

MILITARY OFFICERS ASSOCIATION OF AMERICA

ALAMO CHAPTER



THE



LARIAT

Volume 41, Number 6

“Five Star ★ ★ ★ ★ ★ Chapter”

June 2021



President's Message

Spring has come and gone but hope is on the horizon as we are starting to see more and more things opening and life beginning its new normal.

Masks are slowly becoming a memory. The Chapter continues to press forward as we plan for a fall with in-person meetings. Hallelujah!

Until then, we continue to press on with our Zooms. The monthly get togethers continue to be impactful. Our May meeting welcomed Col Shane Cuellar, 502nd Force Support Group Commander. The June speaker is Laura Koerner, USN (retired), Texas Veterans Commission Chair. What an honor!

We are representative of the MOAA moniker of “Never Stop Serving”. We each do it in our own unique ways. I’ve spoken or written of the different ways that I connect with the community. We are repeatedly contacted for different ways that we can connect.

Each year our golf tournament focuses on funds for our scholarship program and the Ft Sam Houston Warrior and Family Support Center (WFSC). Pre-pandemic we were delivering cookies to the WFSC. We’ve also assisted the San Antonio Food Bank. Those of us working the transition arena are members of the JB SA Transition Alliance and work with the USO and others.

As we open, we are looking for new ways to assist the community. One

opportunity to help the military community came in by inbox this morning. It was a long email with all sorts of opportunities to help. One was a 95-year-old WWII veteran in need of major house repairs. The ask was for donations as well as opportunities to apply skills to repair the home. Other opportunities included collecting items for care packages for deployed troops. San Antonio Women Veterans, another of my connections, has assisted in distributing Food Bank food stuffs through Soldier’s Angels.

Is this an opportunity that would interest you? We are exploring opportunities that could engage our members in the community and continue to create camaraderie at the same time.

Please contact if these or others are opportunities for you. We would love to hear your thoughts and actions.

Kitty

Kathryn “Kitty” Meyers
LtCol USAF (Ret)
SPHR, SHRM-SCP

Inside This Edition:

- Pg 2 Chapter News & Notices
- Pg 3 Soldiers’ Angels Campaign
- Pg 4 Membership Memos
- Pg 5 Golf Tournament
- Pg 7 Solitaires
- Pg 8 VA Contact Info
- Pg 10 Transitioning Tips
- Pg 11 Membership Application
- Pg 14 I Am Old Glory
- Pg 16 Upcoming Chapter Events

Speaker Bio - June



LAURA KOERNER
TVC COMMISSION CHAIR
Term Expires December 31, 2023

Laura Koerner of Fair Oaks Ranch is a project manager, engineer, and a Councilwoman for the City of Fair Oaks Ranch.

She served in the United States Navy as a Surface Warfare (Nuclear) Officer onboard USS MAHAN (DDG 72) and USS ENTERPRISE (CVN 65), earning 2 Navy Commendation Medals and a Navy Achievement Medal. She is a Blue & Gold Officer with the Admissions Department of the United States Naval Academy and a member of Project Management Institute, United States Naval Academy Alumni Association, and the Navy Officer Spouses Club of Greater San Antonio.

Koerner received a Bachelor of Science in systems engineering from the United States Naval Academy and a Master of Science in nuclear engineering from the Massachusetts Institute of Technology and was qualified as a Nuclear Propulsion Plant Operator at the Naval Nuclear Power School.

News & Notices



Thank You!

to each of our members listed below who have donated a little (or a lot!) to the Educational Foundation, and/or Chapter Operations. We really appreciate it—and every dollar helps!

Col Ben Alford USAF (Ret)

CAPT Cora Bayle Cox USN (Ret)

Beldon Roofing Company

Col Jerry Beverly USAF (Ret)

Francis Bevilacqua

Capt Cindy Burghardt USAF (Ret)

Laura Davis

Brig Gen Charles Duke USAFR (Ret)

MAJ Michael Foster USA (Ret)

LTC Bill Goforth USA (Ret)

LTC Jerry Gonzales USA (Ret)

CPT James Greene USA (Fmr)

Cpt John Kimmel USAF (Ret)

Lt Col Scott McCabe USAF (Ret)

Col David Patrick USAF (Ret)

Col James Payne USAF

Col Frank Rohrbough USAF (Ret)

Col Sherrell Russell USAF (Ret)

MajGen Angie Salinas USMC (Ret)

MAJ Billy Thompson USA (Ret)

LTC Machielle Wood Denmon USA (Ret)

COL Donna Wright USA (Ret)

New Air Force

Mission Statement

For the first time in more than a decade, the U.S. Air Force has a new mission statement. The service recently unveiled its operational goal as, "To fly, fight, and win. ... Airpower anytime, anywhere."



TAPS

We have received information that the following member has passed away.

We wish to convey our sincere condolences and best wishes to their family and loved ones:

Lila Finch

Spouse of LTC Jim Finch USA (Ret)
5/30/21

Col Thomas J. Tredici USAF (Ret)
04/28/2021

MOAA-AC Membership Eligibility

Membership in the Alamo Chapter is open to active duty, former, retired, and National Guard and Reserves commissioned and warrant officers of the eight U.S. uniformed services and their surviving spouses.



Women Veterans Day Virtual Event

"Women Veterans Networking Mixer"

Join us to network with community partners and women veterans

Friday, June 11, 2021
10AM - 12PM CST

REGISTER HERE: <https://rb.gy/ddldvj>



* This FREE event is open to all veterans and veteran supporters are encouraged to attend.

www.tvc.texas.gov/women-veterans/womenenvetsday/ • texaswomenvets@tvc.texas.gov



Soldiers' Angels Campaign

Home Renovation for WWII Veteran

Together, We Can Get This Hero Back In His Home.



Alfred Guerra is a recipient of a Purple Heart, Bronze Star, Combat Infantry Badge, WWII Defense Service Medal, WWII Campaign Medal, and other medals and awards, but currently, this 95-year-old hero doesn't have a home.

Alfred Guerra needs our help. In recent years, his old home in San Antonio had fallen into disrepair and became unlivable. His son took on the project of remodeling the home and tore out much of the interior during the initial stages of the project. But then, sadly, Alfred's son suddenly passed away from cancer.

Alfred had already lost his wife to cancer, but still chose to remain living independently in the family home. But after his son's passing, Maria Guerra, Alfred's daughter, convinced him that he should stay with her because the house was not safe enough for him to live in. In the summer of 2020, Alfred moved in with his daughter.

Not knowing where else to turn to get the home repaired, the Guerra family made a plea on Facebook asking for help to get the war hero back into his home. Alfred missed his home and the memories it held. He also enjoyed

working in his garden and tending the roses he named for his wife, Emma.

Almost as soon as the call was put out, companies, organizations, and volunteers rose to the occasion and began work on Alfred's home. However, as these projects often go, the work was relying on skilled volunteers willing to give their time. In addition, facing challenges such as the weather, including the week-long unprecedented freeze and snowstorm San Antonio experienced in mid-February, the work faced delay after delay.



Today, over a half a year after the project started, Alfred Guerra's house is still uninhabitable.



With your help, we want to get Alfred back into his home and tending to his precious roses as soon as possible.

Working with local contractors, Amy has sought estimates to complete the work necessary in order to get Alfred back into his home. The average cost estimate is \$20,000 to make the interior of the house safe and livable while also completing the necessary work on the outside of the house, in some cases, work that has been started but left incomplete for several months.

Most importantly, we are seeking financial donations in order to help cover the cost of making the necessary home repairs. In addition, we are looking for skilled individuals or companies willing to volunteer/donate their time and services in order to help drive down the renovation cost. Once the plans are in place, we will also be looking for local San Antonio volunteers of all skill levels to help complete some of the other items, such as power washing, painting, cleaning up the yard, landscaping, etc.

At this time, we are corresponding with a general contractor in order to compile a list of the exact items left to be done to the house. Please stay tuned to this blog and our social channels for that list and be ready to reach out to your friends, neighbors, and local businesses to encourage them to support the project!

Soldiers' Angels is ready to make this home renovation happen for Alfred and get the work done! Can you help us get this war hero back into his beloved home?

Go to the Soldiers' Angels website link to see more info, donate or offer skilled services.

<https://soldiersangels.org/this-wwii-veteran-needs-our-help/>

Membership Memos

THANK YOU Renewing Members

MajGen Juan Ayala USMC (Ret)
 MajGen Angie Salinas USMC (Ret)
 Brig Gen Charles Duke USAFR (Ret)
 Col Ben Alford USAF (Ret)
 CAPT Cora Bayle Cox USN (Ret)
 Col Jerry Beverly USAF (Ret)
 Col Chetan Kharod USAF (Ret)
 CAPT Jim Letexier USN (Ret)
 Col James Payne USAF
 COL Jeffery Ragland USA (Ret)
 COL Gilley Richardson USA (Ret)
 Col Sherrell Russell USAF (Ret)
 Col Tim Strawther USAF (Ret)
 COL Donna Wright USA (Ret)
 LTC Michael Eason USA (Ret)
 LTC Bill Goforth USA (Ret)
 LTC Jerry Gonzales USA (Ret)
 Lt Col Scott McCabe USAF (Ret)
 LTC Stephan Porter USA (Ret)
 LCDR Kevin Crockett USN (Ret)
 MAJ Michael Foster USA (Ret)
 MAJ Billy Thompson USA (Ret)
 MAJ Michael Walker USA (Ret)
 Capt Cindy Burghardt USAF (Ret)
 CPT James Greene USA (Fmr)
 Sally Tallent

Membership Stats

Active Duty 287
 Surviving Spouse 162
 Former Military 70
Retired 848
Total 1367

30-second “Elevator Pitch” To Promote Membership

Membership in an association such as ours is most enjoyable when a friend/acquaintance is also a member.

We need your help to encourage your friends, neighbors, business associates etc to come join us! Participating in the social events is not mandatory (albeit fun!) but we do need their support and voice when it comes to advocacy at the city, county and state level.

Here's an approach you could take when introducing MOAA Alamo Chapter to someone:

Open the conversation with something like:

I am with The Military Officers Association of America (MOAA) and the Alamo Chapter. Are you a member? If no :

- We are a volunteer nonprofit organization for commissioned officers (and surviving spouses) that has 1400+ members and is over 50 years old – located at Ft. Sam.
 - We advocate and lobby for the entire military community – all ranks -- to influence legislators in Washington and in Austin to sustain yours & my earned entitlements, i.e. pay raises, medical benefits, commissary privileges, education benefits, etc. We are strictly non partisan.
 - We make ourselves heard through the strength of our membership numbers. This is why it is important for all eligible officers to belong.
 - In addition, we run the chapter operations and promote camaraderie through our monthly social events.
 - There is an application providing membership in both MOAA and
- (Continued on Page 15)

WELCOME New Members

COL Irving Cohen USAR (Ret)
 COL Robert Donnelly USA
 COL Timothy Hayden USA
 Col Robert Holmes USAF
 Col Gary McAlum USAF (Ret)
 COL Albert Smith USA (Ret)
 LTC David Edson USA (Ret)
 LTC Roger McHenry USA (Ret)
 CDR Myles Peinemann USNR (Fmr)
 Lt Col Matthew Redaja USAF
 Lt Col David Templin USAF (Ret)
 LTC Ronald Walters USA (Ret)
 LCDR Christopher Cady USN
 MAJ Cindi Evans ARNG (Ret)
 Maj Timothy Grogan USAF (Ret)
 Maj Daniel Haley USAF (Ret)
 MAJ David Hopkins USA (Fmr)
 Maj Larry Jacobs USAF (Ret)
 LCDR Gregory Marchand USN (Fmr)
 CPT Adry Arriaga USA (Fmr)
 Capt Samuel Clegg USMC (Fmr)
 LT David Cruz USN (Fmr)
 CPT Richard Forbes USA (Fmr)
 Capt Stephen Griggs USAF (Fmr)
 Capt Clyde Jackson USMC (Ret)
 CPT Sabina Meeks USA (Ret)
 Capt Paul Reynolds USAF (Ret)
 LT Ken Vales USNR (Fmr)
 Capt John Williford USAF (Ret)
 Capt James Wright USAF (Fmr)
 CPT James Zlomke USAR (Fmr)
 LTJG Alfredo Campos (USNR) Fmr)
 1LT David Manning USA (Ret)
 1LT Earl Wentworth USA (Fmr)
 2LT Dennis Dixon USAR (Fmr)
 2LT Angel Mendez USAR
 CWO-4 James Griffith USN (Ret)



13th Annual MOAA-AC Golf Tournament

Military Officers Association of America - Alamo Chapter

Benefiting



JBSA Ft Sam Houston Warrior and Family Support Center & Alamo Chapter Educational Foundation

Friday, November 5, 2021

The Quarry Golf Course, 444 E. Basse Rd, San Antonio, Tx

\$150 per player (limit 120 players)

(\$10 early bird discount if registered & paid by September 5th)

Womens & Mens Divisions!

Includes green fees, cart, goodie bag, lunch & Awards dinner

REGISTRATION & LUNCH begin 11:00am - Shotgun Start 1pm



SPONSORSHIP OPPORTUNITIES

Title Sponsor \$10,000

Tournament named in your honor, Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 8 players.

Platinum Sponsor \$5,000

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 6 players.

Gold Sponsor \$2,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 4 players.

Silver Sponsor \$1,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 2 players.

Hole In One Sponsor \$1,000

Hospitality Cart Sponsor \$750

Hole Sponsor \$325

Closest To The Pin \$325

Longest Drive \$325

Warrior Player Sponsor \$150

Monetary donation in any amount \$ _____

CONTACT INFORMATION

Tournament Co Chairs: Frank & Stephen Rohrbough

Frank: 703-868-8006 Stephen: 210-262-7026

MOAA Office: 210-228-9955 Email: moaa-ac@sbcglobal.net

(For 4 person teams or individual players)

Player 1 Name: _____

Email: _____

Player 2 Name: _____

Email: _____

Player 3 Name: _____

Email: _____

Player 4 Name: _____

Email: _____

Participation implies agreement to use photos in any PR materials

Super Ticket \$50 per person: Includes 2 Mulligans, 2 Beverages, Raffle Drawings, Scratch Off Game, Closest to Pin Contest, Putting Contest, Hole in One Contest, Drawing for Shoot out for \$100,000 - 50/50 split.

Company/Sponsor Name:

Email: _____

Tel: _____

Credit Card #: _____

Exp Date: _____ **Billing Zip Code:** _____

CVV: _____ **Tel:** _____

Golf Fee Amt: \$ _____ **Donation Amt:** \$ _____ **SuperTicket Amt:** \$ _____

Sponsorship Amt: \$ _____ **Total Amount:** _____

MOAA-AC is a private organization. It is not part of the Department of Defense or any of its components and it has no governmental status.

Make checks payable to: MOAA-AC and mail to: P.O. Box 340497, Ft. Sam Houston, TX 78234. If you prefer, you may also register and/or donate by credit card on our website: www.alamomoaa.org. Call Trish at 210-228-9955 for questions on tournament registration, or to pay/donate by phone with your credit card (Mon-Thurs 1-4pm). (Rev 041521)



Alamo Chapter

The Military Officers Association of America

Alamo Chapter (MOAA-AC)

is conducting its

13th Annual Golf Tournament on November 5, 2021

at the Quarry Golf Course in San Antonio.



The tournament raises funds for . . .

The Warrior & Family Support Center on JBSA Ft Sam Houston which provides a neutral, home-like place for families and patients to gather after long and often painful days of treatment.

The Chapter's JROTC and ROTC Scholarships (Alamo Chapter Educational Foundation) which help towards the cost of college for promising local high school students as well as those ROTC students already in college. Scholarships are awarded to the children and grandchildren of all military (all ranks). Since its inception this tournament has raised over \$135,000 for its beneficiaries . . . and we'd love your help to raise even more!

If you have been a donor in the past, we are very grateful for such support and we need your help again this year. If you have not provided support in the past, please consider doing so.

Here are the ways you can help:

- ♦ Be a **sponsor** -- select one of the many options listed on the reverse.
- ♦ Be a **golfer** -- submit an entry form for yourself or a team using the registration form on the reverse.
- ♦ Be a **contributor** -- donate an entry fee of \$150 and give a Warrior an opportunity to play free of charge, or donate any dollar amount to help us defray expenses and allow us to give more to the cause.
- ♦ Be a **supporter** -- provide goodie bag items (preferably a minimum of 150, or gift certificate(s) to be used as a tournament prize.
- ♦ Be a **volunteer** -- help during the planning phase as a committee member and/or during the tournament with registration, as a course assistant, contest judge, awards assistant, etc.

Your support of this fundraising event will be greatly appreciated. Please feel free to distribute this flyer to any of your family, friends, co-workers and fellow golfers who may desire to support this worthy cause. If you wish to contact us about a sponsorship, donations, prizes, or being a volunteer, please call Frank Rohrbough at (703) 868-8006 or call our MOAA Office at (210) 228-9955.

Sign up or donate using this form or alternatively, you can sign up and/or donate on line at our website and pay using your credit card. Go to www.alamomoaa.org. Tax ID: 82-1635522 .

Thank you.

Frank Rohrbough

Frank Rohrbough
Co-Chair, Golf Committee



Medical Minute

The Itching Hour

Do you ever have an itching spell day or night and don't know how to stop it?

Common Causes

Aging: As we age the protective layer of fat under our skin disappears and dry skin results. This could bring on itching in any part of the body.

Environment:

- Hot dry summer days dry the skin.
- Sunlight and sunburn can cause itching.
- Too many hot showers can cause itching. Always use lotion to soften the skin after a shower.
- Plants shed pollen and cause allergies which can result in itching; poison ivy being one. Mountain cedar and elm pollen gets blown in from trees seasonally.
- Harsh antiseptic soaps and washing compounds, frequent hand washing and sanitizing with Covid sanitation products leave the hands dry and skin cracked.

Lifestyle: Poor sleeping habits, smoking, diet - allergies to certain foods.

Neuropathy: Nerve damage from a pinched nerve that causes numbness, tingling, or pain

Medication: Even medication that you used to take, or new meds can cause itchy side effects. Itching may be a symptom of an underlying disease like liver, kidney, thyroid and some types of cancer.

Psychological conditions: High stress, anxiety, and obsessive compulsion disorders are common causes for itching.

Treatment

Over the counter ointments: Especially those with lidocaine. Capsaisin is particularly good for fever blisters.

Change your lifestyle.



Solitaires



Pompeii

The Undiscovered, Discovered City

If you were fortunate enough to have been stationed in the European theater during your career you probably took the opportunity to tour Italy and enjoy its rich history including one of its most popular tourist destinations, the city of Pompeii.

It was in the 1950s that I traveled to Pompeii to explore and learn of the mysteries of its tragic past. While I remember the architectural beauty of the homes that survived the volcanic eruption, time had taken its toll on this ancient city and it was falling victim to ruin again.

As most are familiar, the doomed city was ravaged by the 79 AD eruption of Mount Vesuvius. The approximately 15,000 residents of Pompeii were awakened around midnight by the rumbling of the erupting volcano. Residents scrambled to evacuate the city as rocks and debris began to cover and crush Pompeii. Many of the wealthy took to their boats and headed to sea. Others, who had carriages, tried to flee on the roads. As pyroclastic material continued to fall, hot gas poured over the city asphyxiating all those who had not already been crushed. When the dust finally settled, the city and about 2,000 victims had

Spend some time in the sun: Exposure to ultraviolet light has worked in some cases.

If those do not work, go to your doctor. They may take a skin sample or do blood tests to find the cause.

*Source: U C Berkeley, Wellness Letter Feb 2020
Harvard Health Letter Jan 2021*

Irene Collier (Col, Ret)

been entombed in 20 feet of debris, and Pompeii was preserved like a snapshot in time.

While the city's history remained safely buried for the next 1,700 years, things began to change when it was rediscovered in the 18th century. Removing the protective ash through excavation efforts exposed the ruins to deterioration from not only natural causes but man-made causes, as well. Especially throughout the last half century, Pompeii has been ravished by grave robbers, poor drainage, earthquakes, tourism, vandalism, and mismanagement of the historic site.

After the World Monuments Fund noted in 1996 that Pompeii's preservation was in a desperate situation and a series of catastrophes such as the 2010 collapse of the Schola Armaturarum (School of Gladiators), the Italian government took action and initiated the "Grand Pompeii Project" in 2012 that was largely funded by the European Union.

After about a year of project management challenges and a stark warning from UNESCO (United Nations Educational Scientific and Cultural Organization), a new director of the preservation effort was named and real change began to happen.

With new management, hundreds of experts in restoration and preservation, and a wide range of technological resources like CAT scans to peer into plaster walls and satellites to determine flooding risks, new life was breathed into this ancient city.

In addition to making huge strides in preservation efforts, new discoveries abounded. Stunning frescoes, mosaics, murals, skeletons, ancient fast-food stands, and a stable with a

(Continued on Page 13)

ORDER FORM - Alamo Chapter Merchandise Pebble Beach Performance Golf Shirt \$30

Circle order details below - Subject to availability

Mens Ladies S M L XL 2XL 3XL

Royal Blue White Brindle

Free pick up from Chapter Office (appt & mask required) or add \$5.00 for shipping.

Name: _____

Address: _____

Tel: _____

Provide Credit Card info below or mail in check made payable to MOAA-AC - to P.O. Box 340497, San Antonio, TX 78234, or call the office at (210) 228-9955 (Tues thru Thurs 1-4pm) to place order and pay by credit card over the phone.

Credit Card #: _____

Exp Date: _____ Billing Zip Code: _____ CVV: _____

Mens Total \$ _____

Ladies




Blue Skies
of Texas

San Antonio's Premier Life Plan Community—
Blue Skies of Texas where we are Heritage
Rich and Tradition Strong.

Nestled on over 600 acres of scenic hill
country views, this exceptional community
has been a staple in the heart of San Antonio
for over 50 years.

Visit our newly renovated
cottages and apartment homes.
Call **800-790-3954**
or Visit:
BlueSkiesofTexas.org



Independent Living | Assisted Living | Skilled Nursing | Memory Care | Therapy & Rehabilitation

You have questions. VA has answers.

The number to call when you don't know who to call.

For information on VA care, benefits and services or to speak with a live agent for assistance!



LIVE ASSISTANCE
General information, directory assistance and technical support for VA.gov

VA HEALTH CARE
Eligibility, enrollment, locations and COVID-19

COMMUNITY HEALTH CARE
MISSION Act eligibility, copayments

NATIONAL CEMETERIES
Burial benefits, interment scheduling and headstone/ Veteran marker

VETERANS CRISIS LINE
Immediate connection to caring, qualified responders

DEBT MANAGEMENT
Debt details, payment options and debtor rights

FACILITY LOCATOR
Locations of medical centers, benefits offices or cemeteries

BENEFITS ASSISTANCE
Information about a variety of VA benefits

HOMELESS VETERANS LINE
Information and support for homeless and at-risk callers

COVID-19 INFORMATION
Frequently asked questions and live assistance for COVID-related questions

OUR CORPORATE PARTNERS

Please support those that support us!

When you use their services let them know you heard about their company/organization from the MOAA Alamo Chapter

Abby Consulting <i>Website Design</i> http://www.abbyconsulting.com/ 210-490-6513	Army Residence Community <i>Retirement Living</i> https://armyresidence.com/ 210-646-5300
Beldon Roofing Company <i>Trusted Since 1946</i> https://www.beldon.com/ 833-5-BELDON	Blue Skies of Texas <i>Retirement Community</i> <i>In the tradition of Air Force Village</i> https://www.blueskiesoftexas.org/ 866-553-5389
CTWP Digital Solutions <i>Printers, Copiers, Fax Machines & Office Equipment</i> https://www.ctwp.com/ 210-590-2897	The Louver Shop of San Antonio <i>Shutters, Blinds & Shades</i> https://www.louvershop.com 830-370-8669
M. D. Ellis Refrigeration LLC <i>Heating & Air Conditioning</i> https://www.facebook.com/M-D-Ellis-Refrigeration-LLC-589273391215105/ 210-265-1978	Medical Services International <i>Providing Healthcare Consulting Services</i> 210-497-0263
Security Service Federal Credit Union <i>Full-service Financial Cooperative</i> https://www.ssfcu.org/ 888-415-7878	Transition Management Solutions, LLC <i>Non-profit Consulting</i> <i>David Patrick - Partner</i> http://www.tms-texas.com/ 210-259-9867
<i>For more information visit our website</i> www.AlamoMoaa.org <i>And look for the Media Kit under the About Us tab or email Lisa Skopal</i> lskopal@ymail.com	USAA <i>Financial Services Company</i> https://www.usaa.com/ 800-531-8722

Corporate Partners:

Sponsors and Advertisers in The Lariat

Sponsors and advertisers are vital for the success of any nonprofit and our Chapter is no exception.

Their support provides us with the resources to fulfill our mission. We are working hard to build long-term relationships with several sponsors and businesses throughout the San Antonio area for both the Chapter operations and our Educational Foundation. The Foundation provides the support for the JROTC and ROTC scholarships distributed to deserving cadets annually.

We need your help to “pay it forward”. Please consider using these companies whenever possible. Let them know you saw their name in MOAA Alamo Chapter’s monthly newsletter, *The Lariat*, and make sure you thank them for their support. This lets them know their sponsorship is paying off advertising with MOAA Alamo Chapter. This will help ensure a long-term partnership with them and the Chapter.

Additionally, if you know of any business interested in sponsoring or advertising in the monthly *Lariat*, please let me know. We have different levels of sponsorship and different advertising options that can be tailored to each business.

A marketing package has been developed that describes the various plans. I would be happy to meet and help them develop options that will benefit their needs.

Lisa Skopal

Lisa Skopal
Advertising Coordinator

lskopal@ymail.com

Transitioning Tips

Transition Strategy

It's PCS time and many are in the process of transitioning to retirement rather than another assignment. This is just one of the many changes that are occurring this summer. We are finally at the beginning of the end of this pandemic. The Texas economy is re-charging. A news article indicated that there are more job openings than those seeking employment. The bottom line is fluctuation.

How are you in applying your military planning processes to your civilian transition employment? I propose that this process is very similar. Outline your mission based upon your values. Define what is important to you and your family. Identify your resources. These include your skills, abilities and knowledge. In civilian speak, we call these your KSAs. Do the SWOT (strengths, weaknesses, opportunities and threats). These different analyses allow you to help define your direction.

The next steps are to build your toolbox. We've talked about this in previous articles. Basically, craft your master resume. This will be the prototype for the individually modified resumes that you build specific to each job description. Remember that each employment opportunity must have a resume designed to address the key words and experiences identified in that job description. The tool box includes your LinkedIn profile that expands upon your resume. In other words, your resume on steroids.

We will soon begin meeting in person. Business cards will be exchanged. Don't go crazy. Keep it short and simple – name, phone number, email address, and LinkedIn connection. You might include the LinkedIn QRL, if you want. You will want a simple card to allow space for

notes. I always write on the card when and where I met someone to help jog memories. This is especially important when attending a networking event where you meet multiple people.

The most important is to develop your networking strategy. This is the most important as you need to connect with folks that will help you in your search. These should be industry specific as well as some that are more general. The industry specific are those that focus on the type of job that you're seeking such as PMI for project management.

Examples of the more general are LinkedIn, MilCity or the USO. All of these are opportunities for you to connect with folks who can support you in the transition. Remember your elevator speech. Here's your opportunity to practice.

I've outlined a lot for you to consider. This is an exciting time for you. Best of luck. Remember to have fun as you walk through this journey.

Kitty

Kathryn "Kitty" Meyers
LtCol USAF (Ret)
SPHR, SHRM-SCP
Chapter Transition Liaison Officer

Alamo Chapter

Vision: *To be the primary advocate for the military community*

Mission:

- *Provide information, support and social engagement to members;*
- *Offer programs and services for the common good of the military community;*
- *Support MOAA at the national, state and local levels with a powerful voice.*

Visit www.alamomoaa.org for more info

Soldiers' Angels Provides Monthly Food Assistance For San Antonio Veterans

Veterans in need of food support can register now to get approximately 75 lbs. of groceries, at no cost. Volunteers are always needed to package and hand out the food.

San Antonio veteran food assistance is provided monthly to veterans in need by Soldiers' Angels during the Veteran Mobile Food Distribution event. Veterans must register ahead of time to receive support.

To register for the upcoming San Antonio Veteran Food Assistance event, go to

www.soldiersangels.org/San-Antonio

This event occurs on the third Thursday of every month:

The dates for future drives are as follows:

June 17, July 15, August 19, September 16, October 21, November 18, December 16.

Location: Cowboys Dancehall, 3030 NE Interstate 410 Loop, San Antonio, TX 78218

To register for future events or inquire about sponsoring, email: Steven at szuniga@soldiersangels.org

This food pantry event is a drive-through and will follow all local and CDC guidelines to provide the safest possible environment for veterans and volunteers. Veterans do not need to get out of the car. Masks are required at all times by everyone on site.





MOAA NATIONAL ENROLLMENT

☐ YES! Sign me up as a **FREE BASIC MOAA** Member

Name _____

Branch of Service _____ Rank _____

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse of Eligible Officer

☐ Graduation Year (Cadet/Midshipmen) _____

Email Address** _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available.

We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit www.moa.org/email for details.

Date of Birth _____

Spouse Name _____

Your spouse has access to all of your MOAA member benefits.

**Email address required for BASIC Membership



Method of Payment

☐ Check (please make payable to MOAA Alamo Chapter) ☐ Credit Card Charge my card \$ _____

Card number _____

Expiration date _____ CVV _____ Signature _____

Zip code where Billing Statement is mailed: _____

MOAA LOCAL ALAMO CHAPTER ENROLLMENT

☐ YES! Sign me up as a new Alamo Chapter Member

☐ YES! Renew my Alamo Chapter Membership

Name _____

Branch of Service _____ Rank _____

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse/Surviving Spouse of Eligible Officer

Address _____

City _____ State _____ Zip _____

Email Address _____
(Email address required for Electronic Membership)

To ensure deliverability of Chapter communications, please provide a personal email without a ".mil" domain, if available.

Phone Number _____

Date of Birth _____

Spouse Name _____

Spouse Email Address _____

☐ I would you like to help the Chapter as a Volunteer

One-Year Membership \$25
(Monthly newsletter "The Lariat" sent by email)

Send to: MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or email to moaa-ac@sbcglobal.net; or signup **online** at www.alamomoaa.org.

WANTED!

Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas
dwpatrick01@gmail.com

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a **San Antonio Networker**, or if you are a **MOAA-AC member Job Seeker**, please contact

Kitty Meyers LtCol USAF (Ret)
Chapter Transition Liaison Officer at
kamconsulthr@gmail.com



**NEVER STOP
SERVING!**

**WE NEED
YOU**

TO VOLUNTEER

for positions on your Chapter Leadership Team
(Member spouses also welcome!)

Current Needs:

- 1) Secretary (No minute-taking required)
- 2) Surviving Spouse Coordinator
- 3) Membership Cmte Members
- 4) Community Outreach Members
- 5) Historian
- 6) Treasurer

*Position Descriptions can be found on
the chapter website under the re-
sources tab.*

www.alamomoaa.org



Army Residence
Community

The Rest of
Your Life Awaits
at the ARC.

Retirement living beyond compare.

Let's talk soon.

Now is a great time to learn how our community of shared values and interests is a perfect fit for you. Visit armyresidence.com to take a virtual tour or call **1-800-890-2305** to schedule your visit!

7400 Crestway | San Antonio, Texas 78239 armyresidence.com

Act now and
command **\$20,000 or
more in savings!**

Consider the amazing possibilities of life at the ARC. To make your decision as easy as possible, we're currently offering discounts of **\$20,000 or more** on select units – for a limited time! Call today for full details on our High Rise Apartments or Legacy Cottages!

Pompeii

(Continued from Page 7)

thoroughbred horse and its ornate tack are just some examples.

More homes have been unearthed that have revealed families huddled together, a woman near her chest of drawers with precious stones and jewelry, and documents describing the political and social systems have been found. Even DNA testing is used to examine relationships and ethnic backgrounds of victims that enrich this 2,000-year-old tragedy with the personal stories.

Appropriate funding, skilled management, and the proper expertise has led to the discovery of this legendary city once again. You may also want to take the opportunity to discover – or rediscover – the intriguing city of Pompeii.

Sources:

National Geographic History -August 2020

Smithsonian Magazine – September 2019

PompeiiSites.org

Irene Collier (Col, Ret)



**Would you like to help
shape and move
the chapter
forward??**

If so, please feel free to join us at our next regular monthly Chapter Business meeting on the first Thursday of each month at 10am.

Due to the pandemic, meetings are held via Zoom but normally they take place at the chapter office on JBSA Ft Sam Houston.

Contact the office by email for the zoom link.

Alamo Chapter Educational Foundation



The MOAA Alamo Chapter supports scholarships for ROTC and JROTC cadets through its 501(C)3 Education Foundation. The scholarships help towards the cost of college for local JROTC high school students as well as those ROTC students already in college.

This year we have awarded 20 x \$1,000 scholarships to cadets covering programs from Austin down to the Valley. Our annual fund raiser, the Golf Tournament for our 2022 scholarship program is scheduled for November 5th but only provides a portion of the funds we need and will hopefully not be cancelled due to COVID-19.

Help us support the cadets. Your support moves them one step further to reaching their dreams.

Any amount you could give will really help this worthwhile program for our deserving youth. 100% of all money raised goes to our scholarship program.

Visit the chapter website at www.alamomoaa.org and click on the donate tab. Alternatively, mail a check to the office (P.O. Box 340497, JBSA Ft Sam Houston, TX 78234) or call and provide your credit card info (210) 228-9955.

Thank you for your support and generosity.

Kathryn "Kitty" Meyers
LtCol USAF (Ret)
SPHR, SHRM-SCP
Chapter President

Estate Planning & Decedent Affairs Checklist

In these uncertain times, one way to achieve some peace of mind is to have your personal affairs in order.

The MOAA Alamo Chapter is here to provide you with resources regarding estate planning and decedent affairs checklist. These are general guidelines and recommendations. Your estate planning is better enhanced when you work with your attorney or legal support office.

Please either contact the office for a copy or go online to the Alamo chapter website and find a link to it under the Hot News section on the home page.

Cora Bayle-Cox

CAPT USN (Ret)

Assistant Personal Affairs Officer

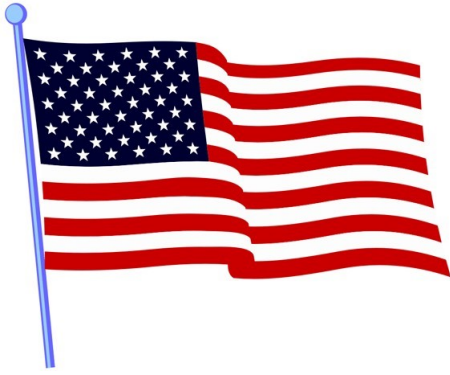
Notable Celebrations In June



- Jun 6 D-Day
- Jun 12 Women Veterans Day
- Jun 14 Army Birthday
- Jun 14 U.S. Flag Day
- Jun 20 Father's Day
- Jun 23 Coast Guard Auxiliary Birthday
- Jun 24 National PTSD Awareness Day

I Am Old Glory

Military Humor



I am the flag of the United States of America.

I fly atop the world's tallest buildings.
I stand watch in America's halls of justice.
I stand side by side with the Maple Leaf on the worlds' longest undefended border.
I fly majestically over institutions of learning.
I stand guard with power in the world.
Look up and see me.

I stand for peace, honor, truth and justice.
I stand for freedom.
I am confident.
I am arrogant.
I am proud.

When I am flown with my fellow banners,
my head is a little higher,
my colors a little truer.

I bow to no one!
I am recognized all over the world.
I am worshipped — I am saluted.
I am loved — I am revered.
I am respected — and I am feared.

I have fought in every battle of every war for more than 200 years.
I was flown at Valley Forge, Gettysburg, Shiloh and Appomattox.
I was there at San Juan Hill, the trenches of France,

in the Argonne Forest, Anzio, Rome and the beaches of Normandy.
Guam, Okinawa, Korea and KheSan, Saigon, Vietnam know me,
I was there.

I led my troops, I was dirty, battle worn and tired,
but my soldiers cheered me And I was proud.
I have been burned, torn and trampled on the streets of
countries I have helped set free. It does not hurt,
for I am invincible.

I have been soiled upon, burned, torn and trampled on
the streets of my country. And when it's by those whom
I've served in battle — it hurts.
But I shall overcome — for I am strong.

I have slipped the bonds of Earth and stood watch over
the uncharted frontiers of space from my vantage point on the moon.
I have borne silent witness to all of America's finest hours.
But my finest hours are yet to come.

When I am torn into strips and used as bandages for my wounded
comrades on the battlefield, When I am flown at
half-mast to honor my soldier, Or when I lie in the
trembling arms of a grieving parent at the grave of their
fallen son or daughter, I am proud.

MY NAME IS OLD GLORY.

LONG MAY I WAVE.

by Howard Schnauber

Flag Day is June 14th

1. What did one troubled Sailor say to the other? We're in the same boat.

2. Two fresh Sailors were talking about assignments they would like to get.

Sailor 1: "Someday I'd like to ride on a submarine."

Sailor 2: "Not me! I wouldn't set foot on any ship that sinks on purpose."

3. What did the Navy say to the Coast Guard? "SEAL you later!"

4. Why couldn't the sailors play cards?

The captain was sitting on the deck.

5. Why did the US Navy gift the British Navy glass-bottomed boats?

So they could see the old British Navy.

6. Why do SEALs fall backward off the boat?

If they fell forward, they'd still be in the boat.

7. When I lost my rifle, the Army charged me \$85.

That's why in the Navy the Captain goes down with the ship.

8. As the storm raged, the captain realized his ship was sinking fast.

He called out, "Anyone here know how to pray?"

One man stepped forward.
"Aye, Captain, I know how to pray."

"Good," said the captain, "you pray while the rest of us put on our life jackets — we're one short."

9. What do the Chinese call their Navy? The censor ships.

10. Why was the Navy created?
Because the Army needs heroes too.

Planned Giving

During these difficult times, I am inspired by a profound sense of just how blessed I am. If you have also reflected on how precious life is, and you want to give back, please consider including the Alamo Chapter in your estate distribution.

What a wonderful way to leave your mark and impact the lives of the military in South Texas as your legacy. Few people can support their favorite charities as much as they would like during their lifetimes, but most people can consider a bequest.

That is one reason why we are asking members to consider naming the Alamo Chapter in their estate planning. Why should you choose to include the Alamo Chapter in your estate planning? You know we will make good use of your charitable gift supporting the military in south Texas.

Did you know that 60 to 70 percent of all Americans die without a valid will? Family members are left to imagine their loved ones' wishes, belongings may be distributed improperly, and assets are allocated according to state laws. Even if you have a will now may be the perfect time to review your estate planning documents. You can also update your planning documents to include a favorite organization such as the Alamo Chapter.

Here are some options for including the Alamo Chapter in your final plans:

1. Some types of bequests to consider:
 - a. Specific Bequest: what dollar amount, property or other asset
 - b. Percentage Bequest: Percentage of your estate or specific item
 - c. Residual Bequest: Alamo Chapter to receive the remainder after final expenses and other bequests.
2. A gift by way of a beneficiary designation: naming the Alamo Chapter as a beneficiary of a life insurance policy, retirement plan, bank & investment accounts, or other financial accounts. Nothing could be easier!

Please have your gifting decision reviewed by your estate planner or other financial advisor.

Col Vaughn Caudill

Elevator Pitch

(Continued from Page 4)

the Alamo Chapter on Page 11.

- You owe it to yourself (and family) to support the organization that supports you and I ask that you please join. Thanks.

If you get push back consider saying:

- It is a no hassle membership – no sales calls, no sales emails and no pressure to be actively involved.
- We are just looking to you to help strengthen our numbers.
- You will receive legislative updates, the national MOAA *Military Officers* magazine, and our chapter newsletter *The Lariat* by email to keep you informed.
- Again, you owe it to yourself (and family) to be part of an organization that protects your rights, entitlements and benefits.

Have them sign up online at

www.alamomoaa.org

or email us at moaa-ac@sbcglobal.net or call the office at 210.228.9955.

Do You Shop Amazon?

Would you like for 0.5% of the cost of your purchases to be donated to the Alamo Chapter Educational Foundation? You can. Just switch your Amazon account to Amazon Smile and select the Alamo Chapter Educational Foundation or 82-1635522. Use your regular Amazon login info and password to continue shopping.

There is no cost to the Alamo Chapter Education Foundation or to you. And we get a check at the end of each quarter!



VOLUNTEER STAFF:

PRESIDENT	LtCol Kitty Meyers kamconsulthr@gmail.com
PROGRAMS	Col David Patrick dwpatrik01@gmail.com
MEMBERSHIP	COL Felix Santiago felixsantiago01@gmail.com
LEGISLATIVE AFFAIRS	MAJ James Cunningham jimbob48@sbcglobal.net (Open)
SECRETARY	(Open)
TREASURER	(Open)
SCHOLARSHIPS	Col Peter Hunt moaa.ac.awards@gmail.com
PERSONAL AFFAIRS	Col Stu Myers
Personal Affairs Assist	CAPT Cora Bayle Cox
PR-SOCIAL MEDIA	LtCol Kathie Estrada
LEGAL COUNSEL	Jacobson Law Firm
SOLITAIRES	(Open)
SUPPORT	Lt George Frecko
EDITOR	LtCol Juliet Chelkowski
CHAPLAIN	LTC James Taylor
PX/VAC Rep	Jim Cunningham
SA TRANSITION	LtCol Kitty Meyers
TX TRANSITION	Col David Patrick
WEBMASTER	Col Bill Hudson
HISTORIAN	(Open)
VOLUNTEER COORD.	Col Pete Schaub
ADVERTISING	Col Lisa Skopal
BLUE SKIES REP	LtCol Jim & Dottie Conner
ARC REP	Col Joe & Janet Morgan
CHAPTER AFFAIRS	Col Irene Collier
ACTIVE DUTY LIAISON	LT Rachel Johnson
CONTRACTOR:	Trish Meserve

Chapter Board:

Chairman:	COL Barbara Ramsey
Vice Chair:	LtCol Ed Marvin
Col Mac McDonald	Col Frank Rohrbough
LTC Jim Finch	LTC Bill Goforth
LTC Robert Blake	

Honorary Director: Gen William McBride

Alamo Chapter Educational Foundation Board:

COL Robert Akam	Maj Tony Hargrove
Col Peter Hunt	CAPT Bill Whiting

Editorial Policy

The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all. MOAA-AC Operations is a non-profit organization 501c 4. The Alamo Chapter Educational Foundation is a 501c 3.

MOAA and its affiliated chapters and councils are strictly non partisan.

Advertising contained in the newsletter is not endorsed by MOAA or its affiliate the Alamo Chapter and does not represent any recommendation to the membership. Opinions expressed in articles contained herein are not necessarily those of the membership as a whole or the Chapter. Questions should be directed to the Editor at the Chapter office.

MOAA-AC PO Box 340497 Ft Sam Houston, TX 78234
(210) 228-9955 www.alamomoaa.org moaa-c@sbcglobal.net

MOAA-AC is a private organization. It is not a part of the DoD or any of its components and has no governmental status.



MILITARY OFFICERS ASSOCIATION OF AMERICA
ALAMO CHAPTER

THIS IS A PRIVATE ORGANIZATION. IT IS NOT A PART
OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS
COMPONENTS AND IT HAS NO GOVERNMENTAL
STATUS

FOR INFORMATION REGARDING
OUR BY-LAWS, STRATEGIC PLAN,
EVENTS CALENDAR, MEETING
MINUTES AND PAST ISSUES OF
THE LARIAT PLEASE VISIT OUR
WEBSITE:

WWW.ALAMOMOAA.ORG

P.O. Box 340497
Ft Sam Houston, TX 78234-0497

Phone: 210-228-9955
Email: moaa-ac@sbcglobal.net
www.alamomoaa.org

2320 Stanley Rd, Bldg 140
Ft Sam Houston, TX 78234

THE LARIAT

National Award Winning Newsletter

MOAA-AC
P.O. Box 340497
Ft Sam Houston, TX 78234

Note: The Chapter is “dark” during the month of July
- no Staff, Board or Chapter meetings.



Thursday 24 June at 11am

Chapter Webinar

via ZOOM

Laura Koerner

Chair

Texas Veterans Commission

No pre-registration necessary
— just logon to ZOOM and join us!

Meeting ID: 836 8153 5452

Passcode: 373453

Please join us!



Partner with Pride for our Flag Exchange Program

Bring in any worn American flag in exchange for a FREE 3x5 replacement

APRIL 1, 2021 - JUNE 30, 2021

****One flag per household****

Flag exchanges will be available Monday-Saturday 9am – 5pm

We will conduct a retirement ceremony of all flags collected

SUNSET FUNERAL HOME & MEMORIAL PARK

1701 Austin Highway
San Antonio, TX 78218
(210) 828-2811

Every Detail Remembered™ | **Dignity®**
MEMORIAL