

# MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



# THE



# LARIAT

Volume 41, Number 3

“Five Star ★ ★ ★ ★ ★ Chapter”

March 2021



## President's Message

Greetings. Yesterday was an example of how our world has changed in just a year. LtCol Shane Ostrom, USAF (Ret) CFP, MOAA'S Program Director, Financial and Benefits Education/Counseling gave a marvelous presentation on Social Security and Medicare. This was an overview of these programs. Shane and his partner, Capt. Paul Frost, AFC, USN (Ret) are our MOAA resources for the nitty gritty of these and other benefits programs. They are just one of the many contacts available through MOAA to assist us through advocacy and support.

How often do we reach out for help? The resources available through MOAA and locally are vast. Whether utilizing the national sources or contacting the Chapter staff, there are folks available to help. Our transition program, through Col David Patrick, USAF (Ret) and me, provides information and coaching support. Capt. Cora Rogers, USN (Ret) has done a marvelous job in her outreach through Personal Affairs. MAJ Jim Cunning-

ham, USA (Ret) is our Legislative VP. He is our connection to DC as especially to Austin. These are just a few of the staff members who work continuously to support you, the membership.

The staff of your Chapter are all volunteers. I give thanks every day for these few who are engaged to create the programs and opportunities for you. They have excelled during the crazy pandemic times.

However, they do need your help. We have two critical vacancies. The first is treasurer. This position keeps us on track during these turbulent times. The second is a deputy Zoom master. Our need to keep connected through our committees and programs. The technology of Zoom has been our lifeline to each other and to you.

The second avenue to participate in your Chapter is through committee work. The committees are lifelines for any nonprofit, ours included. These committees are golf, scholarship, recruiting, legislative, transition, personal affairs, and marketing. Do your skill set and time availability fit into one of these committees? If so, please connect. We can find that right fit for you. Your Chapter needs you!

I thank y'all for the support you give. We have a strong tradition of being a “5-Star of Excellence” chapter of MOAA. That cannot be accomplished without you. We strive to continue that goal. Never Stop Serving.

*Kitty*  
Kathryn “Kitty” Meyers  
LtCol USAF (Ret)  
SPHR, SHRM-SCP

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## Save The Date

### 13th Annual MOAA-AC Golf Tournament

Friday, November 5, 2021

The Quarry Golf Course

**Early bird discount** - sign up on line at  
[www.AlamoMoaa.org](http://www.AlamoMoaa.org)

or see pages 8 & 9 of this issue





## Thank You!

to each of our members listed below who have donated a little (or a lot!) to the Educational Foundation, and/or Chapter Operations  
 We really appreciate it—and every dollar helps!

Col Edd Barnes USAF (Ret)  
 LTC Donald Bartlett USA (Ret)  
 Marty Bock  
 LtCol George Carruthers USAF (Ret)  
 Col Jeffrey Carter USAF  
 COL Darrell Childers USA (Ret)  
 CDR Jesse De Loach USN (Ret)  
 Jackie Deponte  
 COL Janice Edgerson USA (Ret)  
 Col David Enos USAF (Ret)  
 Maj John Franklin III USAF (Ret)  
 LTC Earl Gilley USA (Ret)  
 MAJ Frank Gudat USA (Ret)  
 Col Edward Herbold USAF (Ret)  
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 Sue McCarthy  
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 Helga Parks  
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 LTC Ronald Richtsmeier USA (Ret)  
 Col Frank Rohrbough USAF (Ret)  
 Col Pete Schaub USAF (Ret)  
 LtCol Wayne Shaw III USAF (Ret)  
 LtCol Orange Steffey, Jr USAF (Ret)  
 Col Talmadge Thomas USAF (Ret)  
 Col Thomas Tredici USAF (Ret)  
 Col Marc Van Wert USAF (Ret)  
 Maj Paul Winkler USAF (Ret)  
 Evelyn Woods

## Notable Celebrations in March



Mar 2 Texas Independence  
 Mar 14 Daylight Savings  
 Mar 17 St Patrick's Day  
 Mar 20 March Equinox  
 Mar 28 Palm Sunday  
 Mar 28 Passover  
 Mar 29 National Vietnam War Veterans Day

## Are You an Amazon shopper?

**Would you like for 0.5% of the purchase price be donated to the Alamo Chapter Educational Foundation?** You can. Just switch your Amazon account to Amazon Smile to support the Alamo Chapter Educational Foundation.

When first visiting the website [smile.amazon.com](https://smile.amazon.com) you are prompted to select a charitable organization by entering a name or EIN so please enter either "Alamo Chapter Outreach" or 82-1635522. Just use your regular Amazon login info and password to continue shopping.

There is no cost to the Alamo Chapter Education Foundation or to you.



## Temporary Waiver of Vehicle Title & Registration Requirements Ends April 14, 2021

Effective 15 April 2021 JBSA Security Forces will resume enforcement of valid Texas vehicle registrations for installation access. All vehicles must then possess current vehicle registrations.

### Three ways to renew your vehicle registration:

**Online:** Visit <http://www.TxDMV.gov> or [www.Texas.gov](http://www.Texas.gov). This is the quickest and least expensive way to renew. Save \$1 if you renew online. Online renewal is available up to nine months past your registration expiration date.

**Mail:** Return the bottom portion of your registration renewal form, payment and other required information to your county tax assessor-collector.

**In Person:** Visit the office of your county tax assessor-collector. In many counties, in-person renewal is also available at other locations, such as certain grocery stores. Contact your county tax office to check hours and locations.

**Reminder:** Before renewing registration, Texans will need to obtain a passing vehicle inspection at the state vehicle inspection station of their choice, unless their vehicle is exempt from inspection requirements.



## Senate Reintroduces Concurrent Receipt Legislation



Nine days after Major Richard Star, USAR, pictured here, lost his battle with lung cancer from toxic exposure, Sens. Jon Tester (D-Mont.) and Mike Crapo (R-Idaho) reintroduced the Major Richard Star Act (S. 344) with 42 Senators as original cosponsors.

The legislation will authorize concurrent receipt of DoD retired pay and VA disability for those injured in a combat zone and forced to medically retire under Chapter 61.

Before Star lost his long-fought battle with cancer, he wanted to make sure his fight for concurrent receipt continued. “He made me promise him to continue to work with members of Congress to get this bill passed, and help the 42,000 families that would desperately benefit from it,” his widow, Tonya, said. “It is my honor to carry on this effort in his memory.” Senators are growing bipartisan support for this legislation – part of an incremental strategy to chip away at the larger concurrent receipt problem that has an associated \$33 billion price tag.

“When it comes to our nation’s disabled veterans, we’ve got to cut through the bureaucratic red tape that’s prevented them from getting the full benefits they’ve earned,” Tester said. “The Major Richard Star Act would fix the unfair offset that prevents thousands of veterans living with the wounds of war from accessing both their disability benefits and retired pay. And it honors the service and sacrifice of Major Richard Star, whose legacy lives on in our continued fight to ensure our men and women in uniform get the assistance they deserve.”

All servicemembers, active and retired, “deserve to receive the full care and benefits they have earned, not just fragments offset by government red tape,” said Crapo. “The Major Richard Star Act will ensure medically retired and combat-injured veterans receive

both military retired pay and disability compensation earned through their service to our nation. I join the nation in mourning the recent loss of Major Richard Star, and I remain dedicated to improving veterans benefits, including fixing unfair discrepancies such as this, to honor his legacy.”

There is a renewed support and a sense of urgency across military and veterans service organizations to advocate for concurrent receipt legislation. The Military Coalition, a group of 35 organizations (including MOAA) representing more than 5.5 million servicemembers, veterans, their families, and survivors, wrote a letter of support for the bill to the House and Senate Armed Services Committees.

“An incremental approach to correcting this injustice should start with those injured in combat in recognition of their extraordinary sacrifices in defending our Nation,” the letter states.

### Where Is the Legislation in the House of Representatives?

The House is on a different schedule than the Senate and will also reintroduce the Major Richard Star Act very soon. Reps. Gus Bilirakis (R-Fla.) and Raul Ruiz (D-Calif.) will champion the legislation again this year in the House. Last year, the bill ended in the 116th Congress with support from 101 representatives. Increasing support for this legislation is critical for the bill to pass – either as a standalone measure or as part of the National Defense Authorization Act.

MOAA and The Military Coalition will continue to advocate for concurrent receipt legislation like The Major Richard Star Act and the strategy to incrementally achieve concurrent receipt for all retirees. Contact your legislators today, and monitor updates and read more about concurrent receipt at [MOAA.org](http://MOAA.org).

*Source: LtCol Mark Belinsky, MOAA Director Currently Serving & Retired Affairs*

## Are You

### 1. Considering joining a MOAA chapter?

### 2. Debating whether to renew your chapter membership?

### 3. Talking to a potential new member?

Here are some of the key benefits to belonging to one of MOAA’s more than 400 chapters:

- **Connections:** When you attend chapter meetings, become active on a committee, or take a prominent leadership role, you will forge lasting ties with other MOAA members who have common professional interests and similar association concerns.
- **Community involvement:** Chapter membership provides opportunities to contribute to your community in a variety of ways, from providing scholarships to local students to supporting causes that support wounded warriors, active duty servicemembers and their families, and veterans in-need.
- **Legislative advocacy:** MOAA chapter members play a critical role in advancing legislation at both the city, county and state level. This grassroots advocacy is key to MOAA achieving its legislative goals.

See also MOAA national’s progress at [www.moaa.org](http://www.moaa.org) and include your voice by responding to MOAA’s Take Action items at

<https://takeaction.moaa.org>.

# Membership Memos

## THANK YOU Renewing Members

Brig Gen Karen Rankin USAF (Ret)  
 COL Wayne Boyd USA (Ret)  
 COL Claudia Carrizales USA  
 Col Jeffrey Carter USAF  
 COL Darrell Childers USA (Ret)  
 COL Janice Edgerson USA (Ret)  
 Col David Enos USAF (Ret)  
 Col Edward Herbold USAF (Ret)  
 Col Dana Jacobson USAF (Ret)  
 COL Lyle Jackson USA (Ret)  
 Col Mac McDonald USAF (Ret)  
 Col Boots Miller USAF (Ret)  
 Col James Payne USAF (Ret)  
 COL Barbara Ramsey USA (Ret)  
 Col Frank Rohrbough USAF (Ret)  
 COL Sylvia Sanchez USA (Ret)  
 Col Pete Schaub USAF (Ret)  
 Col Dennis Shumaker USAF (Ret)  
 Col Dale Vande Hey USAF (Ret)  
 Col Marc Van Wert USAF (Ret)  
 COL Steven Woods USA (Ret)  
 CDR Steven Bergeron USCG (Ret)  
 LtCol Michael Cermele USAF (Ret)  
 CDR Jesse De Loach USN (Ret)  
 LTC Martha Dingey USA (Ret)  
 LTC James Hickey USA (Ret)  
 CDR Thomas Hoskins USN (Ret)  
 LTC James Klar USA (Ret)  
 LtCol Leonard Lenertz USAF (Ret)  
 LTC Walter Meyer USA (Ret)  
 LtCol Richard Murray USAF (Ret)  
 LTC Ronald Richtsmeier USA (Ret)  
 LTC Ron Rickard USA (Ret)  
 LTC Tighe Scott USAR

LTC William Smith USA (Ret)  
 LTC Stephanie Trochak USA (Ret)  
 MAJ Frank Gudat USA (Ret)  
 Maj Paul Winkler USAF (Ret)  
 CPT Greg Bartlett USA (Frmr)  
 Marty Bock  
 Celeste Cook  
 Betty Cruzen  
 Jackie Deponte  
 Ann Furlow  
 Pat Gibbs  
 Joan Lyman  
 Sue McCarthy  
 Marilyn O'Hair  
 Helga Parks

## Alamo Chapter Vision & Mission

### ***Vision:***

*To be the primary advocate  
for the military community*

### ***Mission:***

- *Provide information, support and social engagement to members;*
- *Offer programs and services for the common good of the military community;*
- *Support MOAA at the national, state and local levels with a powerful voice.*

Visit [www.alamomoaa.org](http://www.alamomoaa.org) for more info

## WELCOME New Members

Col J. Ward Boyce USAF (Ret)  
 Col Gregory Nita USAF  
 CDR Glen Looney USN (Ret)  
 Maj Rodney Allison USAF (Ret)  
 Maj Melissa Downs USAF (Ret)  
 MAJ Lawrence Garcia USA (Ret)  
 Maj Martin Martinez USMC (Frm)  
 LCDR Karen Overall USN (Ret)  
 MAJ Alberto Pantoja USA (Ret)  
 CPT Greg Bartlett USA (Frm)  
 CPT George Knox USA (Frm)  
 CPT George Vrba USAR (Frm)  
 Capt Catherine Wilson USAF (Ret)  
 1LT William Jeffries USA (Frm)  
 2LT Maria Alvarado USA  
 2LT Toribio Esparza Gomez USA  
 2LT Jennifer Schute USA  
 CW3 Bridget Byrd USA (Ret)  
 WO1 Michael Nichols USAF (Ret)

## Current Membership Stats

Active Duty 319  
 Surviving Spouse 165  
 Former Military 58  
Retired 835  
**Total 1377**

Membership is open to active duty, former, retired, and National Guard and Reserves commissioned and warrant officers of the eight U.S. uniformed services and their surviving spouses.



# Membership & Retention Update

Have you ever heard the expression, “*membership pays for itself?*” For approximately \$2.09 a month, or \$25.00 per a year, your active membership in the MOAA Alamo Chapter creates “one powerful voice” at local, state and national forums addressing pay, pension, entitlements, benefits and many other comprehensive issues affecting the entire military community.

Yes, one can never argue that entitlements earned through years of service can only be protected through memberships in service organizations. However, our voices highlighting the potential degradation of promised programs, needed protection of earned entitlements as well as addressing legislation affecting the career force are enhanced when we join together.

For a complete listing of 2021 legislative priorities go to <https://www.moaa.org/content/publications-and-media/news-articles/2020-news-articles/advocacy/moaas-2021-legislative-priorities/>

As membership in MOAA provides essential updates about national legislative activities affecting health care, family issues, and advocacy efforts on behalf of our military community, your Alamo Chapter membership also enables you to receive critical information on those matters taking place locally in the City of San Antonio and legislatively within the State government at Austin.

As you know, membership in the Alamo Chapter also provides for enhancing the professional networking and social engagement of our members, assisting in transition requirements, and access to essential information pertinent to the military community.

Despite the challenges of the pandemic, the MOAA Alamo Chapter has continued to serve our members by

providing a monthly speaker forum via ZOOM with a wide variety of topics on issues affecting the community at large, our members and our families.

The latest presentation in February by the MOAA Program Director for Financial & Benefits Education/ Counseling covered complex issues regarding the decision-making for enrollment and transitioning to Social Security, Medicare, TRICARE for Life. Many other presentations throughout the last year focused on CPS Energy Update, SAWS Update, the tremendous impact of Haven for Hope, Celebrating the 90<sup>th</sup> Anniversary of Randolph Field, Awareness and protection against Identity Thefts/ Scams and Fraud, Historical account of the Comanches in Early Texas, an update on Pandemic Effects by UT Health, and a COVID Update among many others.

On March 25<sup>th</sup>, the Chapter will have MajGen Jeannie Leavitt, Director of Operations and Communications, AETC, JBSA Randolph as the motivational speaker during the presentation of the scholarships. You may find re-

cordings to several of these past presentations at <http://www.alamomoaa.org/webinar-recordings.cfm>

Your MOAA Alamo Chapter continues to grow despite the challenges of the pandemic. During the 2020 year, the Alamo Chapter had a 40% growth and is currently one of the largest MOAA chapters in the nation with over 1400 active, retired, surviving spouses and former officers.

Approximately 25% of our members are active duty, 12% surviving spouses, 4% former military officers, and 59% retired officers. We encourage you to renew your membership to continue to make your voice count locally, at State, and nationally.

We will appreciate your most up to date email, telephone, and basic birth month/year information to keep you informed as well as to alert you of specific upcoming activities of interest.

*Felix Santiago*  
COL USA (Ret)  
Chair, Membership & Retention

## ORDER FORM - Alamo Chapter Merchandise

### Pebble Beach Performance Golf Shirt \$30

Circle order details below - Subject to availability

Mens Ladies S M L XL 2XL 3XL Royal Blue White Brindle

Free pick up from Chapter Office (appt & mask required) or add \$5.00 for shipping.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Tel: \_\_\_\_\_

Provide Credit Card info below or mail in check made payable to MOAA-AC - to P.O. Box 340497, San Antonio, TX 78234, or call the office at (210) 228-9955 (Tues thru Thurs 1-4pm) to place order and pay by credit card over the phone.

Credit Card #: \_\_\_\_\_

Exp Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

CVV: \_\_\_\_\_ Total \$ \_\_\_\_\_



# Pfizer Vaccine Available at Ft Sam for Those Aged 75+

Brooke Army Medical Center will begin administering the Pfizer-BioNTech COVID-19 vaccine to beneficiaries ages 75 and older next week by appointment only at its Fort Sam Houston vaccination site.

As part of the Defense Department's phased plan, BAMC also continues to administer the vaccine to eligible phase 1a and phase 1b personnel, to include healthcare professionals, personnel who perform critical national capabilities, service members preparing to deploy and frontline essential workers.

"We are very pleased to extend this care to our higher risk beneficiaries while still administering the vaccine to critical military units and medical personnel," said BAMC Commanding General Brig. Gen. Shan K. Bagby.

## Making an Appointment

Vaccinations will be administered by appointment only. Appointments for eligible 1a and 1b military and civilian personnel will be coordinated by their unit/chain of command.

Beneficiaries ages 75 and older have two options for booking an appointment starting Feb. 25, 2021:

**Option 1.** Visit the TRICARE Online Patient Portal. This internet site offers beneficiaries 24/7 access to make appointments quickly and conveniently. To access the portal, visit <https://www.tricareonline.com> and click "Log In" using one of the following credentials: a DS Logon Premium (Level 2), DoD Common Access Card, or Defense Finance and Accounting Services MyPay login. To obtain DS Logon credentials, click "Register."

To make an appointment, click

"Appointments" on the portal home page. Click "Make Appointment" on the top left and follow the instructions. For additional online appointment instructions, visit <https://tricare.mil/FindDoctor/AllProviderDirectories/Military/SecurePatientPortal/OnlineAppointing>

**Option 2.** Call the Consult Appointment Management Office, or CAMO. Beneficiaries can call 210-916-9900 or 1-800-443-2262, Option 8, Mondays through Fridays from 6:30 a.m. to 4:30 p.m. Please keep in mind that hold times may be longer than usual.

## Vaccination Site

The COVID vaccination site is not on the BAMC Campus; it is located on main post **Fort Sam Houston in the Training Support Center, Building 4110, 2536 Garden Avenue** – up the road from the Jennifer Moreno Clinic. BAMC repurposed this site to offer beneficiaries better vaccine access and safety.

"This site has enabled BAMC to increase its throughput while offering a convenient location for our beneficiaries," said Maj. Jared Brynildsen, BAMC COVID vaccination program officer in charge. "The larger facility also ensures people can maintain physical distancing throughout the vaccination process."

A face covering is required to enter the facility. Once the vaccine is administered, individuals will need to remain in the vaccination area for 15 to 30 minutes depending on health history for observation. During check out, they will be offered the opportunity to book an appointment for their second dose, which is administered at or around the 21-day mark.

The vaccine, which is administered

in two doses 21 days apart, is expected to have a 95 percent efficacy rate following receipt of the second dose, according to the CDC website.

Even with such a high efficacy rate, people should stay vigilant even after getting the vaccine until more is learned about the protective immunity these vaccines confer, noted Air Force Col. Heather Yun, BAMC's deputy commander for medical services and an infectious disease physician.

"Remember the 3 Ws -- wear a mask, wash hands or hand sanitize regularly, and watch your physical distance," she said. "Taking protective measures and getting the vaccine when available are the best ways to protect ourselves, our families and our communities and put an end to this terrible pandemic."

## Down the Road

Following Phase 1b personnel, the San Antonio Military Health System will later expand its efforts to include Phase 1c, which encompasses eligible beneficiaries age 65-74 and beneficiaries age 16 and older at increased risk for severe illness as outlined by the Centers for Disease Control.

For more information on the DoD's vaccine program, visit <https://health.mil/Military-Health-Topics/Combat-Support/Public-Health/Coronavirus/COVID-19-Vaccine-Efforts>.

For information on the SAMHS vaccine program, visit <https://www.jbsa.mil>, or follow BAMC or WHASC on social media.

Additionally, BAMC will host a Facebook Live COVID-19 Vaccine Town Hall on March 9 at 1:30 p.m. at <https://www.facebook.com/BrookeArmyMedicalCenter>

*Source: BAMC Public Affairs 02/25/21*



## Medical Minute

### Insomnia

Insomnia is defined as difficulty falling asleep for 30 minutes after bedtime or difficulty in staying asleep (waking up more than once or more times for long periods during the night at least three times a week for a month or more).

Chronic insomnia affects nearly 10% of Americans according to the CDC, and research suggests that it increases risk for heart disease, diabetes, and dementia and mood disorders.

Long term sleep problems require medical attention as they are often a symptom of underlying issues that can be treated such as medical problems, psychiatric conditions or the side effects. Easing issues include establishing a sleep environment that is comfortable, dark, cool, and quiet. Have a regular time to go to bed and to wake up, even on Sundays. Get plenty of exercise and manage stress.

The American Academy of Sleep Medicine recommends that we do away with daylight-saving time. By sticking with standard all year round, peoples' sleep quantity and quality might improve as would cognition, immune response, hormone levels and heart health.

Some people have frequent nightmares. Nightmares several times a week over a few months can lead to dementia and psychiatric problems. Cognitive therapy may be recommended.

Source: Mind, Mood Memory; Harvard Health Letter

*Irene Collier (Col, Ret)*



## Solitaires



### Tai Chi or Yoga? Which One for You?

There are differences between Tai Chi and Yoga, according to your needs. Both are low intensity exercises that have been practiced for hundreds of years. Both are good for the mind and the body. And... both are good for older adults. Here are some differences:

The primary difference between Tai Chi and Yoga is the flowing versus static movements of each. Tai chi focuses on a graceful dance of flowing motions. As you perform a series of choreographed movements, you breathe deeply. The focus is on bodily sensations where you gradually shift your weight from one pose to another. Yoga is a series of focused, mostly static (still) strengthening and stretching postures that combine with breathing techniques.

Both Tai chi and Yoga can be adapted for people need or want to sit in a chair while exercising. Generally, Tai Chi is performed while standing. Yoga can be performed standing, sitting, lying down, or kneeling on all fours. Some yoga positions require you to bend, reach backwards, or even turn upside down.

Tai Chi and Yoga movements are very structured and involve specific movements to remember. Especially until you become familiar with the

movements (as the exercises are called), instructors both through live class and virtually can lead you. Many Tai Chi programs have been modernized and simplified to include only a small number of easy to learn movements.

Tai Chi and Yoga are wonderful exercises, especially as lack of flexibility and stability become issues as we age. Tai chi improves your balance, estimated to a 20% to 60% reduction in falls. The exercise sharpens the skills needed to stay upright—leg strength, flexibility, range of motion reflexes, awareness of bodily sensations and mental focus. Yoga appears to reduce pain, especially back, neck and other muscular pain. This could be from the gradual stretching and strengthening of muscles that support the back. (The paraspinal muscles help when bending and the multifidus muscles support the vertebrae). Yoga may also reduce pain by reducing mental stress as this seems to increase the perception of pain.

Choosing between Yoga and Tai Chi comes down to personal preference. You might enjoy flowing movement more than standing still. Both can improve your flexibility, balance, mobility. They also reduce risk of falls. Yours to choose.

*Irene Collier (Ret)*



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# 13<sup>th</sup> Annual MOAA-AC Golf Tournament

Military Officers Association of America - Alamo Chapter  
Benefiting



## JBSA Ft Sam Houston Warrior and Family Support Center & Alamo Chapter Educational Foundation

**Friday, November 5, 2021**

The Quarry Golf Course, 444 E. Basse Rd, San Antonio, Tx

**\$150 per player (limit 120 players)**  
(\$10 early bird discount if registered & paid by September 5th)

**Womens & Mens Divisions!**  
*Includes green fees, cart, goodie bag, lunch & dinner*

**REGISTRATION & LUNCH begin 11:00am - Shotgun Start 1pm**

### SPONSORSHIP OPPORTUNITIES

#### Title Sponsor \$10,000

Tournament named in your honor, Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 8 players.

#### Platinum Sponsor \$5,000

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 6 players.

#### Gold Sponsor \$2,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 4 players.

#### Silver Sponsor \$1,500

Club House Banner, Promotional recognition, Tee Box signage, Green Fees & Cart for 2 players.

#### Hole In One Sponsor \$1,000

#### Hospitality Cart Sponsor \$750

#### Hole Sponsor \$325

#### Warrior Player Sponsor \$150

Monetary donation in any amount \$ \_\_\_\_\_

(For 4 person teams or individual players)

**Player 1 Name:** \_\_\_\_\_  
**Shirt Size:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Player 2 Name:** \_\_\_\_\_  
**Shirt Size:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Player 3 Name:** \_\_\_\_\_  
**Shirt Size:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

**Player 4 Name:** \_\_\_\_\_  
**Shirt Size:** \_\_\_\_\_  
**Email:** \_\_\_\_\_

*Participation implies agreement to use photos in any PR materials*

**Credit Card #:** \_\_\_\_\_

**Exp Date:** \_\_\_\_\_ **Billing Zip Code:** \_\_\_\_\_

**CVV:** \_\_\_\_\_ **Tel:** \_\_\_\_\_

**Golf Fee Amt:** \$ \_\_\_\_\_ **Donation Amt:** \$ \_\_\_\_\_ **SuperTicket Amt:** \$ \_\_\_\_\_

**Sponsorship Amt:** \$ \_\_\_\_\_ **Total Amount:** \$ \_\_\_\_\_

*MOAA-AC is a private organization. It is not part of the Department of Defense or any of its components and it has no governmental status.*

**Make checks payable to: MOAA-AC and mail to: P.O. Box 340497, Ft. Sam Houston, TX 78234. If you prefer, you may also register and/or donate by credit card on our website: [www.alamomoaa.org](http://www.alamomoaa.org). Call Trish at 210-228-9955 for questions on tournament registration, or to pay/donate by phone with your credit card (Mon-Thurs 1-4pm).**





# The Military Officers Association of America

Alamo Chapter (MOAA-AC)

is conducting its

## 13th Annual Golf Tournament on November 5, 2021 at the Quarry Golf Course in San Antonio.



The tournament raises funds for . . .

**The Warrior & Family Support Center on JBSA Ft Sam Houston** which provides a neutral, home-like place for families and patients to gather after long and often painful days of treatment. **The Chapter's JROTC and ROTC Scholarships (Alamo Chapter Educational Foundation)** which help towards the cost of college for promising local high school students as well as those ROTC students already in college. Scholarships are awarded to the children and grandchildren of all military (all ranks). Since its inception this tournament has raised over \$135,000 for its beneficiaries . . . and we'd love your help to raise even more!

If you have been a donor in the past, we are very grateful for such support and we need your help again this year. If you have not provided support in the past, please consider doing so.

Here are the ways you can help:

- ♦ Be a **sponsor** -- select one of the many options listed on the reverse.
- ♦ Be a **golfer** -- submit an entry form for yourself or a team using the registration form on the reverse.
- ♦ Be a **contributor** -- donate an entry fee of \$150 and give a Warrior an opportunity to play free of charge, or donate any dollar amount to help us defray expenses and allow us to give more to the cause.
- ♦ Be a **supporter** -- provide goodie bag items (preferably a minimum of 150, or gift certificate(s) to be used as a tournament prize.
- ♦ Be a **volunteer** -- help during the planning phase as a committee member and/or during the tournament with registration, as a course assistant, contest judge, awards assistant, etc.

Your support of this fundraising event will be greatly appreciated. Please feel free to distribute this flyer to any of your family, friends, co-workers and fellow golfers who may desire to support this worthy cause. If you wish to contact us about a sponsorship, donations, prizes, or being a volunteer, please call Frank Rohrbough at (703) 868-8006 or call our MOAA Office at (210) 228-9955.

Sign up or donate using this form or alternatively, you can sign up and/or donate on line at our website and pay using your credit card. Go to [www.alamomoaa.org](http://www.alamomoaa.org). Tax ID: 82-1635522 .

Thank you.

*Frank Rohrbough*

Frank Rohrbough  
Co-Chair, Golf Committee

# March Speaker Bio - Maj Gen Jeannie Leavitt



Maj. Gen. Jeannie M. Leavitt is the Director of Operations and Communications, Headquarters Air Education and Training Command, Joint Base San Antonio-Randolph, Texas. She is responsible for the world's largest training organization, providing initial skills, undergraduate flying, post graduate combat crew and supplemental training for over 300,000 Air Force, joint and international personnel at 65 Air Force and Department of Defense locations. Maj. Gen. Leavitt provides strategic vision, policy, guidance and advocacy to build, operate, secure, defend and extend the Air Force portion of the Department of Defense global network. Additionally, she executes force development policy to ensure the training, education and experiences of total force Airmen achieve desired competencies to meet U.S. Air Force needs, providing the right Airman in the right place at the right time.

Maj. Gen. Leavitt entered the Air Force in 1992 after earning her bachelor's degree in Aerospace Engineering from the University of Texas and her master's degree in Aeronautics and Astronautics from Stanford University. She earned her commission as a distinguished graduate of the Air Force ROTC program. Maj. Gen. Leavitt has served in a variety of flying, staff and command assignments and has commanded at the flight, squadron and wing level. She is a graduate and former instructor of the U.S. Air Force Weapons School and is a command pilot with more than 3,000 hours. Her operational experiences include operations Southern Watch, Northern Watch, Iraqi Freedom and Enduring Freedom.

Prior to her current assignment, she served as commander of Air Force Recruiting Service, which is comprised of more than 2,800 Airmen and civilians and approximately 1,040 recruiting offices across the U.S. and abroad responsible for all enlisted accessions and a variety of officer accession programs in addition to management of all strategic marketing for the U.S. Air Force.

## EDUCATION

1990 Bachelor of Science, Aerospace Engineering, University of Texas, Austin

1991 Master of Science, Aeronautics and Astronautics, Stanford University, Stanford, Calif.

1997 Squadron Officer School, Maxwell Air Force Base, Ala.

1998 Weapons Instructor Course, U.S. Air Force Weapons School, Nellis AFB, Nev.

2002 Master of Business Administration, Auburn University, Auburn, Ala.

2004 Air Command and Staff College, Maxwell AFB, Ala.

2004 Master of Military Operational Art and Science, Maxwell AFB, Ala.

2007 Air War College, Maxwell AFB, Ala., by correspondence

2010 National War College, Fort Lesley J. McNair, Washington, D.C.

2010 Master of National Security Strategy, National War College, Fort Lesley J. McNair, Washington, D.C.

2010 Leadership Development Program, Center for Creative Leadership, Greensboro, N.C.

2012 Air Force Enterprise Leadership Seminar, Darden School of Business, University of Virginia, Charlottesville

2012 Seminar XXI, Massachusetts Institute of Technology, Cambridge

## ASSIGNMENTS

1. January 1992–March 1993, Student, Undergraduate Pilot Training, Laughlin Air Force Base, Texas

2. March 1993–July 1993, T-38 Instructor Pilot Upgrade Trainee, Vance AFB, Okla.

3. July 1993–April 1994, Student, F-15E Formal Training Course, 555th Fighter Squadron, Luke AFB, Ariz.

4. April 1994–January 1998, Instructor Pilot, Training Officer, later Assistant Chief of Weapons, then Assistant Chief of Standardization and Evaluation, 336th Fighter Squadron, Seymour Johnson AFB, N.C.

(Continued on Page 12)

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<http://www.tms-texas.com/>

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## USAA

*Financial Services Company*

<https://www.usaa.com/>

800-531-8722

*For more information visit our website*

[www.AlamoMoaa.org](http://www.AlamoMoaa.org)

*And look for the Media Kit under the About Us tab or email Lisa Skopal  
lskopal@ymail.com*

*Insert*

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## Corporate Partners:

### Sponsors and Advertisers in The Lariat

Sponsors and advertisers are vital for the success of any nonprofit and our Chapter is no exception.

Their support provides us with the resources to fulfill our mission. We are working hard to build long-term relationships with several sponsors and businesses throughout the San Antonio area for both the Chapter operations and our Educational Foundation. The Foundation provides the support for the JROTC and ROTC scholarships distributed to deserving cadets annually.

We need your help to “pay it forward”. Please consider using these companies whenever possible. Let them know you saw their name in MOAA Alamo Chapter’s monthly newsletter, *The Lariat*, and make sure you thank them for their support. This lets them know their sponsorship is paying off advertising with MOAA Alamo Chapter. This will help ensure a long-term partnership with them and the Chapter.

Additionally, if you know of any business interested in sponsoring or advertising in the monthly *Lariat*, please let me know. We have different levels of sponsorship and different advertising options that can be tailored to each business.

A marketing package has been developed that describes the various plans. I would be happy to meet and help them develop options that will benefit their needs.

*Lisa Skopal*

Lisa Skopal  
Advertising Coordinator

**lskopal@ymail.com**

# Transitioning Tips

## Virtual Hiring Fair Prep Tips

One of the many benefits from MOAA are the various newsletters, emails, and LinkedIn postings. I encourage y'all to take advantage of these. Brian Anderson, COL USAF (Retired), Director of Career Transition and Member Services posted some great tips for prepping for virtual hiring fairs.

If you are not the greatest techie (and I'm speaking from experience) and have attended this kind of fair, it can be intimidating. I'll be quite honest. This pandemic has been a major challenge for me – tech wise. Have I been stretched past my comfort zone! Challenging to say the least. The tips that Brian provided hit home as I read them. I hope you find them as enlightening.

- **Register Now!** Don't hesitate about registering for these fairs. They are posted through moaa.org and through other of your connected resources.
- **Research the Companies.** This is the same advice that I give when prepping for any hiring fair. You need to review the list of participating employers prior to the event. Identify those that interest you. Check out the jobs posted on the website. Prep questions to ask the recruiter when you are at the fair booth.
- **Review the Vacancy Announcements on the MOAA's Job Board.** This is the job board available on the [www.moaa.org](http://www.moaa.org) website. It's a veteran focused job board in partnership with Indeed.
- **Leverage Your LinkedIn Profile.** As an HR, once I had identified a candidate of interest for a job opening, my next step was to google and search the LinkedIn profile. I consider this the resume on steroids. Lots of information to gain better insight into the applicant.
- **Update Your Resume.** This is your marketing tool that is targeted to the job. This is how you brand yourself. Make it powerful to the job, the industry and to the company. Check

out previous articles on resumes.

- **Have a Professional Biography Ready.** Brian calls this your opportunity to "create a softer introduction" to a potential employer. This is extremely helpful if you are interested in the company but are unsure or open to any specific job. It's call relationship building. Once you establish this, you can then target a resume to a specific job.
- **Check Your Tech.** Download any software needed to access the job fair. Make sure everything is operational. You don't want to be left out of the opportunity by some technical disconnect.
- **Select the Proper Attire.** There are videos, etc. posted on the MOAA website and through other sources that help you understand how to best visually present yourself. A word to the wise – presentation is everything.
- **Prep Your Elevator Pitch.** Just because this is a virtual event, doesn't mean that this pitch is not important. Make the most of the opportunity to introduce yourself with clarity in the first 30 seconds.
- **Remember to Smile.** This is part of your attire. Your facial expressions, especially your smile, show your personality and your interest. Don't blow it with a grumpy face.

It's up to you to take advantage of every opportunity. These virtual events have grown in number and popularity since the advent of the pandemic last year. They are here to stay. Take advantage of every opportunity. Best of luck.

*Kitty*

Kathryn "Kitty" Meyers  
LtCol USAF (Ret)  
SPHR, SHRM-SCP  
Chapter Transition Liaison Officer

## Speaker Bio - Leavitt

(Continued from Page 10)

5. January 1998–July 1998, Student, U.S. Air Force Weapons Instructor Course, F-15E Division, Nellis AFB, Nev.
6. July 1998–June 2001, F-15E Instructor Pilot, Assistant Chief, then Chief of Weapons and Tactics, later Flight Commander, then Assistant Operations Officer, 391st Fighter Squadron, Mountain Home AFB, Idaho
7. June 2001–August 2003, F-15E Instructor Pilot, Wing Standardization and Evaluation Examiner, 57th Operations Group, later Academics Flight Commander, then Assistant Operations Officer for Academics, 17th Weapons Squadron, U.S. Air Force Weapons School, Nellis AFB, Nev.
8. August 2003–July 2004, Student, Air Command and Staff College, Maxwell AFB, Ala.
9. July 2004–September 2005, Chief of Special Technical Operations, U.S. Forces Korea, Yongsan Army Garrison, Seoul, South Korea
10. September 2005–April 2007, Chief of Master Air Attack Plans, 609th Combat Plans Squadron, 9th Air Force and U.S. Air Forces Central Command, Shaw AFB, S.C.
11. April 2007–July 2009, Assistant Director of Operations, 334th Fighter Squadron, later Commander, 333rd Fighter Squadron, then Special Assistant to the 4th Operations Group Commander, Seymour Johnson AFB, N.C.
12. July 2009–June 2010, Student, National War College, National Defense University, Fort Lesley J. McNair, Washington, D.C.
13. July 2010–May 2012, Air Force Chief of Staff Fellow, Central Intelligence Agency, Washington, D.C.
14. June 2012–June 2014, Commander, 4th Fighter Wing, Seymour Johnson AFB, N.C.
15. June 2014–April 2016, Principal Military Assistant to the Secretary of Defense, Office of the Secretary of Defense, the Pentagon, Arlington, Va.

(Continued on Page 15)





## MOAA NATIONAL ENROLLMENT

☐ YES! Sign me up as a FREE BASIC MOAA Member

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse of Eligible Officer

☐ Graduation Year (Cadet/Midshipmen) \_\_\_\_\_

Email Address\*\* \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

*To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available.*

*We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit [www.moa.org/email](http://www.moa.org/email) for details.*

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

*Your spouse has access to all of your MOAA member benefits.*

\*\*Email address required for BASIC Membership



### Method of Payment

☐ Check (please make payable to MOAA Alamo Chapter) ☐ Credit Card Charge my card \$ \_\_\_\_\_

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## MOAA LOCAL ALAMO CHAPTER ENROLLMENT

☐ YES! Sign me up as a new Alamo Chapter Member

☐ YES! Renew my Alamo Chapter Membership

Name \_\_\_\_\_

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse/Surviving Spouse of Eligible Officer

Address \_\_\_\_\_

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(Email address required for Electronic Membership)

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Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Spouse Name \_\_\_\_\_

Spouse Email Address \_\_\_\_\_

☐ I would you like to help the Chapter as a Volunteer

**One-Year Membership \$25**  
(Monthly newsletter "The Lariat" sent by email)

**Send to:** MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or email to [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net); or signup **online** at [www.alamomoaa.org](http://www.alamomoaa.org).

# WANTED!

## Active Duty or Retired Job Seekers

If you would like to be added to the regular email blast that lists job opportunities in **San Antonio and Texas** please contact David Patrick, the Career Transition Coordinator - Texas  
[dwpatrick01@gmail.com](mailto:dwpatrick01@gmail.com)

If you are an area **employer** who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a **San Antonio Networker**, or if you are a **MOAA-AC member Job Seeker**, please contact

**Kitty Meyers LtCol USAF (Ret)**  
Chapter Transition Liaison Officer at  
[kamconsulthr@gmail.com](mailto:kamconsulthr@gmail.com)



## NEVER STOP SERVING!

## WE NEED YOU

### TO VOLUNTEER

for positions on your Chapter Leadership Team  
(Member spouses also welcome!)

#### Current Needs:

- 1) Secretary (No minute-taking required)
- 2) Surviving Spouse Coordinator
- 3) Membership Cmte Members
- 4) Community Outreach Members
- 5) Historian
- 6) Editor
- 7) Treasurer

*Position Descriptions can be found on  
the chapter website under the re-  
sources tab.  
[www.alamomoaa.org](http://www.alamomoaa.org)*



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"ARC has everything we wanted - separate quarters (duplex) for independent living, a continuum of healthcare, all on the same campus. All that and the price was right! It was the best decision we ever made. Come join us and you will find a very warm welcome from folks from all the services who share your values."

**Bill Klein** — Major General, USA, ret.



**Go to [armyresidence.com](http://armyresidence.com) or call 1-800-871-3749 for more information.**

## Speaker Bio - Leavitt

(Continued from Page 12)

16. April 2016–June 2018, Commander, 57th Wing, Nellis AFB, Nev.

17. June 2018–June 2020, Commander, Air Force Recruiting Service, Joint Base San Antonio-Randolph, Texas

18. June 2020–present, Director of Operations and Communications, Headquarters Air Education and Training Command, Joint Base San Antonio-Randolph, Texas

## SUMMARY OF JOINT ASSIGNMENTS

1. July 2004–September 2005, Chief of Special Technical Operations, U.S. Forces Korea, Yongsan Army Garrison, Seoul, South Korea, as a major

2. July 2010–May 2012, Air Force Chief of Staff Fellow, Central Intelligence Agency, Washington, D.C., as a colonel

3. June 2014–April 2016, Principal Military Assistant to the Secretary of Defense, Office of the Secretary of Defense, the Pentagon, Arlington, Va., as a colonel

## FLIGHT INFORMATION

Rating: command pilot

Flight hours: more than 3,000, including over 300 combat hours

Aircraft flown: F-15E, T-38A, AT-38B and T-37

## MAJOR AWARDS AND DECORATIONS

Distinguished Service Medal

Defense Superior Service Medal

Legion of Merit with oak leaf cluster

Bronze Star Medal

Defense Meritorious Service Medal with three oak leaf clusters

Meritorious Service Medal with three oak leaf clusters

Air Medal with four oak leaf clusters

Aerial Achievement Medal

Joint Service Commendation Medal with oak leaf cluster

Air Force Commendation Medal

Air Force Achievement Medal

## OTHER ACHIEVEMENTS

1997 Outstanding Young Texas Exes, The University of Texas at Austin

2009 Katherine and Marjorie Stinson Award, National Aeronautic Association

2018 Omar N. Bradley Spirit of Independence Award

2019 International Aviation Women's Association, Wings Outstanding Aviator Award

2019 Harvard Business School, Executive Fellow in Executive Education

2019 The University of Texas at Austin, Aerospace Engineering and Engineering Mechanics, Distinguished Alumni

## EFFECTIVE DATES OF PROMOTION

Second Lieutenant July 1, 1991

First Lieutenant July 1, 1993

Captain July 1, 1995

Major May 1, 2002

Lieutenant Colonel March 1, 2006

Colonel Oct. 1, 2009

Brigadier General July 3, 2016

Major General Sept. 2, 2019

## Alamo Chapter Educational Foundation

The MOAA Alamo Chapter supports scholarships for ROTC and JROTC cadets through its 501(C)3 Education Foundation. The scholarships help towards the cost of college for local JROTC high school students as well as those ROTC students already in college.

This year we will be providing 20 x \$1,000 scholarships to cadets covering programs from Austin down to the Valley. Our annual fund raiser for our 2021 scholarship program was cancelled due to COVID-19 so we are having to rely heavily on outside donations in order to provide funds for this year's scholarship program.

Help us support the cadets. Your support moves them one step further to reaching their dreams.

Any amount you could give will really help this worthwhile program for our deserving youth. 100% of all money raised goes to our scholarship program.

Visit the chapter website at [www.alamomoaa.org](http://www.alamomoaa.org) and click on the donate tab. Alternatively, mail a check or your credit card info to the office.

Thank you for your support and generosity.

## Estate Planning & Decedent Affairs Checklist

In these uncertain times, one way to achieve some peace of mind is to have your personal affairs in order.

The MOAA Alamo Chapter is here to provide you with resources regarding estate planning and decedent affairs checklist. These are general guidelines and recommendations. Your estate planning is better enhanced when you work with your attorney or legal support office.

Please either contact the office for a copy or go online to the Alamo chapter website and find a link to it under the Hot News section on the home page.

*Cora Bayle-Cox*

CAPT USN (Ret)

Assistant Personal Affairs Officer



## Did You Know?

### Extra Fabric With Clothing

We've all bought clothes that come with a tiny bag that has an extra patch of fabric inside. For most people, their first instinct is to think that it's there in case the shirt or pants get a rip. With a little extra fabric, you could just sew up the hole. But that's not why clothes come with extra fabric. Instead, that extra fabric is so you can test out washing the material a certain way to know if it'll shrink or the colors will bleed. After all, you don't want to wash a new shirt without knowing how it'll react in the machine. With the extra fabric, you can test it out ahead of time. Neat, huh?

### Holes In Pot Handle

Unless you're a professional cook, you may be confused as to why most pots and pans have a hole at the end of the handle. You may not have even noticed that the hole is there. There are actually two good reasons why pots and pans have this hole. First, it makes it easy to hang them up on hooks when they're drying or not in use. This is often seen in professional kitchens or house that have a lot of space. Another trick that experienced chefs like to use is using that hole to hold a utensil. For example, if you have a stirring spoon, you don't just want to leave it in the pot or set it on the counter. But with the hole at the end of the handle, you can slide the utensil in there so it just sits up and drips back into the pot.

### Long Neck Bottles

For fans of adult beverages, it's no accident that the drinks you like often come in bottles that have long necks. For starters, the shape of beer bottles makes them comfortable to hold for extended periods of time. It also makes them easier for pouring into that ice-cold glass or mug you pulled out of the freezer. Some long-neck bottles will also have a more bulbous neck to help collect particles and sediment in unfiltered beers. If that weren't enough, long necks also help to distribute heat throughout the entire bottle when your warm hand clutches it. Essentially, the long neck plays a role in making sure your beverage stays cold, which is what you want, right?

### Soda Can Tab

If you've ever popped open a can of soda, you're surely familiar with the tab at the top of the can. Also, if you're like most people, this tab has probably annoyed you at one point or another, especially if it becomes detached and then falls into the can with the rest of the liquid. As it turns out, you haven't been using the tab properly. As it turns out, the tab on soda cans was designed to be flipped over again and used as a holder for your straw.

### Extra Holes In Sneakers

Unless someone else ties your shoelaces for you, there's no way you haven't noticed the extra unused holes at the top of your shoes. It's not a design flaw; in fact, the extra holes are there for your benefit. People who get blisters on their feet or can feel their feet moving around inside their shoe can place their shoelaces in those extra holes but in the opposite direction. This creates a loop on each side, allowing you to cross your laces inside each loop. Then you pull down on the laces to create a much tighter lock before tying your laces normally. This maneuver is called the "lace lock" or "heel lock" and it helps ensure that your shoes remain tight to your feet.

### Flat Takeout Boxes

We've all ordered Chinese takeout before, brought it home, and dumped it out onto our own plates. Either that, or we just eat it straight out of the carton. However, we're sad to inform you that you're doing it all wrong. The reason that Chinese (and other food) takeout boxes are flat is that they are designed to be their own plate. While the food is still inside the container, you can (easily but carefully) pull the sides apart and set it flat on the table.

### Metal And Black Diamond Markers On Measuring Tape

You've probably noticed a small piece of metal at the beginning of the measuring tape. There are multiple reasons why that metal end exists. For starters, there's a little slot that can be placed around a nail to help hold the measuring tape in place on the off chance that no one is around to hold the other end. Also, you probably noticed that the

edge is a little serrated. This makes it easy to mark a wall or other surface in case you can't seem to locate the pencil that's tucked behind your ear to mark your measurement that way.

As for those black diamonds you see printed on nearly all standard measuring tape? Consider them "Stud Finders". They can show you the exact center between 2 studs in your wall. The first black diamond is at 19.2" on the tape measure, and then repeats at 38.4", 57.6", 76.8" and finally 96" inches. In other words, if you know your home was built using standard 16" stud spacing, you can simply pull out a tape measure instead of an electronic stud finder!

### Holes In Padlock

At a certain point in our lives, we've all used a padlock for one reason or another. You may or may not have noticed that there's a little hole, sometimes two, at the bottom of the padlock. These holes actually serve two important purposes for the lock itself. First, they allow any water that gets inside to drain out of the lock. Often times, locks are used outside, so they have to be prepared to handle the elements. If water couldn't drain out and it ended up freezing, the lock would suffer some serious damage since water expands when it freezes. Second, the holes allow you to pour oil or WD-40 into the lock in case it gets jammed and won't open up. Without the hole for pouring oil, once the lock became stuck, it'd be useless.

### Hole In Cap Of Ballpoint Pens

At first glance, there appears to be something wrong with your pen's cap because it has a hole in it. Fear not, because this was totally done on purpose, and no it's not because the company wants the pen to dry out and force you to buy more. They are actually there so that air can flow through in the event the cap is swallowed accidentally by a child or adult. Remember, a lot of adults have the bad habit of putting pen caps in their mouth and it only takes one bad move until the cap ends up in the back of their throat.

(Continued on Page 17)



## Planned Giving

During these difficult times, I am inspired by a profound sense of just how blessed I am. If you have also reflected on how precious life is, and you want to give back, please consider including the Alamo Chapter in your estate distribution.

What a wonderful way to leave your mark and impact the lives of the military in South Texas as your legacy. Few people can support their favorite charities as much as they would like during their lifetimes, but most people can consider a bequest.

That is one reason why we are asking members to consider naming the Alamo Chapter in their estate planning. Why should you choose to include the Alamo Chapter in your estate planning? You know we will make good use of your charitable gift supporting the military in south Texas.

Did you know that 60 to 70 percent of all Americans die without a valid will? Family members are left to imagine their loved ones' wishes, belongings may be distributed improperly, and assets are allocated according to state laws. Even if you have a will now may be the perfect time to review your estate planning documents. You can also update your planning documents to include a favorite organization such as the Alamo Chapter.

Here are some options for including the Alamo Chapter in your final plans:

1. Some types of bequests to consider:
  - a. Specific Bequest: what dollar amount, property or other asset
  - b. Percentage Bequest: Percentage of your estate or specific item
  - c. Residual Bequest: Alamo Chapter to receive the remainder after final expenses and other bequests.
2. A gift by way of a beneficiary designation: naming the Alamo Chapter as a beneficiary of a life insurance policy, retirement plan, bank & investment accounts, or other financial accounts. Nothing could be easier!

Please have your gifting decision reviewed by your estate planner or other financial advisor.

*Col Vaughn Caudill*

## Did You Know?

(Continued from Page 16)

Feel free to keep your conspiracy theories about companies drying out pens on purpose; that hole in the cap is all about safety.

### Placing A Rubber Band Around Both Door Knobs

Everyone has rubber bands in their messy drawer, but now you'll actually have a use for them besides holding things together. If you have young kids or ever did, then you know nothing is worse than waking them up by accident when they are sleeping. And one of the most common ways to wake them is by going into their room to check on them only to have the sound of the door opening wake them up. To stop the loud noise the lock makes is very easy. Take a rubber band, wrap it around each doorknob, and over the lock/latch. This allows you to open and close the door without ANY noise, letting your sleeping baby stay asleep. Wrapping a rubber band around the door is also a good way to stop a toddler/child from locking a door on purpose or accident.

### Plastic Lids On Cups

This one might blow your mind a little. The plastic lids that come on top of disposable cups are able to double as a coaster. Yes, you should keep the lid on if you're in a car or plan on shaking the cup. But when you sit down to enjoy your beverage, the ridges on the lid are perfectly designed so it can serve as a coaster that hugs the base of the cup. It may not seem like it, but these lids are designed with this function in mind. In life, there's almost always a method to the madness, and this is a great example.

### Lines Of Red Solo Cup

Have you notice a series of horizontal lines on those cups. Those ridged lines have a purpose; they tell us how much alcohol to put in the cup. The first line at the bottom measures one ounce, which is equivalent to one shot of hard liquor. The next line up is at five ounces, which is the perfect amount for a glass of one. The line at the top denotes 12 ounces, which is the standard size of one beer.

\*\*\*\*



### VOLUNTEER STAFF:

PRESIDENT	LtCol Kitty Meyers kamconsulthr@gmail.com
PROGRAMS	Col David Patrick dwpatt01@gmail.com
MEMBERSHIP	COL Felix Santiago felixsantiago01@gmail.com
LEGISLATIVE AFFAIRS	MAJ James Cunningham jimbob48@sbcglobal.net
SECRETARY	(Open)
TREASURER	(Open)
SCHOLARSHIPS	Col Peter Hunt moaa.ac.awards@gmail.com
PERSONAL AFFAIRS	Col Stu Myers
Personal Affairs Assist	CAPT Cora Bayle Cox
PR-SOCIAL MEDIA	LtCol Kathie Estrada
LEGAL COUNSEL	Jacobson Law Firm
SOLITAIRES	(Open)
SUPPORT	Lt George Frecko
EDITOR	(Open)
CHAPLAIN	LTC James Taylor
PX/VAC Rep	Jim Cunningham
SA TRANSITION	LtCol Kitty Meyers
TX TRANSITION	Col David Patrick
WEB MASTER	Col Bill Hudson
HISTORIAN	(Open)
VOLUNTEER COORD.	Col Pete Schaub
ADVERTISING	Col Lisa Skopal
BLUE SKIES REP	LtCol Jim & Dottie Conner
ARC REP	Col Joe & Janet Morgan
CHAPTER AFFAIRS	Col Irene Collier
ACTIVE DUTY LIAISON	LT Rachel Johnson
CONTRACTOR:	Trish Meserve

### Chapter Board:

Chairman:	COL Barbara Ramsey
Vice Chair:	LtCol Ed Marvin
Col Mac McDonald	Col Frank Rohrbough
LTC Jim Finch	LTC Bill Goforth
LTC Robert Blake	

**Honorary Director:** Gen William McBride

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# THE LARIAT

National Award Winning Newsletter

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## Thursday 25 Mar at 2pm Scholarship Awards via ZOOM

### MajGen Jeannie Leavitt

Director of Operations and Communications  
Air Education and Training Command  
JBSA Randolph

Also hear from this year's scholarship recipients  
-- the young future leaders who are destined to  
make us all proud!

No pre-registration necessary  
-- just logon to ZOOM and join us!

Meeting ID: 861 9967 7887

Passcode: 354148

Please join us!

ZOOM Host: James Cunningham  
210-416-0502



## Thursday 22 Apr at 11am Chapter Webinar via ZOOM

### Ramiro "Ray" Martinez Ranger Ray

Hear the story of how he shot and killed the  
University of Texas tower sniper

No pre-registration necessary  
-- just logon to ZOOM and join us!

Meeting ID: TBD

Passcode: TBD

Please join us!

ZOOM Host: James Cunningham  
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