722</p>	<p style="text-align: center;"><b><i>Insert Your Business Here!</i></b></p>	

# Transitioning Tips

## Changing Workplace Diversity

The pandemic has not been the only cultural phenomenon to impact the workplace in the past year. The issue started bubbling up prior to George Floyd. As always there is usually an event that “strikes the match” to a cultural change. The pandemic discourse raised the issue of harassment of Asian Americans that widened to include various Pacific cultures. The recognition during Pride week focused on LGBTQ. The emphasis on companies for creating Diversity, Equity and Inclusion programs is increasing.

Those transitioning from the military and for military spouses is the fact that y’all have been in a culture that, even with its struggles, has a diverse workforce. I attended my first training in the USAF for cultural awareness occurred when I was a second lieutenant. We won’t say how long ago that was. However, there were continuous opportunities throughout my career. Each of you had these same learning opportunities along with the experiences of working in a diverse workplace. This was also enhanced by many of assignments overseas and exposed to the cultures of the host country.

This gives you an advantage as you now interview with potential employers to discuss the insights and lessons learned about these experiences. Focus on how your experiences enhance your abilities to relate to coworkers and customers. You say that you may not interact with customers? Remember that everyone has a customer. Some are external. Those from outside of the company whether they be paying customers, clients, contractors or even suppliers. Others are the internal customers, other employees.

So, you now see your advantage. Here’s your opportunity to shine in interviews describing your experiences. The workplace is evolving. Use this to your advantage.

*Kitty*

Kathryn “Kitty” Meyers  
LtCol USAF (Ret)  
SPHR, SHRM-SCP  
Chapter Transition Liaison Officer

## Alamo Chapter - Mission & Vision Statement

**Vision:** *To be the primary advocate for the military community*

**Mission:**

- *Provide information, support and social engagement to members;*
- *Offer programs and services for the common good of the military community;*
- *Support MOAA at the national, state and local levels with a powerful voice.*

Visit [www.alamomoaa.org](http://www.alamomoaa.org) for more info



## Soldiers' Angels Provides Monthly Food Assistance For San Antonio Veterans

Veterans in need of food support can register now to get approximately 75 lbs. of groceries, at no cost. Volunteers are always needed to package and hand out the food.

San Antonio veteran food assistance is provided monthly to veterans in need by Soldiers' Angels during the Veteran Mobile Food Distribution event. Veterans must register ahead of time to receive support.

To register for the upcoming San Antonio Veteran Food Assistance event, go to

[www.soldiersangels.org/San-Antonio](http://www.soldiersangels.org/San-Antonio)

This event occurs on the third Thursday of every month:

**The dates for future drives are as follows:**

**July 15, August 19, September 16, October 21, November 18, December 16.**

**Location:** Cowboys Dancehall, 3030 NE Interstate 410 Loop, San Antonio, TX 78218

To register for future events or inquire about sponsoring, email: Steven at [szuniga@soldiersangels.org](mailto:szuniga@soldiersangels.org)

*This food pantry event is a drive-through and will follow all local and CDC guidelines to provide the safest possible environment for veterans and volunteers. Veterans do not need to get out of the car. Masks are required at all times by everyone on site.*



## MOAA NATIONAL ENROLLMENT

☐ YES! Sign me up as a FREE BASIC MOAA Member

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse of Eligible Officer

☐ Graduation Year (Cadet/Midshipmen) \_\_\_\_\_

Email Address\*\* \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

*To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available.*

*We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit [www.moaa.org/email](http://www.moaa.org/email) for details.*

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

*Your spouse has access to all of your MOAA member benefits.*

\*\*Email address required for BASIC Membership



### Method of Payment

☐ Check (please make payable to MOAA Alamo Chapter) ☐ Credit Card Charge my card \$ \_\_\_\_\_

Card number \_\_\_\_\_

Expiration date \_\_\_\_\_ CVV \_\_\_\_\_ Signature \_\_\_\_\_

Zip code where Billing Statement is mailed: \_\_\_\_\_

## MOAA LOCAL ALAMO CHAPTER ENROLLMENT

☐ YES! Sign me up as a new Alamo Chapter Member

☐ YES! Renew my Alamo Chapter Membership

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse/Surviving Spouse of Eligible Officer

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_  
(Email address required for Electronic Membership)

***To ensure deliverability of Chapter communications, please provide a personal email without a ".mil" domain, if available.***

Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

Spouse Email Address \_\_\_\_\_

☐ I would you like to help the Chapter as a Volunteer

**One-Year Membership \$25**  
*(Monthly newsletter "The Lariat" sent by email)*

**Send to:** MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or email to [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net); or signup **online** at [www.alamomoaa.org](http://www.alamomoaa.org).

# WANTED!

## Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas  
[dwpatrick01@gmail.com](mailto:dwpatrick01@gmail.com)

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a **San Antonio Networker**, or if you are a **MOAA-AC member Job Seeker**, please contact

**Kitty Meyers LtCol USAF (Ret)**  
Chapter Transition Liaison Officer at  
[kamconsulthr@gmail.com](mailto:kamconsulthr@gmail.com)



**NEVER STOP  
SERVING!**

**WE NEED  
YOU**

### TO VOLUNTEER

for positions on your Chapter Leadership Team  
(Member spouses also welcome!)

#### Current Needs:

- 1) Secretary (No minute-taking required)
- 2) Surviving Spouse Coordinator
- 3) Membership Cmte Members
- 4) Community Outreach Members
- 5) Historian
- 6) Treasurer

*Position Descriptions can be found on  
the chapter website under the re-  
sources tab.*

[www.alamomoaa.org](http://www.alamomoaa.org)



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7400 Crestway | San Antonio, Texas 78239 [armyresidence.com](http://armyresidence.com)

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**87th Legislature**

(Continued from Page 8)

HB 2431 Relating to the designation of a portion of State Highway 173 in Bandera County as the Master Sergeant Rodney Lee Buentello Memorial Highway.

SB 886 Relating to the provision of citizenship assistance to veterans by the Texas Veterans Commission.

HB 2678 Relating to the designation of the portion of State Highway 3 in Dickinson as the Sergeant Andrew James Creighton Memorial Highway.

HB 3067 Relating to the designation of State Highway 195 as a portion of the national Purple Heart Trail.

HB 3401 Relating to the issuance of specialty license plates to honor members of the United States Navy SEALs.

SB 1185 Relating to the designation of a portion of State Highway 3 in Harris County as the Vanessa Guillen Memorial Highway.

HB 3399 Relating to the authority of the Texas Department of Transportation to provide road services on federal military property.

HB 3629 Relating to the date a deferral or abatement of the collection of ad valorem taxes on the residence homestead of an elderly or disabled person or disabled veteran expires.

SB 1208 Relating to the designation of a portion of State Highway 276 in Hunt and Rains Counties as the Staff Sergeant Shawn Henry McNabb Memorial Bridge.

SB 1441 Relating to withdrawals of water from the Edwards Aquifer to supply a military installation.

HB 3821 Relating to employing and training mental health professionals for the mental health program for veterans.

HB 3932 Relating to the establishment of the State Advisory Council on Educational Opportunity for Military Children.

SB 1704 Relating to the designation of the portion of United States Highway 54 in El Paso County as the Korean War Veterans Memorial Highway.

HB 4124 Relating to enrollment in certain special-purpose school districts and the Texas reserve militia.

**Effective 1/1/22**

SB 794 Relating to eligibility for the exemption from ad valorem taxation of the residence homestead of a totally disabled veteran.

**Effective 1/1/22 except Section 7 which takes effect 9/1/21**

SB 792 Relating to specialty license plates and parking placards for vehicles of certain disabled veterans.

**Effective 1/1/22 except Sections 1 & 2 Only if SJR 35 is approved by Voters**

SB 611 Relating to an exemption from ad valorem taxation of the residence homestead of the surviving spouse of a member of the armed services of the United States who is killed or fatally injured in the line of duty.

**Effective 1/1/22 except Sections 3, 7 and 9 which take effect 1/1/26**

SB 938 Relating to an exemption from the franchise tax and certain filing fees for certain businesses owned by veterans during an initial period of operation in the state.

Health Benefits & Welfare	Military Humor
<p><b>Military Retiree ID Cards</b> DoD announced the further extension of certain expired retiree and dependent identification cards in a June 7 news release. The previous extension was scheduled to end June 30. Now, all ID cards with expiration dates between Jan. 1, 2020, and July 31, 2021, will be extended as described below:</p> <ul style="list-style-type: none"> <li>□ Through Aug. 31, 2021, for all Foreign Affiliates and their dependents.</li> <li>□ Through Oct. 31, 2021, for active duty dependents, as well as Reserve and Guard servicemembers and their dependents.</li> <li>□ Through Jan. 31, 2022, for retirees, their dependents, and all other Uniformed Services ID (USID) beneficiaries.</li> </ul> <p>ID cards that expired prior to Jan. 1, 2020, or will expire after July 31, 2021, must follow regular ID card replacement protocols.</p> <p>Need more information? Visit the DoD webpage for full details on sponsorship, eligibility, issuance, and other ID guidance.</p> <p><i>Source: RAO Bulletin</i></p> <p style="text-align: center;">*****</p> <p><b>Starbucks Helps Your Garden?</b> In an effort to recycle more and reduce waste, Starbucks started a program in 1995 called Grounds for Your Garden. Baristas scoop used coffee grounds into empty bags from their espresso beans. Bags of grounds are available for free at many Starbucks locations to use for your compost bin or garden.</p> <p style="text-align: center;">*****</p> <p><b>Transportation Assistance</b> Need a ride for grocery shopping? Medical Appointments? Prescription pick-ups? Job interviews? School? Any military member of any age, any branch, their spouses, surviving spouses or dependents are eligible, with priority given to the disabled. Sponsored by Alamo Area Council of Governments, Texas Veterans Commission and Texas Veterans Network. Call 888-724-8387 or visit <a href="http://www.txveteransnetwork.com">www.txveteransnetwork.com</a> for more information.</p> <p style="text-align: center;">*****</p> <p><b>National Cemetery Restrictions Lifted</b> Veterans Affairs officials are lifting all restrictions on visitors to veterans cemeteries across the country provided that they have been vaccinated against coronavirus. That means no masks, no social distancing and no limits on group size at any of the 155 national cemeteries, starting 26 May. Individuals who are not fully vaccinated are expected to continue wearing masks and avoiding crowds, in keeping with guidance from the Centers for Disease Control and Prevention.</p> <p><i>Source: Military Times</i></p> <p style="text-align: center;">*****</p> <p><b>Dogs Detecting COVID-19</b> A yellow Labrador retriever named Buffy greets visitors at Doctors Hospital of Sarasota (Fla.) three days a week. With their permission, she sniffs their feet. If she lays down, she isn't just giving guests a warm welcome — she has possibly detected COVID-19 infection. About a year ago, Southeastern Guide Dogs CEO Titus Herman reached out to the hospital's CEO, Robert Meade, to study whether dogs can detect COVID-19 by smell, Monica Yadav, director of communications and community engagement for the hospital, told Becker's. The training facility was originally training dogs to use scent to detect stress hormones in military veterans who suffered from night terrors or panic attack.</p> <p><i>Source: Beckers Hospital Review</i></p> <p style="text-align: center;">*****</p>	<ol style="list-style-type: none"> <li>1. What grades do you need to join the Navy? Seven Cs</li> <li>2. What do you call an American Naval ship hijacked by pirates? USS-Arrrr!</li> <li>3. I've never understood the Navy's color being Navy blue. I thought they were the aqua-marines.</li> <li>4. A kid fresh from high school wants to join the Navy. "Can you swim?" asks the recruiter. "Why? Don't y'all have boats?"</li> <li>5. Air Force Pilot to a Seaman: "You're telling me that you're in the Navy but can't swim?" Seaman: "You're in the Air Force. Can you fly?"</li> <li>6. What's the difference between a Navy Aircrewman and an otter? The otter knows he's not a seal.</li> <li>7. What do you call a snail aboard a ship? A snailor.</li> <li>8. My Niece asked me if they have to swim to get in the Navy. I couldn't figure it out, but I guessed she thought about it after my nephew declared that he was going into the Marines and stole her crayons.</li> <li>9. I'm about to lose my job in the Navy unless I make some drastic changes. I have to take a course in anchor management.</li> <li>10. Why does the Norwegian Navy put bar codes on their ships? So when they return to port, they can Scandinavian.</li> </ol>

## Planned Giving

During these difficult times, I am inspired by a profound sense of just how blessed I am. If you have also reflected on how precious life is, and you want to give back, please consider including the Alamo Chapter in your estate distribution.

What a wonderful way to leave your mark and impact the lives of the military in South Texas as your legacy. Few people can support their favorite charities as much as they would like during their lifetimes, but most people can consider a bequest.

That is one reason why we are asking members to consider naming the Alamo Chapter in their estate planning. Why should you choose to include the Alamo Chapter in your estate planning? You know we will make good use of your charitable gift supporting the military in south Texas.

Did you know that 60 to 70 percent of all Americans die without a valid will? Family members are left to imagine their loved ones' wishes, belongings may be distributed improperly, and assets are allocated according to state laws. Even if you have a will now may be the perfect time to review your estate planning documents. You can also update your planning documents to include a favorite organization such as the Alamo Chapter.

Here are some options for including the Alamo Chapter in your final plans:

1. Some types of bequests to consider:
  - a. Specific Bequest: what dollar amount, property or other asset
  - b. Percentage Bequest: Percentage of your estate or specific item
  - c. Residual Bequest: Alamo Chapter to receive the remainder after final expenses and other bequests.
2. A gift by way of a beneficiary designation: naming the Alamo Chapter as a beneficiary of a life insurance policy, retirement plan, bank & investment accounts, or other financial accounts. Nothing could be easier!

Please have your gifting decision reviewed by your estate planner or other financial advisor.

*Col Vaughn Caudill*

## Elevator Pitch

(Continued from Page 4)

the Alamo Chapter on Page 11.

- You owe it to yourself (and family) to support the organization that supports you and I ask that you please join. Thanks.

If you get push back consider saying:

- It is a no hassle membership – no sales calls, no sales emails and no pressure to be actively involved.
- We are just looking to you to help strengthen our numbers.
- You will receive legislative updates, the national MOAA *Military Officers* magazine, and our chapter newsletter *The Lariat* by email to keep you informed.
- Again, you owe it to yourself (and family) to be part of an organization that protects your rights, entitlements and benefits.

Have them sign up online at

[www.alamomoaa.org](http://www.alamomoaa.org)

or email us at [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net) or call the office at 210.228.9955.

## Do You Shop Amazon?

Would you like for 0.5% of the cost of your purchases to be donated to the Alamo Chapter Educational Foundation? You can. Just switch your Amazon account to Amazon Smile and select the Alamo Chapter Educational Foundation or 82-1635522. Use your regular Amazon login info and password to continue shopping.

There is no cost to the Alamo Chapter Education Foundation or to you. And we get a check at the end of each quarter!



### VOLUNTEER STAFF:

PRESIDENT	LtCol Kitty Meyers <a href="mailto:kamconsulthr@gmail.com">kamconsulthr@gmail.com</a>
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PERSONAL AFFAIRS	Col Stu Myers
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PR-SOCIAL MEDIA	LtCol Kathie Estrada
LEGAL COUNSEL	Jacobson Law Firm
SOLITAIRES	(Open)
SUPPORT	Lt George Frecko
EDITOR	LtCol Juliet Chelkowski
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CHAPTER AFFAIRS	Col Irene Collier
ACTIVE DUTY LIAISON	LT Rachel Johnson
CONTRACTOR:	Trish Meserve

### Chapter Board:

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LTC Jim Finch LTC Bill Goforth  
LTC Robert Blake

**Honorary Director:** Gen William McBride

### Alamo Chapter Educational Foundation Board:

COL Robert Akam Maj Tony Hargrove  
Col Peter Hunt CAPT Bill Whiting

### Editorial Policy

The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all. MOAA-AC Operations is a non-profit organization 501c 4. The Alamo Chapter Educational Foundation is a 501c 3.

MOAA and its affiliated chapters and councils are strictly non partisan.

Advertising contained in the newsletter is not endorsed by MOAA or its affiliate the Alamo Chapter and does not represent any recommendation to the membership. Opinions expressed in articles contained herein are not necessarily those of the membership as a whole or the Chapter. Questions should be directed to the Editor at the Chapter office.

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MILITARY OFFICERS ASSOCIATION OF AMERICA  
ALAMO CHAPTER

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STATUS

FOR INFORMATION REGARDING  
OUR BY-LAWS, STRATEGIC PLAN,  
EVENTS CALENDAR, MEETING  
MINUTES AND PAST ISSUES OF  
*THE LARIAT* PLEASE VISIT OUR  
WEBSITE:

**WWW.ALAMOMOAA.ORG**

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# THE LARIAT

National Award Winning Newsletter

MOAA-AC  
P.O. Box 340497  
Ft Sam Houston, TX 78234

Note: The Chapter is “dark” during the month of July  
- no Staff, Board or Chapter meetings.



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**UT Health**  
San Antonio  
Barshop Institute for  
Longevity & Aging Studies

**Thursday August 26, 2021**

**\*\*In Person\*\***

## Chapter Luncheon

**Nicolas Musi, MD**

Director, Barshop Institute on Longevity and Aging  
Studies

### Petroleum Club

8620 N. New Braunfels, #700 San Antonio TX 78217

Meet & Greet begins 11am - Lunch served 11:30am  
Limited to 50 people

### Buffet

Huge salad selection with 2-3 entrees and all the trimmings

**Cost per person: Pay In Advance \$26; Pay At the Door \$30**

**Enclosed: \$ \_\_\_\_\_**

RSVP by 4pm Monday 23 August

Reservations not cancelled by noon Tuesday 24th will be forfeited/billed  
Non member Officers & guests are welcome with paid reservations

**Name** \_\_\_\_\_

**Guest(s):** \_\_\_\_\_

Call (210) 228-9955 to make/pay your reservation or send check made  
payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234  
Or contact us by email [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net) to hold a reservation or  
reserve and pay on-line at **www.alamomoaa.org**