

MILITARY OFFICERS ASSOCIATION OF AMERICA ALAMO CHAPTER



THE



LARIAT

Volume 39, Number 10

“Five Star ★ ★ ★ ★ ★ Chapter”

October 2019



President's Message

While the thermometer doesn't show it, it's Fall. Time has flown through 2019. We are wrapping up the results of the Chapter's golf tournament. The event was a clear winner with the golfers. Many thanks to Frank and Stephen Rohrbough, the golf committee and the members of the River Crossing Ladies Golf Association for creating such a fantastic event.

We are now focusing on a super busy next few months. MOAA is holding their bi-annual regional meeting in Austin November 15-16. The Texas Council of Chapters' annual meeting will be here in San Antonio at Blue Skies of Texas on Dec 6-7. The meetings will be for Council members. However, invitations will be forthcoming for Chapter members interested in attending the Friday dinner at Blue Skies. Look for that invitation.

For those in the Austin area, we are working on the particulars for an organizing meeting for a satellite of the Alamo Chapter. The goal of the satellite is to provide support until the satel-

lite is sufficiently organized to become a stand-alone MOAA chapter. Look for that organizing meeting in October.

Several activities are looming on the 2020 horizon. First and foremost, for the Chapter is the election of the Chapter officers for the two-year period 2020/2021. Pete Schaub, Volunteer Coordinator and Nominating Committee Chair, is coordinating the election ballot (see Page 6). Some positions have nominees. Others don't. Any paid up member can nominate candidates for any positions. If a position doesn't have a nominee, I ask that you consider self-nominating. We try to be lean and mean. A vacancy impacts our ability to serve. Job descriptions are on the website www.alamomoaa.org under the Resources tab. Either way,

make sure that you vote.

Other activities involve our individual opportunities inherent in a democracy. The year 2020 is significant in that it is a census year. Make sure that you complete the surveys and are counted. The impact of the count has financial impacts and effects the voter maps for the next ten years. Then 2020 is also an election year. Texas' primary is in March. Update your voter registration information.

Lots of opportunities for everyone. Please get involved.

Kitty
Kathryn "Kitty" Meyers
LtCol USAF (Ret)
SPHR, SHRM-SCP
Chapter President

Inside This Edition:

- Pg 2 Chapter News & Notices
- Pg 3 Golf Tournament Thank You's
- Pg 4 Membership Memos
- Pg 6 Mail In Election Ballot
- Pg 7 Solitaires
- Pg 9 By Law Amendments
- Pg 10 Scholarship Cmte
- Pg 11 Transitioning Tips
- Pg 12 Membership Application
- Pg 13 Lunch Speaker Bio
- Pg 14 Calendar of Events
- Pg 15 Event RSVP Slips



Fun at the 12th Annual Golf Tournament with "Spurs Jesus" and his team!



Thank You!

to each of our members listed below who have donated a little (or a lot!) to either the Scholarship Fund or Operations, or both!

Col Sarah Garcia USAF (Ret)

Col Glenn Larsen USAF (Ret)

COL Edward Lefebvre USA (Ret)

Col Carl Wall USAF (Ret)

Sally Soultair



It's time to *Show Some Love!*

This year's Combined Federal Campaign (CFC) began on September 9, and you're invited to join the hundreds of thousands in the federal, military, and retiree community who pledge through the CFC year after year.

CFC is one of the largest and most successful employee fundraising campaigns in the world and is the official workplace giving opportunity for the Federal Government. Since the CFC began in 1961, federal employees have donated over \$8 BILLION dollars to charitable organizations.

Why CFC? As a member of a larger community of federal workers, you can make a vital difference to the causes and charities that CFC supports.

Beginning with the 2018 Campaign, retirees became eligible to make donations through payroll deductions. With the 2019 Campaign, in addition to online donations, a new retiree paper pledge form has been added for the individuals convenience.

You can contribute financially to one or more charities of your choice through payroll deduction, credit card, and e-check. You can even pledge volunteer hours to participating charities!

Donate TODAY! To pledge, go to the South Central Texas CFC website at: <https://www.southcentraltexascfc.org/>

NEVER STOP SERVING!

WE NEED YOU TO VOLUNTEER

for positions on your Chapter Leadership Team (Member spouses welcome!)

Current Needs:

- 1) Secretary (NO taking of minutes)
- 2) Surviving Spouse Coordinator
- 3) Membership Cmte Members
- 4) Advertising Team Members
- 5) Community Outreach Members
- 6) Historian
- 7) Active Duty Liaison
- 8) Editor

Retiree Appreciation Day Ft Sam Houston

Saturday Oct 19 8am-12Noon

BAMC Medical Mall Entrance

3551 Roger Brooke Dr

JBSA Ft Sam Houston, TX 78234

For More info call 210-221-9004

The Retired Military Spouses Club Luncheon

Monday, Oct 28

Ft. Sam Houston Golf Club

Beth Hollowell San Antonio Tour Guide Association

will be the speaker and will share things to do and see in San Antonio

RSVP to: 210-822-6559

Or

Lbraswell2@satx.rr.com

by noon on Oct 23, 2019

NOTICE

Annual Business Meeting

The Chapter's Annual Business Meeting will be held on November 21 at the Chapter Luncheon at the Ft Sam Golf Course.

The membership present will vote to elect its Officers as well as proposed revisions to the Chapter By-Laws.

If you are unable to attend the meeting a mail-in ballot for Chapter Elections can be found on Page 6 and details of the proposed amendments are on Page 9.

Special Thanks to our Tournament Supporters

Individual:

Col Graham Aitken
 LtCol Virginia Alloway
 LtCol John Bandy
 Col Randy Bruett
 LtCol Jim & Dottie Conner
 Col Brian Davis
 Laura Davis
 Col Janice Edgerson
 Linda Gayer
 LTC Vernon Gray
 Tom & Marlee Green
 Jodie Hammond
 Col Dean Hartman
 RADM Clare Helminiak
 LTC Roland Keller
 Pamela Kroyer
 Col Edward Lefebber
 MG Mike Lyle
 Maj John Markovetz
 Col Bob McConnell
 Lu Nix
 Mary Paoli
 Col David Patrick
 Col Frank Rohrbough
 LTC Chuck Rose
 Vaughn Ruple
 Don Smith
 LtCol Randy Smith
 Sally Soultair
 Billie Syverson
 Ronald & Jimmye Tindol
 CDR Brenda Tobey
 Col Roger & Terri Virost
 LtCol David & Diana Walker
 LCDR Jim & Tish Walker
 Valerie Wallender
 Capt Bill White

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 Alamo City Golf Trail
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 Beldon Roofing

Blue Skies of Texas
 Broadway Bank
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 Chili's Restaurant
 Chester's Hamburger Co
 Delta Dental
 Dixie Flag & Banner Company
 Float Massage
 Foresight Golf
 Fratello's Ristorante
 Garcia's Mexican Restaurant
 GJP Bar Ranch
 Golf Club of Texas
 Golf Galaxy
 Hampton Inn
 HEB - Corporate
 HEB - Schertz
 Home Depot - Bulverde
 Kendra Scott
 Outback Steakhouse
 Petroleum Club
 Quarry Golf Club
 Randolph-Brooks Federal Credit Union
 Randolph Oaks Golf Club
 Raven Studios
 Rudy's BBQ
 Security Service Federal Cred-

it Union
 Texas Roadhouse
 Top Golf
 Transition Management Solutions
 UPS Store Spring Branch
 Vaaler Creek Golf Club
 Vulcan Materials Company
 Warrior Custom Golf

Golf Committee & Volunteers

Liza Arizpe; Freddie Cervera;
 Jim Cunningham; Kathie Estrada;
 John French; Vernon Gray;
 Ron Hannan; Lori Hodges;
 Ron Inselmann; Susan James;
 Anne Keeler; Sue McNeil;
 Trish Meserve; Kitty Meyers;
 Meleia Monsey; Sue Montoya;
 Shelley Moseley; David Patrick;
 Stephan Porter; Michelle Richards;
 Steve Richards; Frank Rohrbough;
 Stephen Rohrbough; Felix Santiago;
 Michelle Serna; Lisa Skopal;
 Linda Stack; Irene Tomei;
 David Walker.

Grateful Thanks to:

River Crossing LGA
 River Crossing Mgmt & Staff



Winning Team!

Membership Memos

THANK YOU Renewing Members:	WELCOME New Members:	
<p> LtGen Darrell Jones USAF (Ret) Col Graham Aitken USAF (Ret) COL Anuli Anyachebelu USA (Ret) Col Gomer Custer USAF (Ret) Col Sarah Garcia USAF (Ret) Col Glenn Larsen USAF (Ret) COL Edward Lefebber USA (Ret) CAPT Harold Lutz USN (Ret) COL Gino Orlandi USA (Ret) Col Carl Wall USAF (Ret) LTC George Bradley USA (Ret) LTC Alfonso Gomez USA (Ret) CDR Sarah Kovel USN (Ret) LtCol Lori Largen USAF (Ret) LTC Michael O'Brien USA (Ret) LtCol Kathy Rafferty USAF (Ret) LtCol John Revak USAF (Ret) CDR John Taylor USN MAJ Michael Burkett USA (Ret) MAJ Serafina De Los Santos USA (Ret) Maj Gregory Hood USAF (Ret) MAJ Carol Neimes USA (Frmr) LCDR Jim Walker USN (Ret) CPT James Greene USA (Frmr) 1LT Paul McCarthy USANG (Ret) Ritchie Seymour </p>	<p> COL David Bell USA CAPT Matt Bouma USN COL Debra Chappel USA Col David Germann USAF (Ret) COL Roy Vernon USA LTC Kurt Andersen-Vie USA (Ret) LTC Domingo Cartagena USA LtCol Marc Cwiklik USAF LTC Paul Dueringer USA LTC Keitra George USA LTC Charles Karels USA CDR Don Kentopp USN (Ret) LTC Michelle Jefferson USA LTC Glen McRill USA (Ret) LtCol Roy Poole USAF (Ret) LTC Michael Rogowski USA LTC Deanna Settlemeyer USA LTC Brian Smith USA LTC Blesilda Spratley USAR LTC Eric Verwiebe USA LTC Kurt Andersen-Vie USA (Ret) LCDR Victor Inniss USN MAJ Matt McCarty USA LCDR Alistair McLean USN MAJ Wyatt Palmer USA Maj Martha Paul USAF MAJ Paul Riley USA MAJ Jeffrey Rohrbach USA MAJ Cheri Ruiz USA MAJ Stephanie Smith USA MAJ Judiza Zelaya USA Lt Andrea Baker USN Lt Amanda Najar Cabrera USN (Frmr) CPT Thomas Heinen USA CPT Renny John USA CPT Jessica Martin USA </p>	<p> CPT Ryan Roberts USA Lt Kyle Waite USN 1Lt Aindra Cusack USAF 1Lt Amy Marcum USAF 1LT Bethany Timmerman USA 2Lt Barbara Boemer USAF 2Lt Martin O'Donnell USAF CW4 Mark Amon USA CW4 Damon Baker USA CW4 Etta Sullivan USA CW3 Matthew Toman USA Rachel Bell </p> <p> WANTED! Active Duty or Retired Job Seekers </p> <p> If you would like to be added to the regular email blast that lists job opportunities in San Antonio and Texas please contact David Patrick, the Career Transition Coordinator - Texas dwpatrick01@gmail.com </p> <p> If you are an area employer who is interested in hiring career transitioning officers or their spouses or if you are a MOAA member interested in helping a career transitioning officer or spouse as a San Antonio Networker, or if you are a MOAA-AC member Job Seeker, please contact Kitty Meyers LtCol USAF (Ret) Chapter Transition Liaison Officer at kamconsulthr@gmail.com </p>
<p> Current Membership Stats </p> <p> Active Duty 252 Surviving Spouse 157 Former Military 23 <u>Retired 681</u> Total 1113 </p>		

Are You **1. Considering joining a MOAA chapter?** **2. Debating whether to renew your chapter membership?** **3. Talking to a potential new member?**

Here are some of the key benefits to belonging to one of MOAA's more than 400 chapters:

- **Connections:** When you attend chapter meetings, become active on a committee, or take a prominent leadership role, you will forge lasting ties with other MOAA members who have common professional interests and similar association concerns.
- **Community involvement:** Chapter membership provides opportunities to contribute to your community in a variety of ways, from providing scholarships to local students to supporting causes that support wounded warriors, active duty servicemembers and their families, and veterans in-need.
- **Legislative advocacy:** MOAA chapter members play a critical role in advancing legislation at both the city, county and state level. This grassroots advocacy is key to MOAA achieving its legislative goals.

MOAA Alamo Chapter? - Who Are We?

MOAA is a non profit veterans' association dedicated to maintaining a strong national defense and ensuring our nation keeps its commitments to currently serving, retired, and former members of the uniformed services and their families and survivors.

The Alamo Chapter is one of the more than 400 local organizations affiliated with national MOAA. We support the national organization through membership recruitment, veterans transition initiatives and legislative support. We are active in our community doing transition activities for JBSA and the military/veteran community; state legislative support via Texas Coalition of Veterans Organizations (TCVO) and the Texas Council of Chapters (TCC).

ORDER FORM - Alamo Chapter Merchandise

Pebble Beach Performance Golf Shirt \$30

Circle order details below - Subject to availability

Shirt 1: Mens Ladies S M L XL 2XL 3XL Royal Blue White
 Shirt 2: Mens Ladies S M L XL 2XL 3XL Royal Blue White
 Shirt 3: Mens Ladies S M L XL 2XL 3XL Royal Blue White
 Shirt 4: Mens Ladies S M L XL 2XL 3XL Royal Blue White

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Provide Credit Card info below or mail in check made payable to MOAA-AC - to P.O. Box 340497, San Antonio, TX 78234, or call the office at (210) 228-9955 (Tues thru Thurs 1-4pm) to place order and pay by credit card over the phone.

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Exp Date: _____ Billing Zip Code: _____ CVV: _____ Total # Shirt: _____ Total # Coins _____

Total Enclosed: \$ _____



Military Officers Association of America – Alamo Chapter

Election Ballot

For the term January 1, 2020 through December 31, 2021

In accordance with the Bylaws of the Alamo Chapter, as amended, the Nominating Committee offers the following members of the Chapter to serve in the positions indicated. Elected officers must be members of the Military Officers Association of America as well as members of the Alamo Chapter. Currently serving members are noted by the symbol (I). Please mark ballot by circling the nominee name or writing in another candidate who must be a qualified member of the chapter.

For **President:** (I) Lt Col Kitty Meyers USAF (Ret)

Write-in: _____

For **President-Elect:** (open)

Write-in _____

For **Vice President, Programs:** (I) Col David Patrick USAF (Ret)

Write-in: _____

For **Vice President, Membership, Recruitment & Retention:** COL Felix Santiago USA (Ret)

Write-in: _____

For **Vice President, Legislative Affairs:** MAJ James Cunningham USA (Ret)

Write-in: _____

For **Secretary:** (open)

Write-in: _____

For **Treasurer:** (I) COL Vaughn Caudill USA (Ret)

Write-in: _____

Ballots must be received by November 5, 2019

Mail: Military Officers Association of America – Alamo Chapter
Inspectors of Election Committee
P.O. Box 340497
San Antonio TX 78234-0497

Email: george_p_schaub@yahoo.com



Medical Minute

When A Stroke Strikes

About every 40 seconds someone in the United States has a stroke. These potentially devastating events are nearly always caused by a blood clot clogging an artery supplying the brain (ischemic stroke).

How to spot a stroke - use the acronym BEFAST:

- B Balance
- E Eyes blurred vision
- F One side of the Face is drooping. There is a weakness especially on one side. Difficulty in speaking or understanding speech. A feeling of prickly heat or cold may occur.
- A Arm and or leg weakness may occur.
- S Speech is difficult. One side of the mouth seems paralyzed.
- T Time to call for an ambulance immediately.

It is best to call 911 and get the person to a hospital as soon as possible. New guidelines have increased the time for action to between 16 to 24 hours. Do not use your own car to drive to the Emergency Room as ERs take ambulance patients first.

They are prepared to give an IV medication immediately if indicated. Anyone with a suspected transient ischemic attack (TIA) will receive a brain imaging test immediately followed by additional tests to help the doctors pinpoint the possible cause of the TIA. They want to prevent a future TIA or a more serious stroke. As many as 40% of people who have a TIA and don't get treatment have a permanent stroke within a year.

Alteplase is the drug usually used to bust the clot. But when it is not effective for larger clots a device or stent riser is used to reach into the blood vessel and grab the clot. This is known as a thrombectomy.

Source: Harvard Letter May 2019; Harvard Women's Health June 2019

Col Irene Collier (Ret)



Solitaires



Judge Roy Bean

Within the legends of the Wild West, the name of Judge Roy Bean stands out. He is immortalized in poetry, song, music and legend. Like most legends, his story is based upon partial truths. He was a drunkard, quarrelsome, a liar, a poultry thief and a spouse abuser. But – he did have a gentle good streak. He was kind to children, widows and the needy.

Records indicate that he was born in Shelby County Kentucky circa 1825. His birth certificate reads Phantly Roy Bean. He hated the feminized first name and did all he could to eliminate it. He also changed his birth certificate to read 10 years younger.

His colorful background varied. He claimed Canadian citizenship which he later rescinded. His said to have lived in California, but there is no such record. We do know that he spent 17 years in San Antonio, living near Mission Concepcion in an area known as Beanville. He arrived in San Antonio toward the end of the Civil War and lived here for the next 20 years. He went into business with his brother. He married Virginia Chaves, the teenage daughter of a land-holding Mexican with a large family. Bean and his wife had four or five children. He eventually divorced her and moved further west.

His divorce suit was as controversial as his life. The court proceedings were moved to Boerne after he claimed that he couldn't receive a fair trial in San Antonio. It seems that he came home one night very drunk and quarrelsome. He battered his wife while she was sleeping. She didn't respond and turned her back on him. Infuriated, he took a hot burning stick from the fireplace and burned her whole backside. In the trial, the judge asked to see the evidence of the violence. This was not a reasonable request to a "proper" lady – to drop her drawers to a room of men. The charges were dropped. Bean later replied that he would have been sent to jail for life if

she had shown the extent of the scars.

He settled in Langtry, Texas, a stop on the transcontinental railroad. Now in Langtry, his saloon was in a tent for the thirsty railroaders. The railroad was trying to find workers to complete the line. All they could find were drunks, gamblers, roughs, robbers and pickpockets. Without some semblance of law and order, they could not complete the railroad. Bean was the best they could find so he was appointed judge. He called himself the "Law West of the Pecos."

This drunkard's colorful life continued. He actually became a fairly good jurist. He fined a deceased man in a coffin \$40 for having a loaded pistol in the casket. The fine was given to Bean's court. He killed a Mexican in a duel. He escaped hanging. He carried a packet of unsigned warrants in his bag so that he could immediately sign a warrant and arrest the man. He cheated a farmer out of a considerable amount of money in a cattle sale because his cattle were not branded. The farmer couldn't prove they were free-range cattle. He also exonerated an Irishman for killing a black man because there was nothing in the Texas law book regarding killing blacks by the Irish.

Ever the braggard, he called himself a Civil War hero and a veteran of the French and Indian War. He stole charcoal from a Mexican charcoal dealer. Once he was so drunk in court that he couldn't stand up. Someone challenged his ability to judge and he pulled out his pistol to shoot. A Texas Ranger restrained him by putting him in chains until he sobered up.

Judge Roy Bean died in 1903. You will find a memorial to the Judge in the Langtry Texas Visitors Center. His life and good deeds are lauded.

Sources: J.M. Cormack, San Antonio Express-News January 2001; Google

Col Irene Collier (Ret)



Growing up in a Military family, moving from place to place, time goes by and things inevitably change.

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Reagan Smith D.D.S.

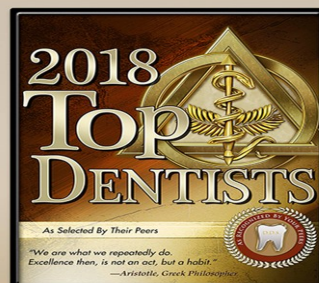
Phone: (210)-492-0205
Fax: (210) 492-0305

legacydentalsa@gmail.com

13205 George Road
San Antonio, TX 78230

2018 TOP DENTISTS
IN
SAN ANTONIO
As Listed in San Antonio Magazine

Thousands of dental practitioners were asked to vote for dentists to which they would refer patients in need of dental care. The survey asked to take into account education, experience and patient results. Based upon those survey results, here are 2018's Top Dentists. These dentists do not and cannot pay to be included on this list.



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Alamo Chapter

Vision:

To be the primary advocate for the military community.

Mission:

- ◇ To be a major source of information, support and social engagement for the membership;
- ◇ To provide programs and services for the common good of our military community;
- ◇ To be a powerful voice supporting MOAA at the local, state and national levels.

Visit our website at
www.alamomoaa.org for more info.

Summary of Proposed By Law Amendments

ARTICLE VII – ELECTED OFFICERS & APPOINTED STAFF

A. The elected officers of the Chapter shall be:

1. President
2. President-Elect
3. Vice President Membership Recruitment and Retention
4. Vice President Programs
5. Vice President Legislative Affairs
6. Secretary
7. Treasurer

D. In the temporary absence of the President, his/her duties shall be performed by the President-Elect or the Vice President Membership Recruitment and Retention.

E. In general, the duties and responsibilities of the Chapter elected officers shall include, but are not limited, to the following:

1. President: To direct the affairs of the Chapter and to preside at meetings.
2. President – Elect: Second in line to the President and performs the duties of the President if the President is not available. Expected to assume Presidency upon term completion of the incumbent President.
3. Vice President Membership Recruitment and Retention: Third in line to the President and performs the duties of the President if the President and the President-Elect are not available. To maintain and protect membership files and to promote the procurement of new members.

G. In general, the duties and responsibilities of the Chapter appointed staff shall include, but are not limited, to the following:

1. Public Relations/Social Media Officer: To be in charge of publicity, public relations and all aspects of social media.
2. Personal Affairs Officer: To provide counseling services for the Chapter.
3. Chaplain: To provide an invocation and a benediction at all meetings and to advise in cooperation with the Personal Affairs Officer on survivor's assistance matters.
4. Legal Counsel: To provide legal advice to the Executive Staff and Board of Directors on Chapter matters.
5. Webmaster: To maintain the website for the Chapter.
9. Transition Liaison Officer To provide professional guidance and support for MOAA members/spouses in job transition from the military to the civilian sector.
12. Advertising Coordinator: To assist in the financial stability of the Chapter, i.e. to generate and sustain stable, consistent and diverse revenue sources for long-term growth and expansion of the Chapter.
13. Awards and Scholarships Committee Chair: Grooms future MOAA members by implementing policies and procedures to allocate resources for the chapter's awards and scholarship programs for high school and college students who have a current or future affiliation with MOAA.
14. Satellite Liaisons: Acts as the focal point and liaison between the Alamo Chapter leadership/staff and the Satellite.
15. Active Duty Military Liaison: Ensures the Chapter maintains a strong tie to officers who are actively serving, to include those in the Reserves and National Guard.

ARTICLE X - DUES

A. The annual membership dues for the Chapter shall be established by the Board of Directors and will be due on the anniversary of the member's join date. A member whose dues have not been paid by 1st of the month following two email and three US Postal Service mail reminders will be considered delinquent and will be dropped from the membership rolls. A delinquent member may be reinstated at any time upon payment of dues for the current year.

B. Other variations of the dues structure to better support recruitment and retention efforts – particularly those involving active duty -- and the fiscal solvency of the Chapter will be at the discretion of the executive staff with approval by the Board.

2020 Scholarship Committee Forming!!!

Interested in serving on our scholarship committee? Every year, the Alamo Chapter honors outstanding high school and college students with our wide-ranging scholarships and awards programs. These initiatives reinforce our mission of supporting our military community while addressing our priority of increasing membership. We are beginning the program for academic year 2019-2020 and seek volunteers who can commit to attending three meetings over the next six months. The 2020 program kicks off with our strategy and planning meeting, where we outline our purpose, objectives and tasks for success.

- Who?** Any Alamo Chapter Member...no experience required!
What? Scholarship Committee Planning Meeting
When? Thursday, 17 Oct 19, 0900-1130
Where? MOAA Office, 2320 Stanley Rd (Bldg 140), Ft Sam Houston TX
Why? To support our military community and future officers

This is an exciting and important program and we seek inputs from across the chapter membership. If interested in joining the team, please contact our Scholarship Committee Chairperson, Col (ret) Pete Hunt, preferably via email, peterhunt2012@gmail.com or backup by text/phone to 210-867-0418, NLT 10 Oct 19 if possible.

Hope to see you there and as always, THANK YOU FOR YOUR SUPPORT!

/r,

Col (USAF, Ret) Pete Hunt
MOAA-Alamo Chapter
Chairperson, Scholarship and Awards Committee

Fort Sam Houston Thrift Shop

Weds/Thurs/1st Sat 9:30am - 2:30pm

The thrift Shop at Fort Sam Houston is a non profit operated by the Spouses' Club of the Fort Sam Houston Area.

Monies from the sales go back to the military community in the form of scholarships and grants.

Please visit the store which is loaded with clothing including military uniforms, shoes, housewares, toys, books, furniture, jewelry and other treasures.

Anyone with post access may make purchases at the Thrift Store located in Bldg 123 behind 2330 Stanley Rd.

Corporate Partners and Advertisers

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International**

**Paul B. Owens
Attorney-At-Law**

**Randolph-Brooks
Federal Credit Union**

**Security Service
Federal Credit Union**

Silverbridge Realty

USAA

Links to these companies' websites can be found on our webpage www.alamomoaa.org.

Please remember their support and bear these companies in mind when choosing your service provider.

Transitioning Tips

Did You Know That Spouses Transition With Every Move?

I spent yesterday eve at a Military Spouse Professional Network assisting with resume counseling. One gal had a good idea of where she wanted to go and how to get there. She had some employment experience in the desired career field. Her focus was on building her network in San Antonio. The second gal was not only new to San Antonio, but had recently relocated from Germany. She had the education with limited work experience. The challenge was helping her focus on accomplishments in her related field that could explain her story to prospective employers.

This highlights the challenges and the needs of the military spouse. First to dispel a misconception – all spouses are not female. The number of men opting to support the female military

member is increasing daily. They are finding the same challenges that the women face.

Those challenges include juggling child care, frequent relocations, performing the role of single parent when the military member is deployed, etc., etc. If they find employment, will the job be one that fully utilizes their skills or will they be under-employed. They then must explain these moves and the under-utilized skills when interviewing for the next position.

The first thing that I stress to spouses is not to start the conversation that they are a spouse. Sell the skills and accomplishments that are of interest to the employer. That's what they want to hear. You are marketing and branding yourself to these skills and accomplishments. Don't sell yourself short.

The second thing I stress is networking. Find the groups and organizations that are relevant to the desired career.

Folks who are hiring or know of someone who is hiring may be the next person that you meet at a networking event.

The third thing that I stress is networking with LinkedIn. This digital tool is marvelous for connecting folks with people in their desired career field and/or folks employed by a desired company. A digital connection can lead to a meeting which can lead to a job.

It's up to you. Create your own brand and market it. Best of luck (aka make your luck)!

Kitty

Kathryn "Kitty" Meyers
LtCol USAF (Ret)

SPHR, SHRM-SCP
Chapter Transition Liaison Officer

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MOAA NATIONAL ENROLLMENT

☐ YES! Sign me up as a **FREE BASIC MOAA** Member

Name _____

Branch of Service _____ Rank _____

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse of Eligible Officer

☐ Graduation Year (Cadet/Midshipmen) _____

Email Address** _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

To ensure deliverability of MOAA communications, please provide a personal email without a ".mil" domain if available.

We value your privacy. MOAA does not rent or sell its members' emails to third parties. If you include your email address, you will receive e-communications from MOAA as a member benefit. Visit www.moaa.org/email for details.

Date of Birth _____

Spouse Name _____

Your spouse has access to all of your MOAA member benefits.

**Email address required for BASIC Membership



Method of Payment

☐ Check (please make payable to MOAA Alamo Chapter) ☐ Credit Card Charge my card \$ _____

Card number _____

Expiration date _____ CVV _____ Signature _____

Zip code where Billing Statement is mailed: _____

Send to: MOAA-Alamo Chapter, P.O. Box 340497, Ft. Sam Houston, TX 78234; or email to moaa-ac@sbcglobal.net; or signup **online** at www.alamomoaa.org.

MOAA LOCAL ALAMO CHAPTER ENROLLMENT

☐ YES! Sign me up as a new Alamo Chapter Member

☐ YES! Renew my Alamo Chapter Membership

Name _____

Branch of Service _____ Rank _____

☐ Retired ☐ Active ☐ Former

☐ Reserve ☐ National Guard

☐ Spouse/Surviving Spouse of Eligible Officer

Address _____

City _____ State _____ Zip _____

Email Address _____

(Email address required for Electronic Membership)

To ensure deliverability of Chapter communications, please provide a personal email without a ".mil" domain, if available.

Phone Number _____

Date of Birth _____

Spouse Name _____

Spouse Email Address _____

☐ I would you like to help the Chapter as a Volunteer

One-Year Membership \$20

(Monthly newsletter "The Lariat" sent by email)

Luncheon Speaker Bio



Major General John DeGoes

Maj. Gen. John J. DeGoes is the Commander of the 59th Medical Wing, Joint Base San Antonio- Lackland, Texas, whose mission is to provide deployed and home station health care, graduate medical education and clinical research to enhance Air Force mission readiness. This is the Air Force's largest medical wing composed of seven groups across the \$1.2 billion San Antonio Military Health System, Joint Base San Antonio, supporting more than 240,000 beneficiaries with more than 6,000 military and civilian personnel, residents and students.

General DeGoes graduated magna cum laude, Phi Beta Kappa, from Boston College in 1985. He received a direct commission in 1985 to attend medical school at the Uniformed Services University of the Health Sciences in Bethesda, Maryland, where he graduated Alpha Omega Alpha in 1989. He is a chief physician and flight surgeon. He is board certified in internal medicine, a fellow of the American College of Physicians and a Certified Physician Executive.

Prior to assuming his current position, General DeGoes was the Vice Commander of the 59th Medical Wing. He has commanded the 99th Medical Group at Nellis Air Force Base, Nevada, 1st Medical Group at Langley AFB, Virginia, and the 31st Medical Operations Squadron at Aviano Air Base, Italy. He has also served as Chief Executive Officer of the Mike O'Callaghan Federal Medical Center, a joint venture between the Air Force and Department of Veterans Affairs Southern Nevada Healthcare System,

where he was responsible for the operation of a 104-bed hospital with of a combined eligible user population of over 320,000. General DeGoes has also served as the Command Surgeon for both USAF Central Command and NORAD-USNORTHCOM.

EDUCATION

1985 Bachelor of Science in biology, Boston College, Mass.

1989 Doctor of Medicine, F. Edward Herbert School of Medicine, Uniformed Services University of the Health Sciences, Bethesda, Md.

1992 Diplomat, American Board of Internal Medicine (Recertification 2002, 2012)

1999 Air Command and Staff College by correspondence

2001 Air War College by correspondence

2011 Medical CAPSTONE

(Continued on Page 15)



Army Residence Community



We are
The **ARC**

History. Tradition.
Camaraderie. Care.

This is the Army Residence Community – a place where friends are reunited, memories are made, and life is lived to the fullest. We are a nonprofit Life Plan Community located in beautiful San Antonio. We proudly serve retired military officers from all branches of the Armed Forces, their spouses, widows and widowers – providing an active, social, and carefree lifestyle – what retirement living is meant to be.



(800) 725-0083 • armyresidence.org
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Events Calendar

OCTOBER

- 1 Solitaire's Luncheon 11am
- 3 Staff Meeting 10am Chapter Office
- 12 Columbus Day
- 13 US Navy Birthday
- 19 JBSA Ft Sam Houston Retiree Appreciation Day
- 20 Solitaire's Sunday Brunch 11am Randolph Parr
- 22 ARC Satellite Chapter Meeting 4:30pm
- 25 Chapter Luncheon 11am Blue Skies of Texas with MajGen John DeGoes, Commander 59th Medical Wing and JBSA Lackland



Ongoing Events: Members provide items for the Treats For Troops program delivering cookies, snacks, phone/gift cards and/or personal care items to the residents of the Warrior & Family Support Center JBSA Ft Sam Houston.

NOTEWORTHY DATES

Friday Oct 25
Chapter Luncheon
Blue Skies of Texas East

Thursday Nov 15-16
MOAA Regional Meeting
Austin

Thursday Nov 21
Annual Business Meeting & Luncheon
Chapter Elections
Ft Sam Golf Course

Friday Dec 6
Texas Council of Chapters
Quarterly Dinner Mtg
Blue Skies of Texas

Thursday Dec 12
Christmas Luncheon
Ft Sam Golf Course

NOVEMBER

- 3 Daylight Savings Time Ends
- 5 Solitaire's Luncheon 11am
- 7 Staff Meeting Chapter Office 10am
- 7 Red White & You Job Fair
- 10 Marine Corps Birthday
- 11 Veterans Day
- 15-16 MOAA Regional Meeting Austin
- 17 Solitaire's Sunday Brunch 11 am Randolph Parr Club
- 21 Annual Business Meeting Luncheon 11am Ft Sam Golf Club with speaker Dr Mike Flores, Alamo Colleges District
- 28 Thanksgiving



DECEMBER

- 5 Annual Chapter Planning Meeting 9:30am-Noon
- 6-7 Texas Council of Chapter Mtg Blue Skies of Texas
- 7 Pearl Harbor Remembrance Day
- 7 Solitaire's Christmas Pot Luck
- 12 Christmas Luncheon 11:30am Ft Sam Golf Club with speaker Mike Gilliam, Pres/CEO of Light-house for the Blind and the Alamo Heights Youth Choir
- 13 National Guard Birthday
- 25 Christmas Day



Happy 244th Birthday
United States Navy
Oct 13, 1775

Not For Self But For Country

Bio - DeGoes

(Continued from Page 13)

2012 Federal Interagency Healthcare Executives Course
2012 Certified Physician Executive, Certifying Commission in Medical Management
2013 Fellow, American College of Physicians
2014 Joint Domestic Operations Course
2018 Capstone Fellow, National Defense University, Fort Lesley J. McNair, Washington, D.C.

ASSIGNMENTS

1. August 1985 – June 1989, medical student, Uniformed Services University of the Health Sciences, Bethesda, Md.
2. June 1989 - July 1992, resident, internal medicine, Wilford Hall Medical Center, Lackland Air Force Base, Texas
3. July 1992 – July 1993, Chief of Internal Medicine Resident, Wilford Hall Medical Center, Lackland AFB, Texas
4. July 1993 – June 1996, USUHS Medical Student Coordinator, Wilford Hall Medical Center, Lackland AFB, Texas
5. June 1996 – September 1996, Staff, Internal Medicine, 81st Medical Operations Squadron, Keesler AFB, Miss.
6. September 1996 – May 2000, AMB Care Clinic Element Chief, 81st Medical Operations Squadron, Keesler AFB, Miss.
7. May 2000 – September 2002, Chief, Clinical Medical Branch, AETC, Randolph AFB, Texas
8. September 2002 - June 2005, Chief, Medical Staff, 99th Medical Group, Mike O'Callaghan Federal Hospital, Nellis AFB, Nev.
9. June 2005 – June 2007, Commander, 31st Medical Operations Squadron, Aviano Air Base, Italy
10. August 2007 - February 2009, Commander, 1st Medical Group, Langley AFB, Va.
11. February 2009 - June 2010, Command Surgeon, USAF Central Command, United States Central Com-

mand/9AF, Shaw AFB, S.C.
12. June 2010 - May 2013, Commander, 99th Medical Group, CEO Mike O'Callaghan Federal Medical Center, Nellis AFB, Nev.
13. May 2013 - August 2016, Command Surgeon, NORAD-USNORTHCOM, Peterson AFB, Colo.
14. August 2016 - June 2018, Vice Commander, 59th Medical Wing, Joint Base San Antonio-Lackland, Texas
15. June 2018 - present, Commander, 59th Medical Wing, Joint Base San Antonio-Lackland, Texas

FLIGHT INFORMATION

Rating: Flight surgeon and basic parachutist
Flight hours: More than 240
Aircraft flown: C130E/H, CH047D, UH072A, F15D, C21A

MAJOR AWARDS AND DECORATIONS

Defense Superior Service Medal
Legion of Merit Medal with oak leaf cluster
Defense Meritorious Service Medal
Air Force Meritorious Service Medal with four oak leaf clusters
Air Medal
Air Force Commendation Medal
Joint Service Achievement Medal
Iraq Campaign Medal with Bronze Star
Global War on Terrorism Expeditionary Medal

EFFECTIVE DATES OF PROMOTION

Captain May 20, 1989
Major May 20, 1995
Lieutenant Colonel May 20, 2001
Colonel May 20, 2007
Brigadier General June 21, 2016
Major General Frocked



VOLUNTEER STAFF:

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kamconsulthr@gmail.com
PROGRAMS Col David Patrick
dwpatt01@gmail.com
MEMBERSHIP MAJ James R. Cunningham
jimbo48@sbcglobal.net
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SECRETARY (Open)
TREASURER Col Vaughn Caudill
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SCHOLARSHIPS Col Peter Hunt
moaa.ac.awards@gmail.com
PERSONAL AFFAIRS Col Stu Myers
Personal Affairs Assist CAPT Cora Bayle Cox
PR-SOCIAL MEDIA LtCol Kathie Estrada
LEGAL COUNSEL Jacobson Law Firm
SOLITAIRES (Open)
SUPPORT Lt George Frecko
EDITOR (Open)
CHAPLAIN LTC James Taylor
PX/VAC Rep Jim Cunningham
SA TRANSITION LtCol Kitty Meyers
TX TRANSITION Col David Patrick
WEB MASTER Col Bill Hudson
HISTORIAN (Open)
VOLUNTEER COORD. Col Pete Schaub
ADVERTISING Col Lisa Skopal
BLUE SKIES REP LtCol Jim Conner
CHAPTER AFFAIRS Col Irene Collier
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Gen William McBride

Editorial Policy

The Lariat is the newsletter of the Military Officers Association of America—Alamo Chapter. It is published once each month to inform the membership of issues and activities of interest to all.

MOAA-AC is a non-profit organization 501c 4 within the state of Texas organized to represent the membership and to support the activities of the Texas Council of Chapters and MOAA National.

MOAA and its affiliated chapters and councils are non partisan.

Advertising contained in the newsletter is not endorsed by MOAA or its affiliate the Alamo Chapter and does not represent any recommendation to the membership. Opinions expressed in articles contained herein are not necessarily those of the membership as a whole or the Chapter. Questions should be directed to the Editor at the Chapter office.

MOAA-AC P.O. Box 340497, San Antonio, TX 78234

(210) 228-9955 moaa-ac@sbcglobal.net
www.alamomoaa.org

MOAA Alamo Chapter



MILITARY OFFICERS ASSOCIATION OF AMERICA
ALAMO CHAPTER

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OF THE DEPARTMENT OF DEFENSE OR ANY OF ITS
COMPONENTS AND IT HAS NO GOVERNMENTAL
STATUS

FOR INFORMATION REGARDING
OUR BY-LAWS, STRATEGIC PLAN,
EVENTS CALENDAR, MEETING
MINUTES AND PAST ISSUES OF
THE LARIAT PLEASE VISIT OUR
WEBSITE:

WWW.ALAMOMOAA.ORG

P.O. Box 340497
Ft Sam Houston, TX 78234-0497

Phone: 210-228-9955
Email: moaa-ac@sbcglobal.net
www.alamomoaa.org

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THE LARIAT

National Award Winning Newsletter

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Friday October 25, 2019

Chapter Luncheon

Maj Gen John DeGoes
Commander 59th Medical Wing &
JBSA Lackland

Blue Skies of Texas - Sky Lounge

4917 Ravenswood Dr, San Antonio, TX 78227

Meet & Greet begins 11am - Lunch served 11:30am
Tours available of BST Campus at 1pm

Menu

A) French Cut Chicken B) Brined Pork Loin
with Marsala Mushroom Sauce with Pan Jus
Caesar Salad, Rosemary & Thyme Roasted Potatoes
French Beans with Tomatoes and Onion
Chocolate Mousse Cake, iced tea, coffee, water

**Cost per person Pay In Advance \$22; Pay At the Door \$24
Enclosed: \$ _____**

RSVP by 4pm Monday 21 Oct

Reservations not cancelled by noon Tuesday 22nd will be billed
Non member Officers & guests are welcome with paid reservations

Name _____

Guest(s): _____

Call (210) 228-9955 to make your reservation or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or contact us by email moaa-ac@sbcglobal.net to hold a reservation or reserve and pay on-line at www.alamomoaa.org.



Thursday November 21, 2019

Annual Business Meeting & Chapter Luncheon

Dr Mike Flores

Chancellor, Alamo Colleges District

Ft Sam Golf Club
1050 Harry Wurzbach, San Antonio TX 78209

Meet & Greet begins 11am - Lunch served 11:30am

Menu

A) BBQ Brisket B) Baked Fish
Mixed Green Salad, Twice Baked Potato, Long Green Beans & Carrots
Chocolate Eclair, Iced tea, coffee, water

**Cost per person Pay In Advance \$22; Pay At the Door \$24
Enclosed: \$ _____**

RSVP by 4pm Monday 18 Nov

Reservations not cancelled by noon Tuesday 19th will be forfeited/billed
Non member Officers & guests are welcome with paid reservations

Name _____

Guest(s): _____

Call (210) 228-9955 to make/pay your reservation or send check made payable to MOAA-AC to P.O. Box 340497, Ft Sam Houston, TX 78234 Or contact us by email moaa-ac@sbcglobal.net to hold a reservation or reserve and pay on-line at www.alamomoaa.org

